Date: 23rd Feb., 2006 (Thursday)  
Time: 9:00 a.m.  
MC: LI KWONG TO (6H) & CHENG MAN WAI (6F)

1. Seating of the Officiating Party  
2. School Hymn  
3. Hoisting of the School Flag (Boy Scout & Girl Guide)  
4. Scripture Reading (Ho Shuk Yee, 5A)  
   Corinthians 9:24-26
   “Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize. Everyone who competes in the games goes into strict training. They do it to get a crown that will not last; but we do it to get a crown that will last forever. Therefore I do not run like a man running aimlessly; I do not fight like a man beating the air.”
5. Opening Prayer (Chan Kar Wing 5A)  
6. Hymn: Sing Hallelujah to the Lord  
7. Opening Speech (Ms Rhonda Leung)  
8. Pledging by the House Captains:  
   (Ms Rhonda Leung will lead the pledge)  
   THE PLEDGE:
   We solemnly pledge that we will strive our best to participate in the Athletics Meet; to uphold our sportsmanship and team spirit. We will respect the decisions and judgments of the referees and complete all events of the 25th Athletics Meet.
9. Pronouncement of the beginning of the 25th Athletics Meet  
   (Ms Rhonda Leung)
Philippians 3:12-17
Not that I have already obtained all this, or have already been made perfect, but I press on to take hold of that for which Christ Jesus took hold of me. Brothers, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus. All of us who are mature should take such a view of things. And if on some point you think differently, that too God will make clear to you. Only let us live up to what we have already attained. Join with others in following my example, brothers, and take note of those who live according to the pattern we gave you.

1 Seating of the Officiating Party
2 Procession of the Athletes
3 Hymn: Pass It On
4 Scripture Reading (Cheung Ka Wai, 5A)
5 Prayer (Hui Ka Woon, 5A)
6 Speech by the Guest of Honour (Mr. Ho Chung Ho, Volleyball Association of Hong Kong, China)
7 Prize Presentation
8 Vote of Thanks (Ms Rhonda Leung)
9 Photograph-taking
10 Lowering Flag Ceremony (Boy Scout & Girl Guide)
11 Benediction
12 Hymn: Shalom
13 Recession of the Athletes