

**SKH Lam Woo Memorial Secondary School**  
**29th Annual Athletics Meet**

*Finals Day Winner List*

Event Code and Event Name	Names of Winners and Runner-ups Class, House, Record				
<b>GIRLS</b>	<b>Grade A</b> <b>501WA-100</b> <b>Girls A 100m</b>	(1)CHAN YUEN TING 5B B 15.14"	(2)NG CHING YEE 5A G 15.20"	(3)CHUNG KA YI 5B G 15.48"	(4)LAM HO YI 6F Y 16.08"
		(5)MOK YIM TUNG 7F B 16.79"	(6)CHUI CHING TONG 5A B 16.90"	(7)LAU PO SHAN 6L R 16.91"	(8)JIU WAI YU 6H Y 17.57"
	<b>502WA-200</b> <b>Girls A 200m</b>	(1)NG CHING YEE 5A G 32.50"	(2)CHOI MEI KWAN 5A B 33.12"	(3)CHAU YINN 5C R 33.79"	(4)YIP NGA CHING 5D B 33.94"
		(5)CHAN LAI KEI 5E Y 37.49"	(6)LAU PO SHAN 6L R 38.52"		
	<b>504WA-400</b> <b>Girls A 400m</b>	(1)WONG SZE WING 5B G 1'15.35"	(2)LI YUEN LAM 5E R 1'18.02"	(3)CHAN SZE WAH 7L R 1'18.54"	(4)YIP NGA CHING 5D B 1'19.17"
		(5)CHOI MEI KWAN 5A B 1'19.73"	(6)LAU TSZ LING 7H G 1'31.89"		
	<b>508WA-800</b> <b>Girls A 800m</b>	(1)LEUNG LOK TUNG 5D B 3'16.41"	(2)LI YUEN LAM 5E R 3'20.12"	(3)YU YAN SIN 5E Y 3'20.77"	(4)SO WAI YU 5C R 3'33.56"
		(5)CHAN MUN MUN 7F G 3'37.33"	(6)LAM MEI TING 5A R 3'43.66"	(7)YAU YEE TING 6H Y 3'45.02"	(8)CHAN HUI SUM 6F R 3'46.13"
	<b>510WA-100H</b> <b>Girls A 100m H</b>	(1)CHAN YUEN TING 5B B 17.72"	(2)LAU WING YEE 5B B 22.36"	(3)LAW YIN LAM 6F B 26.16"	(4)LI KA PO 5C R 29.06"
		<b>515WA-1500</b> <b>Girls A 1500m</b>	(1)LEUNG LOK TUNG 5D B 7'05.07"	(2)YU YAN SIN 5E Y 7'12.12"	(3)CHAN HUI SUM 6F R 7'50.84"
(5)FUNG MAN YI 6F R 8'05.91"	(6)FUNG WING YI 6H G 8'08.71"		(7)CHAN YAN HEI 6H G 8'39.18"	(8)CHOW HIU YAN 6H B 8'40.70"	

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<b>541WA-4X100R</b> <b>Girls A 4X100m House Relay</b>	(1)WA_GREEN	(2)WA_BLUE	(3)WA_RED	(4)WA_YELLOW
	AG G 1'01.81"	AB B 1'02.32"	AR R 1'06.33"	AY Y 1'08.07"
<b>544WA-4X400R</b> <b>Girls A 4X400m House Relay</b>	(1)WA_RED	(2)WA_GREEN	(3)WA_BLUE	(4)WA_YELLOW
	AR R 5'36.06"	AG G 5'40.16"	AB B 5'51.95"	AY Y 6'07.29"
<b>551WA-HJ</b> <b>Girls A High Jump</b>	(1)CHAN YUEN TING	(2)LAI YEE TING	(3)MOK YIM TUNG	(4)YEUNG MING YUK
	5B B 1.27M	5B Y 1.20M	7F B 1.18M	4E G 1.16M
	(5)CHAU YINN	(6)LAI WAN TING	(7)WONG CHING MAN	(8)AU YEUNG PUI YAN JOYCE
	5C R 1.10M	6F R 1.10M	5C R 1.06M	6F G 1.06M
<b>552WA-LJ</b> <b>Girls A Long Jump</b>	(1)LAW KA YI	(2)LAU WING YEE	(3)LAW YIN LAM	(4)LIU KA YING
	6F R 3.28M	5B B 3.26M	6F B 3.25M	5B Y 3.07M
	(5)SO YAT YING	(6)YAU YEE TING	(7)NG CHING YEE	(8)CHUI CHING TONG
	5D Y 3.07M	6H Y 2.85M	5A G 2.72M	5A B 2.68M
<b>554WA-SP</b> <b>Girls A Shot Put</b>	(1)WONG WING YEE	(2)WONG BO CHU	(3)WONG HIU YING	(4)CHAN MUN MUN
	5B R 7.17M	5B R 6.10M	7L B 5.74M	7F G 5.67M
	(5)WONG HOI LING	(6)FUNG WING YI	(7)MA WING KI	(8)WONG WAI YING
	6F R 5.53M	6H G 5.18M	5E R 4.66M	7F Y 4.39M
<b>555WA-DIS</b> <b>Girls A Discus</b>	(1)CHUNG KA YI	(2)WONG HIU YING	(3)TANG TSZ WAI	(4)WONG BO CHU
	5B G 16.78M	7L B 16.28M	6F B 14.42M	5B R 12.81M
	(5)LAM HO YI	(6)LAW KA YI	(7)YIP PUI MING	(8)CHEUNG HIU TUNG
	6F Y 12.50M	6F R 12.16M	5E G 10.92M	7F B 10.76M
<b>556WA-JAV</b> <b>Girls A Javelin</b>	(1)CHUNG KA YI	(2)JIU WAI YU	(3)WONG WING YEE	(4)CHEUNG HIU TUNG
	5B G 15.90M	6H Y 15.44M	5B R 11.95M	7F B 10.69M
	(5)MA WING KI	(6)WONG HOI LING	(7)KWAN YUET YEE	(8)WONG WAI YING
	5E R 09.48M	6F R 09.16M	5C B 08.95M	7F Y 08.74M
<b>Grade B</b> <b>601WB-100</b> <b>Girls B 100m</b>	(1)CHEUNG YUEN TUNG	(2)LAM SIN SHU	(3)LI TSZ CHING	(4)CHONG SANG LING
	4C R 14.15"	4E Y 15.88"	3C Y 16.15"	4B B 16.20"
	(5)WONG KWAN MEI	(6)CHAN LOK YIN	(7)WONG PUI SHAN	(8)NGAN CHIU TUNG
	3A R 16.57"	4D Y 16.81"	4C Y 16.84"	3B G 17.77"
<b>602WB-200</b> <b>Girls B 200m</b>	(1)CHEUNG YUEN TUNG	(2)LAM SIN SHU	(3)LEUNG CHING	(4)WONG KWAN MEI
	4C R 30.27"	4E Y 32.99"	4E B 33.14"	3A R 33.68"
	(5)CHONG SANG LING	(6)LO JEANE GLADYS CHUA		
	4B B 34.08"	3C G 34.29"		

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<b>604WB-400</b> <b>Girls B 400m</b>	(1)YIP PUI HA 4A R 1'13.43"	(2)CHEUNG YUK YU 4C G 1'13.60"	(3)WONG MING HEI 4A B 1'15.35"	(4)HO SZE LAI 3B Y 1'22.52"
	(5)CHAN LOK HIN JANICE 3B B 1'35.24"	(6)LO HEI TUNG 3E Y 1'41.59"		
<b>608WB-800</b> <b>Girls B 800m</b>	(1)WONG MING HEI 4A B 3'09.01"	(2)LEE CHEUK NAM 3E B 3'09.02"	(3)NG MEI SHUEN 3E R 3'13.88"	(4)YIP LOIS 3D G 3'26.13"
	(5)CHAN NGA YUNG 3E B 3'27.64"	(6)YEUNG MAN KI 3E Y 3'32.98"	(7)NG SHING YAN 3E Y 3'39.06"	(8)TONG HIU WING 4E R 3'50.06"
<b>610WB-100H</b> <b>Girls B 100m H</b>	(1)CHAN NGA YUNG 3E B 21.62"	(2)YIP LOIS 3D G 22.02"	(3)PANG YAN LAM VIVIAN 4B Y 22.49"	(4)YIP PUI HA 4A R 22.57"
	(5)WONG PUI SHAN 4C Y 24.80"	(6)CHING TSZ CHUN 4A R 25.69"	(7)CHAN LOK HIN JANICE 3B B 26.35"	
<b>615WB-1500</b> <b>Girls B 1500m</b>	(1)LEE CHEUK NAM 3E B 06'44.77"	(2)CHEUNG ANN KING YEE 3E G 06'46.75"	(3)NG MEI SHUEN 3E R 07'09.71"	(4)LO JEANE GLADYS CHUA 3C G 07'13.67"
	(5)NG SIU KIU 3E G 07'25.50"	(6)LAI HIU TUNG 4D B 07'28.53"	(7)LEUNG CHING 4E B 07'51.09"	(8)YEUNG MAN KI 3E Y 07'56.13"
<b>641WB-4X100R</b> <b>Girls B 4X100m House Relay</b>	(1)WB_RED BR R 1'01.56"	(2)WB_YELLOW BY Y 1'03.67"	(3)WB_GREEN BG G 1'03.68"	(4)WB_BLUE BB B 1'04.00"
	(1)WB_RED BR R 5'23.74"	(2)WB_BLUE BB B 5'34.91"	(3)WB_YELLOW BY Y 5'43.70"	(4)WB_GREEN BG G 5'51.07"
<b>644WB-4X400R</b> <b>Girls B4X400m House Relay</b>	(1)WB_RED BR R 5'23.74"	(2)WB_BLUE BB B 5'34.91"	(3)WB_YELLOW BY Y 5'43.70"	(4)WB_GREEN BG G 5'51.07"
	(1)YIP PUI HA 4A R 1.21M	(2)WONG YI TING 3B G 1.18M	(3)CHEUNG YUK YU 4C G 1.18M	(4)KAO PO TING 3C R 1.10M
<b>651WB-HJ</b> <b>Girls B High Jump</b>	(5)LO CHING HEI 3B R 1.05M	(6)WONG TSZ CHING 3A B 1.05M	(7)LUK KA YEE 3A R 1.05M	
	(1)CHEUNG YUEN TUNG 4C R 4.56M	(2)CHONG SANG LING 4B B 4.06M	(3)LAM SIN SHU 4E Y 3.62M	(4)YIP LOIS 3D G 3.55M
<b>652WB-LJ</b> <b>Girls B Long Jump</b>	(5)LO CHING HEI 3B R 3.43M	(6)WONG KWAN MEI 3A R 3.41M	(7)NGAN CHIU TUNG 3B G 3.40M	(8)WONG YI TING 3B G 3.30M
	(1)PANG YAN LAM VIVIAN 4B Y 08.18M	(2)LEE MAY YAN 2C Y 07.10M	(3)CHOW MING WAI 4B G 06.65M	(4)LEE YIK MEI KATHERINE 4D Y 05.88M
<b>654WB-SP</b> <b>Girls B Shot Put</b>	(5)HUI KA LAI 2D Y 05.71M	(6)CHAU HOI LEE 3C R 05.60M	(7)LAM SIU HING 3E G 05.28M	(8)CHUNG YUEN TING 4A B 05.17M

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<b>Grade C</b>	<b>655WB-DIS</b> <b>Girls B Discus</b>	(1)PANG YAN LAM VIVIAN 4B Y 16.93M	(2)CHAN YUEN KI 4D R 13.44M	(3)LEE YIK MEI KATHERINE 4D Y 13.26M	(4)LAM SIU HING 3E G 12.44M
		(5)LEUNG HOI YAN 4A Y 11.35M	(6)LAI MAN YEE 3E B 10.26M	(7)LEE CHEUK NAM 3E B 09.80M	(8)WONG MING HEI 4A B 09.70M
	<b>656WB-JAV</b> <b>Girls B Javelin</b>	(1)LEUNG YUET CHUN 4E B 14.24M	(2)WONG NGA SZE 4A G 10.12M	(3)CHUNG YUEN TING 4A B 09.97M	(4)CHEUNG YUK LING 4A B 08.66M
		(5)CHOW WAN YU 4E Y 08.06M	(6)KAO PO TING 3C R 07.28M	(7)LAU MAN YEE 3B G 06.29M	(8)WONG CHIU WING 4C Y 05.87M
	<b>701WC-100</b> <b>Girls C 100m</b>	(1)LAM FUNG YUEN THEODORA EDMONDA 2C G 15.03"	(2)LAU YEE NGA 1E B 15.11"	(3)KEI SUM YEE 2D R 15.13"	(4)KWOK WING YAN 2A B 16.29"
		(5)CHAN OI KIU 1D G 16.34"	(6)SHEK SEN HIU 2E Y 16.49"	(7)HUI LIM YAU 1D B 17.11"	
	<b>702WC-200</b> <b>Girls C 200m</b>	(1)KEI SUM YEE 2D R 32.04"	(2)LAU YEE NGA 1E B 32.14"	(3)MAN KAM YIN 1E G 32.62"	(4)LEE YING TO 2E Y 34.72"
		(5)TSOI YAN CHI 2B B 34.76"	(6)LAI CHI YING 1E Y 35.76"		
	<b>704WC-400</b> <b>Girls C 400m</b>	(1)KWONG CHEUK YI 2E R 1'21.93"	(2)LEE YING TO 2E Y 1'24.06"	(3)TAM YEE CHING JEANIE 1E G 1'25.45"	(4)YIU SZE LONG 2E R 1'28.07"
		(5)SZETO WAI SHAN 2E G 1'33.58"			
	<b>708WC-800</b> <b>Girls C 800m</b>	(1)LEE MAN CHIN 2C G 3'20.02"	(2)FONG WING YAN 2D G 3'21.98"	(3)CHEUNG KA WING 2D G 3'21.99"	(4)AU YEUNG CHUNG YAN 2C R 3'24.44"
		(5)TAM YEE CHING JEANIE 1E G 3'27.57"	(6)WONG POU LAM 2C Y 3'47.21"	(7)LAU NGAI 1D R 3'50.25"	(8)MAN HIU WA 1C B 3'51.37"
	<b>715WC-1500</b> <b>Girls C 1500m</b>	(1)FONG WING YAN 2D G 07'22.20"	(2)FUNG NOK SZE 2C Y 07'25.52"	(3)WONG TING TING 2B G 08'52.52"	(4)CHUI WING KI 1D Y 08'54.84"
		(5)CHENG WAI SZE CRYSTAL 1E R 09'13.41"	(6)WAN HO YING 1C R 09'29.45"	(7)CHUNG HIU MAN 1E R 09'43.18"	(8)TANG CHUI WAI 1C R 09'48.40"
	<b>741WC-4X100R</b> <b>Girls C 4X100m House Relay</b>	(1)WC_RED CR R 1'03.60"	(2)WC_YELLOW CY Y 1'05.09"	(3)WC_BLUE CB B 1'06.10"	(4)WC_GREEN CG G 1'06.17"

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<b>Grade D</b>	<b>744WC-4X400R</b> <b>Girls C 4X400m House Relay</b>	(1)WC_RED CR R 5'48.93"	(2)WC_YELLOW CY Y 5'51.74"	(3)WC_GREEN CG G 6'12.09"	(4)WC_BLUE CB B 6'55.79"
	<b>751WC-HJ</b> <b>Girls C High Jump</b>	(1)LEE MAN CHIN 2C G 1.12M	(2)LIU WAI SUM 2D Y 1.10M	(3)WAN HO YING 1C R 1.10M	(4)LAM NGA YAN 2C B 1.08M
		(5)CHONG YUNG 2C G 1.03M	(6)LAI SIN TUNG 1E B 1.00M	(7)KWOK SIN LAM 2E Y 0.95M	(8)TSE TSOI YAN 1C B 0.95M
	<b>752WC-LJ</b> <b>Girls C Long Jump</b>	(1)YEUNG HIU CHING 1D G 3.13M	(2)KEI SUM YEE 2D R 3.01M	(3)KWONG CHEUK YI 2E R 2.99M	(4)KWOK WING YAN 2A B 2.74M
		(5)TSOI YAN CHI 2B B 2.74M	(6)SZETO WAI SHAN 2E G 2.66M	(7)WONG POU LAM 2C Y 2.55M	(8)YU PUI YIK 2B G 2.34M
	<b>754WC-SP</b> <b>Girls C Shot Put</b>	(1)KWONG CHEUK YI 2E R 6.60M	(2)SZETO WAI SHAN 2E G 5.69M	(3)NGAI SO YI / LAU NGAI 1B G 5.66M/1D R 5.66M	(4)
		(5)CHOU YUEN YING 2C Y 5.38M	(6)NG LOK HENG 1D R 5.25M	(7)HO WING MAN 2B G 4.72M	(8)CHAN YI HANG 1D B 4.48M
	<b>801WD-100</b> <b>Girls S1 100m</b>	(1)LAU WING YIN 1D Y 17.32"	(2)NG YAN LAM 1E B 18.12"	(3)LIU WING CHING 1A B 18.15"	(4)LEE SIN YEE 1B B 19.05"
		(5)WONG CHO LAM 1D Y 19.19"	(6)SEE MAN TING 1D G 19.58"		
	<b>808WD-800</b> <b>Girls S1 800m</b>	(1)CHIU TRACY 1E G 3'54.28"	(2)YUEN CHUNG FAI 1D G 4'21.70"	(3)LAM HO YING 1D G 4'31.06"	(4)WONG NGA SZE 1E B 5'09.96"
<b>852WD-LJ</b> <b>Girls S1 Long Jump</b>	(1)CHUI HEI WUN 1E Y 3.10M	(2)TIU KA HING 1E G 2.96M	(3)CHAN CHAU YI 1A Y 2.73M	(4)SIU JACQUELINE WING YANG 1E Y 2.61M	
	(5)HUNG CHING WAI 1E G 2.53M	(6)LAW HEI NGA / WONG HO SUM 1A G 2.49M/1E G 2.49M		(8)HO SIN YUNG 1C R 2.39M	
<b>854WD-SP</b> <b>Girls S1 Shot Put</b>	(1)TANG TSZ CHING 1E Y 5.12M	(2)CHAN KA HEI 1B G 4.70M	(3)CHOW LAI SZE 1B G 4.24M	(4)YU KA MON 1E G 3.99M	
	(5)CHAN SIN TING 1A Y 3.73M	(6)FUNG SHUK YAN IRIS 1B G 3.39M	(7)KWAN KA WING 1E B 3.14M	(8)CHAN HEI MAN 1A B 3.01M	

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**BOYS**

<b>Grade A</b>	<b>101MA-100</b> <b>Boys A 100m</b>	(1)MA SIU CHUN 7L Y 12.30"	(2)KONG HIU FUNG 5E R 12.75"	(3)YAU CHING KUEN 5C B 12.90"	(4)YIM KWAN LOK 7H Y 12.95"
		(5)CHAN KA YU 5C Y 13.04"	(6)CHAN SIU LUNG 5B G 13.10"	(7)LAU SUI HO 6L Y 13.68"	
	<b>102MA-200</b> <b>Boys A 200m</b>	(1)MA SIU CHUN 7L Y 25.94"	(2)AU CHUN WAI 7L R 26.02"	(3)CHENG WUI YIN 7F B 26.09"	(4)HUANG CHI YUK 5D R 26.81"
		(5)TSANG YIN LAM 5D B 27.58"	(6)YIM KWAN LOK 7H Y 27.86"		
	<b>104MA-400</b> <b>Boys A 400m</b>	(1)FONG YAN HIN 6L B 0'56.87"	(2)CHOW HIU CHEONG 7H Y 0'57.10"	(3)CHENG WUI YIN 7F B 0'59.18"	(4)LEE FAT KEI 5E G 1'02.50"
		(5)HUANG CHI YUK 5D R 1'08.35"	(6)LAM WAN KAN 5B B 1'18.80"		
	<b>108MA-800</b> <b>Boys A 800m</b>	(1)YAU CHING CHUNG 5C Y 2'24.35"	(2)HO MAN HIN 7L R 2'29.11"	(3)NG TSZ FUNG 4D B 2'36.72"	(4)KWAN HO YEUNG 5E R 2'37.58"
		(5)AU CHING NOK 7L Y 2'38.09"	(6)CHOW PAK HONG 7L R 2'43.86"	(7)SIT MATTHEW KOON YIP 7L B 2'49.78"	(8)NG CHI LUNG 5E B 2'56.63"
	<b>111MA-110H</b> <b>Boys A 110m Hurdle</b>	(1)FONG YAN HIN 6L B 16.34"	(2)SO CLARENCE HAO YU 5E G 19.45"	(3)CHIU TING CHUN 6L R 19.85"	(4)LAM WAN KAN 5B B 20.20"
	<b>115MA-1500</b> <b>Boys A 1500m</b>	(1)YANG KWOK LAI 6F G 5'07.02"	(2)LI YAT LONG 5B R 5'09.38"	(3)HO MAN HIN 7L R 5'15.61"	(4)KWAN HO YEUNG 5E R 5'26.45"
		(5)YAU CHING CHUNG 5C Y 5'28.42"	(6)NG TSZ FUNG 4D B 5'30.90"	(7)LEUNG CHIT 5D Y 5'38.77"	(8)IP YAU SAN 5B G 5'48.55"
	<b>141MA-4X100R</b> <b>Boys A 4x100m House Relay</b>	(1)MA_GREEN AG G 0'50.03"	(2)MA_RED AR R 0'50.69"	(3)MA_BLUE AB B 0'51.39"	(4)MA_YELLOW AY Y 0'51.45"
	<b>144MA-4X400R</b> <b>Boys A 4x400m House Relay</b>	(1)MA_YELLOW AY Y 4'08.13"	(2)MA_RED AR R 4'08.50"	(3)MA_BLUE AB B 4'15.23"	(4)MA_GREEN AG G 4'19.86"
	<b>151MA-HJ</b> <b>Boys A High Jump</b>	(1)AU CHING NOK 7L Y 1.50M	(2)NG TAI WAI 5C B 1.48M	(3)LEE FAT KEI 5E G 1.48M	(4)TSOI WAI LEUNG 7H R 1.45M
		(5)IP YAU SAN 5B G 1.40M	(6)WONG TSZ CHUN IVAN 5E R 1.40M	(7)CHAN CHO KEUNG 5C B 1.35M	(8)LEE CHUN HUNG 4C G 1.35M

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<b>152MA-LJ</b> <b>Boys A Long Jump</b>	(1)AU CHUN WAI 7L R 5.74M	(2)CHAN CHO KEUNG 5C B 4.95M	(3)HO MAN HIN 7L R 4.80M	(4)LAM WAN KAN 5B B 4.78M
	(5)SIU MAN DIK 5E G 4.71M	(6)CHAN SIU LUNG 5B G 4.69M	(7)LAU CHUN HIN 5E B 4.63M	(8)CHOW PAK HONG 7L R 4.52M
<b>153MA-TJ</b> <b>Boys A Triple Jump</b>	(1)AU CHUN WAI <b>**New Record**</b> 7L R 12.67M	(2)FONG YAN HIN 6L B 11.44M	(3)YAU CHING CHUNG 5C Y 10.70M	(4)CHAN SIU LUNG 5B G 10.62M
	(5)CHIU TING CHUN 6L R 10.51M	(6)KWAN HO YEUNG 5E R 10.08M	(7)TSOI WAI LEUNG 7H R 09.94M	(8)WONG KA WAI 7H Y 09.89M
<b>154MA-SP</b> <b>Boys A Shot Put</b>	(1)CHAN KA YU 5C Y 10.01M	(2)YAU CHING KUEN 5C B 09.45M	(3)NG TAI WAI 5C B 09.41M	(4)CHOW HIU CHEONG 7H Y 08.97M
	(5)AU CHING NOK 7L Y 08.57M	(6)LIU MING HIN BERNARD 7L B 07.38M	(7)LAW TSZ KIT 7L B 07.02M	(8)CHAN KA YEUNG 5D R 06.86M
<b>155MA-DIS</b> <b>Boys A Discus</b>	(1)MA KA WAI 5B B 20.69M	(2)WONG MAN TSUN 5E Y 18.13M	(3)KWOK CHUN KIT 5D G 17.35M	(4)KWOK CHUN TUNG 6L R 16.29M
	(5)CHENG SUI KIT 6H Y 15.12M	(6)HUANG CHI YUK 5D R 15.00M	(7)LEUNG WAI FU 5E B 14.16M	(8)CHAN NGAI CHUN 5B B 13.84M
<b>156MA-JAV</b> <b>Boys A Javelin</b>	(1)CHAN KA YU 5C Y 29.01M	(2)CHENG WUI YIN 7F B 28.35M	(3)KWOK CHUN KIT 5D G 28.28M	(4)YANG KWOK LAI 6F G 27.08M
	(5)LI KWAN HO 6L Y 22.42M	(6)CHEUNG CHI HANG 5D R 20.08M	(7)KONG YIU MING JIMMY 6L G 17.24M	(8)MA KA WAI 5B B 17.18M
<b>Grade B</b> <b>201MB-100</b> <b>Boys B 100m</b>	(1)AU CHUN WAI 4D Y 12.60"	(2)NGAI KWAN LONG 3B Y 12.69"	(3)WAN CHEUK LOK 3A Y 12.83"	(4)HON CHU WING 4B R 12.95"
	(5)TSANG DEREK 3E B 13.33"	(6)WU CHUNG WAI 4B R 13.43"	(7)LO KAM TONG 3A B 14.66"	
<b>202MB-200</b> <b>Boys B 200m</b>	(1)LAU SIU PO 4B G 26.74"	(2)TSANG DEREK 3E B 27.50"	(3)CHOI KEI CHEE 3E B 27.97"	(4)MA SIU FAI 4E R 27.99"
	(5)KWOK KA TSUN 4E R 28.29"	(6)TAM YIU FU 4E Y 28.38"	(7)CHEUNG HIU FAN 4E R 29.14"	
<b>204MB-400</b> <b>Boys B 400m</b>	(1)LEE YIU CHEONG 4A R 0'58.90"	(2)LAM HEI 4C B 0'59.98"	(3)LAU SIU PO 4B G 1'01.84"	(4)CHOI KEI CHEE 3E B 1'02.29"
	(5)LAI YIU YEUNG 3C G 1'02.73"	(6)CHEUNG HIU FAN 4E R 1'05.45"	(7)TAM YIU FU 4E Y 1'08.61"	(8)SO TSZ HO 3D R 1'14.21"

Event Code and  
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Names of Winners and Runner-ups  
Class, House, Record

**BOYS**

**208MB-800**  
**Boys B 800m**

(1)TANG HOLMANN 3E Y 2'20.85"	(2)TAM KAI CHUNG 4D G 2'26.61"	(3)LAM HEI 4C B 2'35.67"	(4)WONG YUEN CHEUK 3D B 2'38.27"
(5)LAI YIU YEUNG 3C G 2'42.63"	(6)YUNG SHING YU 4B R 2'49.91"	(7)LEUNG WAI SIN 3A G 2'54.23"	(8)WAI CHING NGO 3E G 3'02.02"

**210MB-100H**  
**Boys B 100m H**

(1)HO KWAN HAU 4B G 18.88"	(2)LEUNG WAI KIT 2C R 19"68	(3)LAU CHAM CHING 4D Y 20.09"	(4)KAM CHING TAT 2B B 20.37"
(5)KUN KIT WANG 3C R 20.53"	(6)LEUNG GA WAI 3D R 21.11"	(7)CHOY YAT WING 4C G 21.28"	(8)NG YUK LUN 3C R 22.78"

**215MB-1500**  
**Boys B 1500m**

(1)TANG HOLMANN 3E Y 5'14.65"	(2)TAM KAI CHUNG 4D G 5'34.34"	(3)NG CHEUK LUN 3C G 5'42.47"	(4)WONG YUEN CHEUK 3D B 5'59.11"
(5)NG TSZ HO 4A G 6'02.57"	(6)YAU CHUN CHEUNG 4C B 6'21.13"	(7)LEE SHING CHI 4E B 6'24.20"	(8)LEUNG WAI SIN 3A G 6'27.19"

**241MB-4X100R**  
**Boys B 4X100m House Relay**

(1)MB_BLUE BB B 0'52.85"	(2)MB_YELLOW BY Y 0'53.60"	(3)MB_GREEN BG G 0'54.27"	(4)MB_RED BR R 0'56.34"
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**244MB-4X400R**  
**Boys B 4X400m House Relay**

(1)MB_GREEN BG G 4'17.01"	(2)MB_YELLOW BY Y 4'18.86"	(3)MB_BLUE BB B 4'24.44"	(4)MB_RED BR R 4'38.30"
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**251MB-HJ**  
**Boys B High Jump**

(1)FONG TSZ HO 4E R 1.43M	(2)HO PUI HUNG 4E Y 1.40M	(3)LAM CHEUK HO 4E R 1.35M	(4)LAU SIN HEI 3A B 1.35M
(5)LEUNG WAI SIN 3A G 1.35M	(6)MUI KA KIT 4B G 1.25M	(7)HO MING HSUAN 3E R 1.25M	(8)CHEUNG LOK HIN 3A R 1.20M

**252MB-LJ**  
**Boys B Long Jump**

(1)CHENG CHEUK KIT 3C B 5.21M	(2)MOK YIN CHUNG 3D Y 4.57M	(3)MA SIU FAI 4E R 4.51M	(4)LAI YIU YEUNG 3C G 4.32M
(5)TAM YIU FU 4E Y 4.17M	(6)KO CHO KIT 4C Y 4.14M	(7)HO HO CHI 3D G 3.83M	(8)HO MING HSUAN 3E R 3.79M

**253MB-TJ**  
**Boys B Triple Jump**

(1)CHENG CHEUK KIT 3C B 11.16M	(2)MA SIU FAI 4E R 10.75M	(3)KWOK KA TSUN 4E R 10.18M	(4)MOK YIN CHUNG 3D Y 09.91M
(5)LAU SIU PO 4B G 09.81M	(6)HO KWAN HAU 4B G 09.68M	(7)LAU CHAM CHING 4D Y 09.24M	(8)CHOI KEI CHEE 3E B 09.07M

**254MB-SP**  
**Boys B Shot Put**

(1)NGAI KWAN LONG 3B Y 09.51M	(2)CHIN FELIPE 3A G 09.24M	(3)TSANG DEREK 3E B 08.98M	(4)KWOK KA TSUN 4E R 08.59M
(5)LAI YU KWAN 4E Y 08.34M	(6)LEUNG CHEUK YIU 4C G 08.12M	(7)KWAN KI FUNG 4E Y 07.93M	(8)LAW HO HIM 3C B 07.51M

Event Code and  
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Names of Winners and Runner-ups  
Class, House, Record

**BOYS**

<b>Grade C</b>	<b>255MB-DIS</b> <b>Boys B Discus</b>	(1)NGAI KWAN LONG **New Record** 3B Y 29.83M	(2)KWAN KI FUNG 4E Y 20.51M	(3)LAI YU KWAN 4E Y 20.29M	(4)LI YUNG SING 4E Y 20.17M
		(5)PANG CHUN HANG 4A B 20.12M	(6)LEE TING HIN 4E G 15.05M	(7)SO TSZ HO 3D R 14.07M	(8)TOM PAK YU 3B G 11.89M
	<b>256MB-JAV</b> <b>Boys B Javelin</b>	(1)SIU KAM TO 4D Y 21.54M	(2)FONG TSZ HO 4E R 21.20M	(3)CHEUNG HIU FAN 4E R 18.81M	(4)PANG CHUN HANG 4A B 13.10M
		(5)LAU CHAM CHING 4D Y 12.97M	(6)CHAN HAM 3E G 11.65M	(7)CHENG HO YIN 4C Y 09.86M	(8)HO TIN YAU 3A G 09.61M
	<b>301MC-100</b> <b>Boys C 100m</b>	(1)LI TSZ YIK 2A B 12.41"	(2)PANG YUEN FOR 2A G 12.98"	(3)CHOW SZE YUEN 1D G 13.39"	(4)CHUNG TSZ HO 2C Y 14.12"
		(5)WONG CHEUK FUNG 2B G 14.16"	(6)LUK KWOK SHING 1B R 14.48"	(7)CHAN HOK LEUNG 2D Y 14.50"	(8)CHOW CHUNG HEI 1E Y 14.83"
	<b>302MC-200</b> <b>Boys C 200m</b>	(1)LI TSZ YIK 2A B 26.18"	(2)PANG YUEN FOR 2A G 28.33"	(3)CHOW SZE YUEN 1D G 28.61"	(4)CHUNG TSZ HO 2C Y 29.31"
		(5)HO KA CHUN 2A G 31.55"	(6)YEUNG TSUN YI 2D Y 31.82"	(7)CHAN HOK LEUNG 2D Y 31.91"	(8)TAM WAI HO 1D R 31.95"
	<b>304MC-400</b> <b>Boys C 400m</b>	(1)YIP CHAK SHING 2B R 1'06.72"	(2)SHAM KA YU 2B G 1'07.39"	(3)WONG YUEN KIT 2E G 1'11.11"	(4)WAN SIU TAK 1B R 1'16.30"
		(5)TAM WAI HO 1D R 1'18.28"	(6)TAM KA KIT 1D B 1'18.58"	(7)CHEUNG HOO CHUN CLEMENT 2E R 1'18.80"	(8)CHEUNG PAK SANG 2A B 1'20.63"
<b>308MC-800</b> <b>Boys C 800m</b>	(1)CHAN LONG YU 2A G 2'50.42"	(2)YEUNG SHUN LING 1E G 2'51.63"	(3)LAU WAI YUK 1E R 2'52.21"	(4)LUK KWOK SHING 1B R 3'00.61"	
	(5)SO CHEUK HIM 2E Y 3'02.98"	(6)CHO TZE HEI 1E R 3'04.62"	(7)WONG YUEN KIT 2E G 3'08.35"	(8)SHAM KA YU 2B G 3'09.56"	
<b>315MC-1500</b> <b>Boys C 1500m</b>	(1)CHAN LONG YU 2A G 5'57.25"	(2)CHAN CHIN LEUK 1D B 5'58.58"	(3)YEUNG SHUN LING 1E G 6'08.00"	(4)FUNG TSAN YIN 2A R 6'09.56"	
	(5)SHEK WAI LOK 2C B 6'19.15"	(6)LAM CHING PONG 2B Y 6'22.68"	(7)WONG YUE TING 2B R 6'30.80"	(8)CHO TZE HEI 1E R 6'52.59"	
<b>341MC-4X100R</b> <b>Boys C 4X100m House Relay</b>	(1)MC_GREEN CG G 0'57.93"	(2)MC_YELLOW CY Y 0'58.51"	(3)MC_RED CR R 0'59.21"	(4)MC_BLUE CB B 1'00.44"	

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**BOYS**

<b>344MC-4X400R</b> <b>Boys C 4X400m House Relay</b>	(1)MC_GREEN CG G 4'59.25"	(2)MC_RED CR R 4'59.88"	(3)MC_YELLOW CY Y 5'02.31"	(4)MC_BLUE CB B 5'06.01"
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<b>351MC-HJ</b> <b>Boys C High Jump</b>	(1)LAU HOI HIN 2A G 1.22M	(2)TING LOK KAN 1A B 1.17M	(3)KWOK KWAN WILLIAM 1A R 1.17M	(4)YEUNG TSUN YI 2D Y 1.12M
	(5)LAM CHING PONG / CHAN CHUN KIU 2B Y 1.12M/1E R 1.12M		(7)CHEUNG CHUN HIN 2E B 1.12M	(8)SIN CHAK WA / DU CHUN KIT 2D G 1.12M/2D B 1.12M
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<b>352MC-LJ</b> <b>Boys C Long Jump</b>	(1)LI TSZ YIK <b>**New Record**</b> 2A B 5.09M	(2)CHOW SZE YUEN 1D G 4.72M	(3)WONG WAI CHUN 2A Y 3.96M	(4)YIP CHAK SHING 2B R 3.91M
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<b>354MC-SP</b> <b>Boys C Shot Put</b>	(1)HUI TING FUNG MATTHEW 2C R 07.08M	(2)FUNG WAN HEI 1B Y 05.63M	(3)LING KIN SANG 1B Y 05.24M	(4)NGAI SIU CHUNG 1C B 04.95M
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<b>401MD-100</b> <b>Boys S1 100m</b>	(1)WANG CHEUK SING CHARLES 1A G 16.74"	(2)LAM CHUN HO MARK 1E B 17.42"	(3)LI HIN HANG 1C G 17.48"	(4)HO SHEUNG KWAN 1E R 17.54"
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<b>408MD-800</b> <b>Boys S1 800m</b>	(1)CHAN CHIN TAO 1C G 3'13.65"	(2)WONG TAI PONG 1D B 3'21.81"	(3)FUNG SHING HIN 1E G 3'22.23"	(4)HO CHI YIN 1A B 3'32.08"
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<b>452MD-LJ</b> <b>Boys S1 Long Jump</b>	(1)TSE YU HIN 1B Y 2.91M	(2)LAU TSZ FUNG 1C G 2.64M	(3)KWAN HANG YIN 1B Y 2.46M	(4)KWOK CHING YIU ERNEST 1A G 2.42M
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<b>454MD-SP</b> <b>Boys S1 Shot Put</b>	(1)WONG WAI TONG 1D G 04.98M	(2)NG PING FAN 1A Y 04.93M	(3)YU SHING YEUNG 1D G 04.78M	(4)CHAN CHEUK KIN 1A Y 04.54M
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	(5)KO CHUN MING 1B G 04.54M	(6)HO YIU FUNG 1A Y 04.51M	(7)CHAU PUIL 1B G 04.27M	

Grade D

Event Code and  
Event Name

Names of Winners and Runner-ups  
Class, House, Record

**MIXED**

<b>Grade O</b>	<b>930MO-3000</b> <b>Boys Open 3000m</b>	(1)LI YAT LONG 5B R 11'21.33"	(2)HO MAN HIN 7L R 11'45.59"	(3)YAU CHING CHUNG 5C Y 12'02.96"	(4)LYT TT 12'40.78"
		(5)KWAN HO YEUNG 5E R 12'45.75"	(6)STR TT 13'11.26"	(7)FONG YAN HIN 6L B 13'29.44"	(8)YANG KWOK LAI 6F G 13'32.08"
	<b>991TO-4X100R</b> <b>S1 4x100m Relay</b>	(1)S1E 1E 1'01.81"	(2)S1D 1D 1'04.92"	(3)S1C 1C 1'04.93"	(4)S1A 1A 1'09.77"
		(5)S1B 1B 1'12.11"			
	<b>992TO-4X100R</b> <b>S2 4X100m Relay</b>	(1)S2A 2A 0'57.85"	(2)S2C 2C 0'59.40"	(3)S2B 2B 1'00.70"	(4)S2E 2E 1'02.18"
		(5)S2D 2D 1'02.74"			
	<b>993TO-4X100R</b> <b>S3 4X100m Relay</b>	(1)S3B 3B 0'59.92"	(2)S3E 3E 1'00.43"	(3)S3D 3D 1'00.81"	(4)S3A 3A 1'01.28"
	<b>994TO-4X100R</b> <b>S4 4X100m Relay</b>	(1)S4C 4C 0'55.88"	(2)S4E 4E 0'57.34"	(3)S4B 4B 0'57.87"	(4)S4A 4A 0'59.75"
		(5)S4D 4D 0'59.97"			
	<b>995TO-4X100R</b> <b>S5 4X100m Relay</b>	(1)S5B 5B 0'55.04"	(2)S5E 5E 0'57.16"	(3)S5D 5D 0'58.82"	(4)S5A 5A 1'00.11"
	<b>996TO-4X100R</b> <b>S6&amp;7 4X100m Relay</b>	(1)S7L 7L 0'58.47"	(2)S7F 7F 0'58.87"	(3)S7H 7H 0'58.88"	(4)S6H 6H 1'00.55"
		(5)S6F 6F 1'19.83"			
	<b>999SS-4X100R</b> <b>Teacher &amp; Student 4x100m</b>	(1)Music Team SS 0'57.52"	(2)SU-A SS 0'59.52"	(3)Teacher SS 1'00.13"	(4)Drama Club SS 1'01.11"
		(5)Christian Fellowship SS 1'02.15"	(6)Guidance SS 1'03.64"	(7)ECS SS 1'04.15"	(8)Student NAD Team SS 1'04.78"
	<b>999ST-4X100R</b> <b>School Teams 4x100m Relay</b>	(1)Alumni Team **New Record** ST 0'51.91"	(2)Athletics Team **New Record** ST 0'52.38"	(3)Boy's Basketball & Dance Sports Tea ST 0'56.08"	(4)B Handball & G Volleyball Team ST 0'56.57"
		(5)Swimming Team ST 0'56.63"	(6)Badminton Team ST 1'00.40"	(7)Karate Team ST 1'02.19"	(8)Table-tennis Team ST 1'04.07"