

**SKH Lam Woo Memorial Secondary School**  
**28th Annual Athletics Meet**

*Finals Day Winner List*

Event Code and Event Name	Names of Winners and Runner-ups Class, House, Record			
<b>GIRLS</b>	<hr/>			
	<b>Grade A</b>			
<b>501WA-100 Girls A 100m</b>	(1)CHAN YUEN TING 4B B 15.35"	(2)LO LOK SZE GRACE 5C G 15.80"	(3)LIU MING WAI 5E R 16.15"	(4)YAU PO SIN 5B R 16.34"
	(5)FUNG YAN KI 6F G 16.51"	(6)MOK YIM TUNG 6F B 16.82"	(7)JIU WAI YU 5E Y 16.90"	(8)LO KING HANG 7F Y 17.03"
<b>502WA-200 Girls A 200m</b>	(1)YIP NGA CHING 4D B 33.18"	(2)LO LOK SZE GRACE 5C G 35.23"	(3)LAM HO YI 5A Y 35.31"	(4)KWOK YEE TING 6F G 36.19"
	(5)CHAN LAI KEI 4E Y 37.99"	(6)LEE CHEUK LING 5A B 38.18"		(8)LIU MING WAI 5E R 40.16"
<b>504WA-400 Girls A 400m</b>	(1)YIP NGA CHING 4D B 1'17.09"	(2)LAM KWUN WA 7L G 1'17.89"	(3)CHAN SZE WAH 6L R 1'22.65"	(4)WONG HIU YING 7F G 1'23.56"
	(5)TAM KAM FA 3E R 1'30.23"	(6)LAU TSZ LING 6H G 1'31.02"	(7)CHEUNG YUEN MAN 6H R 1'32.85"	
<b>508WA-800 Girls A 800m</b>	(1)LAI WING YAN 7L R 3'14.25"	(2)HO SIN HANG 7F B 3'19.62"	(3)HON MEI KING 4C G 3'27.71"	(4)CHAN MUN MUN 6F G 3'30.26"
	(5)FUNG WING YI 5E G 3'30.86"	(6)CHOW HIU YAN 5E B 3'30.94"	(7)FOK YEE KI 5B R 3'32.15"	(8)LAW HIU CHING 6H B 3'36.08"
<b>510WA-100H Girls A 100m H</b>	(1)CHAN YUEN TING 4B B 18.77"	(2)CHAN MUN MUN 6F G 22.87"	(3)FUNG TSZ WAI 7H R 22.90"	(4)YAU PO SIN 5B R 26.63"
	(5)KO HOI CHING 7H B 28.27"	(6)MOK YIM TUNG 6F B 28.56"	(7)SIU YAN YEE 6F G 28.75"	(8)YIP NGA LING 7H R 29.24"
<b>515WA-1500 Girls A 1500m</b>	(1)HO SIN HANG 7F B 6'40.89"	(2)LAI WING YAN 7L R 6'51.90"	(3)LEUNG LOK TUNG 4D B 7'07.44"	(4)FUNG WING YI 5E G 7'14.75"
	(5)LEE CHEUK LING 5A B 7'48.36"	(6)TSANG TSZ CHING 5D B 7'56.07"	(7)MA SUI KI 5E G 7'57.49"	(8)YEUNG HO CHING 5A R 7'57.56"

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<b>541WA-4X100R</b> <b>Girls A 4X100m House Relay</b>	(1)WA_BLUE	(2)WA_RED	(3)WA_GREEN	(4)WA_YELLOW
	AB B 1'03.13"	AR R 1'03.95"	AG G 1'03.97"	AY Y 1'06.32"
<b>544WA-4X400R</b> <b>Girls A 4X400m House Relay</b>	(1)WA_BLUE	(2)WA_RED	(3)WA_GREEN	(4)WA_YELLOW
	AB B 5'32.00"	AR R 5'36.00"	AG G 5'59.00"	AY Y 6'01.00"
<b>551WA-HJ</b> <b>Girls A High Jump</b>	(1)CHAN YUEN TING	(2)WONG HIU YING	(3)MOK YIM TUNG	(4)LAI WAN TING
	4B B 1.27M	7F G 1.27M	6F B 1.13M	5B R 1.13M
	(5)SIU YAN YEE / CHAU YEUK LING / LEE SZE CHUNG APRIL / YIP NGA LING / YIP YAN YU 6F G 1.00M/6H B 1.00M/6F Y 1.00M/7H R 1.00M/6L			
<b>552WA-LJ</b> <b>Girls A Long Jump</b>	(1)LO LOK SZE GRACE	(2)LIU MING WAI	(3)YAU PO SIN	(4)TAM KAM FA
	5C G 3.71M	5E R 3.65M	5B R 3.63M	3E R 3.58M
	(5)LAM KWUN WA	(6)CHAN TIN YAN	(7)LEE CHEUK LING	(8)LAM HO YI
	7L G 3.54M	5E Y 3.46M	5A B 3.44M	5A Y 3.18M
<b>554WA-SP</b> <b>Girls A Shot Put</b>	(1)LAI WING YAN	(2)FOK YEE KI	(3)SHUM LUI	(4)WONG BO CHU
	7L R 6.89M	5B R 6.20M	7L R 6.11M	5B R 6.01M
	(5)CHAN MUN MUN	(6)FUNG WAN KI	(7)LAM WAI TING	(8)NG WING YAN
	6F G 5.54M	5D Y 4.71M	5E Y 4.30M	7H G 4.28M
<b>555WA-DIS</b> <b>Girls A Discus</b>	(1)CHENG JANICE TZE YAN	(2)WONG HIU YING	(3)FUNG TSZ WAI	(4)WONG BO CHU
	5B B 16.84M	6L B 16.46M	7H R 15.82M	5B R 14.95M
	(5)FOK YEE KI	(6)NG OI YAN	(7)JIU WAI YU	(8)SHUM LUI
	5B R 14.71M	5D B 14.50M	5E Y 14.02M	7L R 12.94M
<b>556WA-JAV</b> <b>Girls A Javelin</b>	(1)CHENG JANICE TZE YAN	(2)FUNG TSZ WAI	(3)JIU WAI YU	(4)NG YU YING CHRISTABEL
	5B B 18.06M	7H R 15.13M	5E Y 14.18M	7H R 13.70M
	(5)CHAN HOI MAN	(6)CHEUNG HIU TUNG	(7)WONG WAI YING	(8)WONG HOI LING
	7H G 11.15M	6F B 10.02M	6F Y 09.90M	5A R 09.15M
<b>Grade B</b> <b>601WB-100</b> <b>Girls B 100m</b>	(1)CHEUNG YUEN TUNG	(2)NG CHING YEE	(3)WONG PUI SHAN	(4)LAM SIN SHU
	3C R 14.03"	4A G 15.15"	3A Y 15.56"	3D Y 15.57"
	(5)CHONG SANG LING	(6)LO JEANE GLADYS CHUA		
	3A B 15.77"	2A G 16.12"		

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**602WB-200**  
**Girls B 200m**

(1)CHEUNG YUEN TUNG 3C R 30.27"	(2)LO JEANE GLADYS CHUA 2A G 33.18"	(3)CHOI MEI KWAN 4A B 33.38"	(4)LAM SIN SHU 3D Y 34.08"
(5)LEUNG CHING 3D B 34.11"	(6)CHONG SANG LING 3A B 34.13"	(7)CHAN LOK YIN 3E Y 35.87"	

**604WB-400**  
**Girls B 400m**

(1)LI YUEN LAM 4E R 1'12.85"	(2)WONG SZE WING 4B G 1'15.99"	(3)YIP PUI HA 3D R 1'16.56"	(4)CHOI MEI KWAN 4A B 1'17.95"
(5)LEUNG CHING 3D B 1'22.65"	(6)CHIK CHUN MING 3E Y 1'26.22"		

**608WB-800**  
**Girls B 800m**

(1)LI YUEN LAM 4E R 3'01.06"	(2)CHAN SHIU MAN ANNIE 3D R 3'02.38"	(3)WONG MING HEI 3A B 3'09.32"	(4)YU YAN SIN 4E Y 3'18.69"
(5)AU MEI NGAN 2E Y 3'27.43"	(6)NG YAN YEE 3A B 4'00.65"	(7)YEUNG WING YIU 4A G 4'02.46"	(8)LI KA PO 4C R 4'02.69"

**610WB-100H**  
**Girls B 100m H**

(1)PANG YAN LAM VIVIAN 3C Y 21.63"	(2)YIP PUI HA 3D R 21.94"	(3)LAU WING YEE 4B B 23.37"	(4)CHENG HOR SZE 3E G 25.44"
(5)WONG TSZ YIN 2D R 28.19"			

**615WB-1500**  
**Girls B 1500m**

(1)CHAN SHIU MAN ANNIE 3D R 6'13.35"	(2)YU YAN SIN 4E Y 6'45.90"	(3)CHEUNG YUK YU 3A G 6'59.54"	(4)LAM MEI TING 4A R 7'13.90"
(5)LAI HIU TUNG 3B B 7'15.28"	(6)LAU WING YEE 4B B 7'37.28"	(7)YEUNG WING YIU 4A G 7'59.44"	(8)CHAN YAN YI 3C G 8'06.11"

**641WB-4X100R**  
**Girls B 4X100m House Relay**

(1)WB_RED BR R 1'00.72"	(2)WB_GREEN BG G 1'01.92"	(3)WB_BLUE BB B 1'03.86"	(4)WB_YELLOW BY Y 1'05.30"
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**644WB-4X400R**  
**Girls B4X400m House Relay**

(1)WB_RED BR R 5'15.16"	(2)WB_BLUE BB B 5'31.53"	(3)WB_GREEN BG G 5'32.82"	(4)WB_YELLOW BY Y 5'39.85"
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**651WB-HJ**  
**Girls B High Jump**

(1)CHEUNG YUK YU 3A G 1.17M	(2)YIP PUI HA 3D R 1.12M	(3)CHAU YINN 4C R 1.12M	(4)YEUNG MING YUK 3D G 1.05M
(5)CHUNG YUEN TING 3E B 1.05M	(6)YIP PUI MING 4E G 0.80M		

**652WB-LJ**  
**Girls B Long Jump**

(1)CHEUNG YUEN TUNG 3C R 4.57M	(2)CHONG SANG LING 3A B 3.81M	(3)LAM SIN SHU 3D Y 3.67M	(4)POON LEE LING 3E B 3.64M
(5)WONG SZE WING 4B G 3.57M	(6)LI YUEN LAM 4E R 3.38M	(7)CHENG WING YU 4A G 3.30M	(8)LIU KA YING 4B Y 3.08M

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<b>Grade C</b>	<b>654WB-SP</b> <b>Girls B Shot Put</b>	(1)PANG YAN LAM VIVIAN 3C Y 07.90M	(2)WONG WING YEE 4B R 07.72M	(3)CHOW MING WAI 3B G 05.94M	(4)WONG NGA SZE 3C G 05.91M
		(5)LEE YIK MEI KATHERINE 3E Y 05.72M	(6)NG HOI YAN 3B B 05.36M	(7)HON YEUK LUI 3C B 05.04M	(8)YAN HOI CHING 3D R 04.36M
	<b>655WB-DIS</b> <b>Girls B Discus</b>	(1)CHUNG KA YI 4B G 19.03M	(2)PANG YAN LAM VIVIAN 3C Y 14.01M	(3)LEE YIK MEI KATHERINE 3E Y 13.12M	(4)CHOW MING WAI 3B G 13.10M
		(5)JIU WAI MAN 3E B 12.79M	(6)WONG WING YEE 4B R 12.51M	(7)LEUNG HOI YAN 3E Y 11.93M	(8)WONG MING HEI 3A B 09.61M
	<b>656WB-JAV</b> <b>Girls B Javelin</b>	(1)WONG NGA SZE <b>**New Record**</b> 3C G 20.62M	(2)CHUNG KA YI 4B G 18.60M	(3)YU YAN SIN 4E Y 09.45M	(4)MA WING KI 4E R 08.02M
		(5)CHAN WING LAM 4D Y 07.53M	(6)IU AN MUI 3E R 06.80M	(7)AU MEI NGAN 2E Y 06.62M	(8)KWOK CHING YI 3E R 06.42M
	<b>701WC-100</b> <b>Girls C 100m</b>	(1)KEI SUM YEE 1B R 15.13"	(2)LAM FUNG YUEN THEODORA EDMONDA 1A G 15.80"	(3)LI TSZ CHING 2B Y 16.17"	(4)KWONG CHEUK YI 1E R 16.20"
		(5)SHEK SEN HIU 1E Y 16.43"	(6)HO SZE LAI 2B Y 16.56"	(7)YIP KA YEE 1B G 16.60"	
	<b>702WC-200</b> <b>Girls C 200m</b>	(1)KEI SUM YEE 1B R 33.17"	(2)WONG KWAN MEI 2A R 34.14"	(3)AU YEUNG CHUNG YAN 1A R 34.41"	(4)CHOI MAN TING 2A Y 35.83"
		(5)TSOI YAN CHI 1C B 35.98"	(6)KWONG CHEUK YI 1E R 36.00"	(7)LAM PUI YEE 1D G 37.39"	
<b>704WC-400</b> <b>Girls C 400m</b>	(1)AU YEUNG CHUNG YAN 1A R 1'20.37"	(2)HO SZE LAI 2B Y 1'22.31"	(3)YIU SZE LONG 1E R 1'27.13"	(4)SZETO WAI SHAN 1E G 1'31.22"	
	(5)FUNG NOK SZE 1E Y 1'33.95"	(6)NG TING YUK 1E G 1'34.10"	(7)KWOK SIN LAM 1E Y 1'38.13"		
<b>708WC-800</b> <b>Girls C 800m</b>	(1)LEE CHEUK NAM 2E B 3'10.03"	(2)CHAN LOK HIN JANICE 2E B 3'14.71"	(3)NG MEI SHUEN 2E R 3'17.67"	(4)YEUNG MAN KI 2E Y 3'20.41"	
	(5)LEE YING TO 1E Y 3'38.61"	(6)FONG WING YAN 1D G 3'43.92"	(7)MAK LAI MAN 2E R 3'49.00"	(8)CHAN NGA YUNG 2E B 3'49.96"	
<b>710WC-100H</b> <b>Girls C 100m H</b>	(1)CHAN LOK HIN JANICE 2E B 22.03"	(2)CHAN NGA YUNG 2E B 23.28"	(3)LO CHING HEI 2A R 25.96"	(4)LEE MAN CHIN 1B G 25.99"	
	(5)WONG TING TING 1B G 26.39"	(6)TAI CHUNG YEE 1E R 31.32"			

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<b>715WC-1500</b> <b>Girls C 1500m</b>	(1)LEE CHEUK NAM **New Record** 2E B 06'29.95"	(2)CHEUNG ANN KING YEE **New Record** 2E G 06'33.69"	(3)NG SIU KIU 2E G 06'58.98"	(4)NG SHING YAN 2E Y 07'39.32"
	(5)YEUNG MAN KI 2E Y 07'45.65"	(6)FONG WING YAN 1D G 08'07.80"	(7)LUI PUI SHAN 1B Y 08'08.20"	(8)LAM PUI KIU 1E R 08'39.53"
<b>741WC-4X100R</b> <b>Girls C 4X100m House Relay</b>	(1)WC_YELLOW CY Y 1'05.24"	(2)WC_BLUE CB B 1'05.96"	(3)WC_GREEN CG G 1'06.00"	(4)WC_RED CR R 1'07.63"
	<b>744WC-4X400R</b> <b>Girls C 4X400m House Relay</b>	(1)WC_RED CR R 5'34.85"	(2)WC_BLUE CB B 5'49.50"	(3)WC_YELLOW CY Y 6'15.25"
<b>751WC-HJ</b> <b>Girls C High Jump</b>	(1)KAO PO TING 2A R 1.07M	(2)LIU WAI SUM 1D Y 1.05M	(3)LAM NGA YAN 1B B 0.97M	(4)LEE MAY YAN 1C Y 0.95M
	(5)LAW YUEN YIU 1A G 0.95M	(6)NG YEE KI JOEY 2E R 0.90M	(7)CHONG YUNG / LEUNG KA WAI 1C G 0.85M/1D Y 0.85M	
<b>752WC-LJ</b> <b>Girls C Long Jump</b>	(1)LO CHING HEI 2A R 3.27M	(2)CHEUNG LOK MAN 2E Y 3.09M	(3)LAM PUI YEE 1D G 2.89M	(4)LAM NGA YAN 1B B 2.60M
	(5)WONG WAI YIN 2B Y 2.45M	(6)HAU WING KEI 1D B 2.16M	(7)SUNG KAR MAN 1A B 2.05M	(8)HO WING MAN 1B G 1.69M
<b>754WC-SP</b> <b>Girls C Shot Put</b>	(1)LEE MAY YAN 1C Y 6.33m	(2)KWONG CHEUK YI 1E R 6.19m	(3)HUI KA LAI 1C Y 6.08m	(4)LEUNG WING HANG 1D G 5.58m
	(5)CHAN KAM YEE 1A B 5.55m	(6)CHAN TAM NING 2B Y 5.39m	(7)TANG KA YAN 1C Y 5.08m	(8)LAU MAN YEE 2B G 4.75m
<b>Grade D</b> <b>801WD-100</b> <b>Girls S1 100m</b>	(1)WONG YEE CHING 1D G 17.46"	(2)CHU SIN WAI 1C G 18.09"	(3)CHAN SAU PING 1C Y 18.73"	(4)LIU YAN LING 1D B 19.84"
	(5)LO WING SZE 1A R 20.34"	(6)YUNG PUI SHAN 1C Y 20.41"	(7)LAU MAN KA 1D Y 22.22"	
<b>808WD-800</b> <b>Girls S1 800m</b>	(1)CHAN LO MAN 1E R 3'52.65"	(2)WONG POU LAM 1D Y 4'04.18"	(3)YIP TSZ YAN 1D Y 4'20.39"	(4)NG WAI MEI 1D Y 4'28.11"
	(5)CHUNG LAI SZE 1E R 4'28.41"	(6)YUE CHEUK YIU YOYO 1B Y 5'20.31"		

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<b>852WD-LJ</b> <b>Girls S1 Long Jump</b>	(1)KWOK WING YAN 1A B 2.68M	(2)YUNG WING YAN 1A B 2.57M	(3)SO WAI CHING 1E G 2.09M	(4)CHU WING TING JOJO 1E G 2.06M
	(5)WU TSZ HEI 1A R 2.00M	(6)CHAN YING YING 1E G 1.86M	(7)WONG KA KING 1E G 1.82M	(8)CHEN AILIN 1E B 1.80M
<b>854WD-SP</b> <b>Girls S1 Shot Put</b>	(1)CHOU YUEN YING 1A Y 4.88m	(2)HO MEI PO 1D Y 3.68m	(3)POON HOI YING CHERYL 1E B 3.29m	(4)CHEUNG CHEUK LAAM 1A Y 2.93m
	(5)TSANG LOK YEE 1A R 2.07m			

**BOYS**

<b>Grade A</b> <b>101MA-100</b> <b>Boys A 100m</b>	(1)LUK KWOK LEUNG 7F R 12.38"	(2)MA SIU CHUN 6L Y 12.64"	(3)TSE TO TIN 7L B 12.92"	(4)CHIU PAK LOK 5D G 13.37"
	(5)WONG SIU WAI 5D G 13.46"	(6)KWOK HIU SHING BRIAN 7H B 14.10"	(7)LAU SUI HO 5E Y 14.79"	
<b>102MA-200</b> <b>Boys A 200m</b>	(1)LUK KWOK LEUNG 7F R 26.43"	(2)CHENG WUI YIN 6F B 26.72"	(3)MA SIU CHUN 6L Y 27.11"	(4)YIM KWAN LOK 6H Y 28.31"
	(5)WONG SIU WAI 5D G 28.42"	(6)CHIU TING CHUN 5D R 33.13"		
<b>104MA-400</b> <b>Boys A 400m</b>	(1)FONG YAN HIN 5E B 0'59.38"	(2)CHENG WUI YIN 6F B 0'59.96"	(3)CHOW HIU CHEONG 6H Y 1'01.77"	(4)CHIU TSZ PAN 5B Y 1'04.27"
	(5)LAW TSZ HO 4C B 1'11.01"	(6)LAU SUI HO 5E Y 1'20.23"	(7)CHAN HUNG KAI 5E Y 1'27.17"	
<b>108MA-800</b> <b>Boys A 800m</b>	(1)YANG KWOK LAI 5A G 2'27.95"	(2)TSE KAI YEUNG 6L B 2'30.82"	(3)WONG CHAK MAN 7L R 2'31.54"	(4)HO MAN HIN 6L R 2'32.30"
	(5)WONG CHUN CHUEN 5C Y 2'32.62"	(6)TSE YAN NGAI 5C Y 2'41.06"	(7)LAW TSZ HO 4C B 2'45.07"	(8)HO MING HO 6L G 2'46.21"
<b>111MA-110H</b> <b>Boys A 110m Hurdle</b>	(1)FONG YAN HIN 5E B 17.62"	(2)CHU WAI YAT 7L B 17.95"	(3)AU CHUN WAI 6L R 19.46"	(4)TIN SIU MUN 7L R 19.49"
	(5)CHAN CHUN YU 7L G 20.38"	(6)HUI LOK HIN 5A Y 21.02"	(7)CHIU TING CHUN 5D R 21.83"	

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<b>115MA-1500</b> <b>Boys A 1500m</b>	(1)YANG KWOK LAI 5A G 5'08.75"	(2)LI YAT LONG 5B R 5'18.40"	(3)HO MAN HIN 6L R 5'24.12"	(4)HO MING HO 6L G 5'51.00"
	(5)KAM KWAN YU 7F B 5'57.00"	(6)CHOW PAK HONG 6L R 6'02.00"	(7)AU CHING NOK 6L Y 6'03.00"	(8)SIT MATTHEW KOON YIP 6L B 6'17.00"
<b>141MA-4X100R</b> <b>Boys A 4x100m House Relay</b>	(1)MA_RED AR R 0'49.85"	(2)MA_BLUE AB B 0'50.94"	(3)MA_YELLOW AY Y 0'52.56"	(4)MA_GREEN AG G 0'53.61"
	(1)MA_YELLOW AY Y 4'10.65"	(2)MA_RED AR R 4'11.04"	(3)MA_BLUE AB B 4'11.16"	(4)MA_GREEN AG G 4'31.65"
<b>144MA-4X400R</b> <b>Boys A 4x400m House Relay</b>	(1)MA_YELLOW AY Y 4'10.65"	(2)MA_RED AR R 4'11.04"	(3)MA_BLUE AB B 4'11.16"	(4)MA_GREEN AG G 4'31.65"
	(1)CHU WAI YAT 7L B 1.57M	(2)LI CHUN WAI 5B G 1.55M	(3)AU CHING NOK 6L Y 1.50M	(4)NG TAI WAI 4C B 1.40M
<b>151MA-HJ</b> <b>Boys A High Jump</b>	(5)TSOI WAI LEUNG 6H R 1.40M	(6)CHENG SIK KAM 6F G 1.35M	(7)TIN SIU MUN 7L R 1.30M	(8)LAU SUI HO 5E Y 1.30M
	(1)AU CHUN WAI 6L R 5.88M	(2)TSE TO TIN 7L B 4.97M	(3)CHAN CHO KEUNG 4C B 4.97M	(4)LUK KWOK LEUNG 7F R 4.79M
<b>152MA-LJ</b> <b>Boys A Long Jump</b>	(5)LEUNG KWAN LUN 6L R 4.64M	(6)CHOW PAK HONG 6L R 4.47M	(7)CHAN HUNG KAI 5E Y 4.33M	(8)LI KWAN HO 5D Y 4.17M
	(1)AU CHUN WAI 6L R 12.36M	(2)FONG YAN HIN 5E B 11.43M	(3)HO MAN HIN 6L R 10.50M	(4)WONG KA WAI 6H Y 09.55M
<b>153MA-TJ</b> <b>Boys A Triple Jump</b>	(5)TSE KAI YEUNG 6L B 09.52M	(6)LEUNG KWAN LUN 6L R 09.51M	(7)CHAN CHAK HING 7L R 09.25M	(8)CHAN CHUN YU 7L G 09.17M
	(1)YEUNG HEY WO 5B G 10.33m	(2)WONG WAI KIT 7L Y 09.47m	(3)WONG CHAK MAN 7L R 09.17m	(4)LIU KONG KEUNG 7L R 08.20m
<b>154MA-SP</b> <b>Boys A Shot Put</b>	(5)MA SIU CHUN 6L Y 08.14m	(6)NG SUI SANG 7L B 07.70m	(7)LIU MING HIN BERNARD 6L B 07.45m	(8)HO KI FUNG 5C R 07.85m
	(1)CHEUNG HAU MING 5B R 23.41M	(2)WONG WAI KIT 7L Y 21.68M	(3)NG SUI SANG 7L B 20.93M	(4)YIP TSZ CHUNG 7L R 20.09M
<b>155MA-DIS</b> <b>Boys A Discus</b>	(5)LIU KONG KEUNG 7L R 19.88M	(6)TSOI LONG YIN 7L B 17.76M	(7)TSE TO TIN 7L B 15.56M	(8)TENG MING YAM 7L B 15.44M
	(1)CHENG WUI YIN 6F B 29.66M	(2)WONG CHAK MAN 7L R 26.56M	(3)LI CHUN WAI 5B G 25.76M	(4)CHEUNG HAU MING 5B R 24.49M
<b>156MA-JAV</b> <b>Boys A Javelin</b>	(5)CHOW HIU CHEONG 6H Y 23.96M	(6)TO WAI KIT 7L G 23.82M	(7)WONG CHUN CHUEN 5C Y 23.41M	(8)TSOI WAI LEUNG 6H R 23.28M

Event Code and  
Event Name

Names of Winners and Runner-ups  
Class, House, Record

**BOYS**

<b>Grade B</b>	<b>201MB-100</b> <b>Boys B 100m</b>	(1)CHAN SIU LUNG 4B G 12.40"	(2)WONG KAM SING 2B G 12.62"	(3)YAU CHING KUEN 4C B 12.86"	(4)WAN CHEUK LOK 2A Y 13.04
		(5)KWOK CHUN KIT 4D G 13.30"	(6)HUANG CHI YUK 4D R 13.41"	(7)CHAN KA YU 4C Y 13.51"	(8)HON CHU WING 3D R 13.58"
	<b>202MB-200</b> <b>Boys B 200m</b>	(1)MA SIU FAI 3D R 27.16"	(2)CHEUNG HO KIT 4C R 27.18"	(3)KONG HIU FUNG 4E R 27.84"	(4)HUANG CHI YUK 4D R 28.56"
		(5)LI SUI LUN 4D B 28.82"	(6)TSANG YIN LAM 4D B 29.10"		
	<b>204MB-400</b> <b>Boys B 400m</b>	(1)LAU SIU PO 3B G 1'00.58"	(2)KWAN HO YEUNG 4E R 1'00.73"	(3)KONG HIU FUNG 4E R 1'01.48"	(4)LEE YIU CHEONG 3E R 1'02.35"
		(5)LEE FAT KEI 4E G 1'04.29"	(6)CHEUNG HIU FAN 3D R 1'06.84"	(7)LAI HEI CHUN 4B G 1'09.46"	
	<b>208MB-800</b> <b>Boys B 800m</b>	(1)KWAN HO YEUNG 4E R 2'29.43"	(2)YAU CHING CHUNG 4C Y 2'33.68"	(3)LEE FAT KEI 4E G 2'37.67"	(4)LEE YIU CHEONG 3E R 2'40.41"
		(5)YEE TSZ HIN ANDREW 4D R 2'43.83"	(6)LAM HEI 3A B 2'45.30"	(7)NG TSZ FUNG 3B B 2'46.33"	(8)YUNG ON TING 3C Y 2'48.19"
	<b>210MB-100H</b> <b>Boys B 100m H</b>	(1)SO CLARENCE HAO YU 4E G 17.42"	(2)WONG KAM SING 2B G 18.94"	(3)LEUNG WAI KIT 2B R 19.02"	(4)CHONG CHRISTOPHER 4D G 19.12"
		(5)HO KWAN HAU 3B G 19.28"	(6)MA KA WAI 4B B 19.67"	(7)LAM WAN KAN 4B B 21.08"	(8)HO PUI HUNG 3D Y 21.78"
	<b>215MB-1500</b> <b>Boys B 1500m</b>	(1)CHEUNG HO KIT 4C R 05'46.75"	(2)YAU CHING SANG 4C G 05'53.90"	(3)YAU CHING CHUNG 4C Y 05'55.10"	(4)YEE TSZ HIN ANDREW 4D R 05'55.96"
		(5)LEUNG WAI KIT 2B R 05'57.21"	(6)TAM KAI CHUNG 3D G 06'00.47"	(7)LEUNG CHIT 4D Y 06'07.48"	(8)LAM HEI 3A B 06'25.50"
	<b>241MB-4X100R</b> <b>Boys B 4X100m House Relay</b>	(1)MB_GREEN BG G 0'51.31"	(2)MB_RED BR R 0'51.87"	(3)MB_BLUE BB B 0'55.66"	(4)MB_YELLOW BY Y 0'55.75"
	<b>244MB-4X400R</b> <b>Boys B 4X400m House Relay</b>	(1)MB_RED BR R 4'14.03"	(2)MB_GREEN BG G 4'17.64"	(3)MB_BLUE BB B 4'35.95"	(4)MB_YELLOW BY Y 4'41.82"
	<b>251MB-HJ</b> <b>Boys B High Jump</b>	(1)FONG TSZ HO 3D R 1.50M	(2)MA SIU FAI 3D R 1.35M	(3)IP YAU SAN 4B G 1.30M	(4)WONG TSZ CHUN IVAN / HO PUI HUNG 4E R 1.30M/3D Y 1.30M

**BOYS**

				(6)MA KA WAI / LAI CHUN YIN / AU TSZ KI / TAM KAI CHUNG 4B B 1.20M/3B G 1.20M/4B R 1.20M/3D G 1.20M			
<b>252MB-LJ</b> <b>Boys B Long Jump</b>	(1)CHAN SIU LUNG 4B G 5.15M	(2)KWOK CHUN KIT 4D G 4.74M	(3)WONG KAM SING 2B G 4.58M	(4)SIU MAN DIK 4E G 4.53M			
	(5)KWOK KA TSUN 3D R 4.48M	(6)TAM YIU FU 3D Y 4.36M	(7)LAM WAN KAN 4B B 4.30M	(8)KO CHO KIT 3B Y 3.98M			
<b>253MB-TJ</b> <b>Boys B Triple Jump</b>	(1)CHAN SIU LUNG 4B G 11.23M	(2)KWAN HO YEUNG 4E R 10.58M	(3)YAU CHING KUEN 4C B 10.35M	(4)MA SIU FAI 3D R 10.21M			
	(5)SIU MAN DIK 4E G 10.19M	(6)SO CLARENCE HAO YU 4E G 10.14M	(7)CHONG CHRISTOPHER 4D G 09.36M	(8)CHENG LOK WING 4A B 09.21M			
<b>254MB-SP</b> <b>Boys B Shot Put</b>	(1)CHAN KA YU 4C Y 09.82M	(2)YAU CHING KUEN 4C B 09.43M	(3)YAU CHUN CHEUNG 3C B 07.82M	(4)KWOK KA TSUN 3D R 07.66M			
	(5)LAI YU KWAN 3D Y 07.60M	(6)LEE CHUN HUNG 3A G 07.32M	(7)KWAN KI FUNG 3E Y 07.26M	(8)CHOY CHUN LAP 4E R 06.59M			
<b>255MB-DIS</b> <b>Boys B Discus</b>	(1)KWOK CHUN KIT 4D G 21.71M	(2)MA KA WAI 4B B 21.30M	(3)LAI YU KWAN 3D Y 21.21M	(4)LI YUNG SING / WONG MAN TSUN 3E Y 21.16M/4E Y 21.16M			
		(6)PANG CHUN HANG 3A B 18.89M	(7)LEUNG WAI FU 4E B 17.74M	(8)CHAN NGAI CHUN 4B B 15.62M			
<b>256MB-JAV</b> <b>Boys B Javelin</b>	(1)CHAN KA YU 4C Y 28.12M	(2)CHEUNG CHI HANG 4D R 19.08M	(3)LAM WAN KAN 4B B 17.89M	(4)LEE FAT KEI 4E G 17.13M			
	(5)HUANG CHI YUK 4D R 16.85M	(6)SO CLARENCE HAO YU 4E G 15.18M	(7)LAW HONG YAN 4B Y 13.15M	(8)SIU KAM TO 3E Y 12.07M			
<b>Grade C</b> <b>301MC-100</b> <b>Boys C 100m</b>	(1)LI TSZ YIK 1D B 13.25"	(2)NGAI KWAN LONG 2B Y 13.81"	(3)CHENG CHEUK KIT 2A B 13.90"	(4)PANG YUEN FOR 1A G 14.08"			
	(5)CHUNG TSZ HO 1C Y 14.81"	(6)TSANG CHI YIM 2D R 14.82"	(7)WONG YUEN KIT 1E G 14.99"				

Event Code and  
Event Name

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**BOYS**

**302MC-200**  
**Boys C 200m**

(1)LI TSZ YIK 1D B 28.15"	(2)CHENG CHEUK KIT 2A B 28.92"	(3)LAI YIU YEUNG 2A G 28.99"	(4)TSANG DEREK 2C B 29.75"
(5)SO TSZ HO 2D R 30.61"	(6)SHAM KA YU 1B G 30.87"	(7)LEUNG WAI SIN 2A G 31.08"	(8)CHUNG TSZ HO 1C Y 31.11"

**304MC-400**  
**Boys C 400m**

(1)LAI YIU YEUNG 2A G 1'05.84"	(2)CHOI KEI CHEE 2E B 1'06.25"	(3)SO TSZ HO 2D R 1'13.40"	(4)YIP CHAK SHING 1B R 1'14.27"
(5)WAT PING CHUNG 2E R 1'22.89"	(6)LAU KAM FONG GEOFFREY 1C B 1'24.46"	(7)TAM LING HON 2D R 1'25.66"	

**308MC-800**  
**Boys C 800m**

(1)NG CHEUK LUN 2B G 2'35.77"	(2)TANG HOLMANN 2E Y 2'36.42"	(3)WONG YUEN CHEUK 2E B 2'53.36"	(4)CHAN LONG YU 1B G 2'57.13"
(5)LEUNG WAI SIN 2A G 2'58.28"	(6)WONG YUEN KIT 1E G 3'05.42"	(7)HUI TSZ MING 2C B 3'07.61"	(8)LAM HO KAN 2E R 3'17.42"

**310MC-100H**  
**Boys C 100m H**

(1)LEUNG GA WAI 2D R 20.72"	(2)FUNG TSAN YIN 1D R 21.48"	(3)KAM CHING TAT 1B B 21.78"	(4)PANG YUEN FOR 1A G 22.16"
(5)WONG CHEUK FUNG 1A G 22.73"	(6)LAM CHING PONG 1C Y 23.18"	(7)TANG WAI LOK 1D R 23.66"	

**315MC-1500**  
**Boys C 1500m**

(1)NG CHEUK LUN 2B G 05'33.23"	(2)TANG HOLMANN 2E Y 05'49.49"	(3)WONG YUEN CHEUK 2E B 05'52.83"	(4)LAI PAK TO 2A R 06'00.64"
(5)CHAN LONG YU 1B G 06'08.10"	(6)KONG LOK HIN 2C B 06'40.85"	(7)WAI CHING NGO 2E G 06'52.59"	(8)LAU LOK TO 1B Y 07'00.05"

**341MC-4X100R**  
**Boys C 4X100m House Relay**

(1)MC_BLUE CB B 0'54.69"	(2)MC_YELLOW CY Y 0'56.20"	(3)MC_GREEN CG G 0'57.65"	(4)MC_RED CR R 0'57.86"
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**344MC-4X400R**  
**Boys C 4X400m House Relay**

(1)MC_BLUE CB B 4'42.00"	(2)MC_GREEN CG G 5'01.00"	(3)MC_YELLOW CY Y 5'05.00"	(4)MC_RED CR R 5'12.00"
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**351MC-HJ**  
**Boys C High Jump**

(1)LEUNG WAI SIN 2A G 1.25M	(2)LUI HOI MAN 2E Y 1.25M	(3)CHEUNG LOK HIN 2B R 1.22M	(4)LAU SIN HEI 2A B 1.15M
(5)YEUNG TSUN YI 1D Y 1.15M	(6)DU CHUN KIT 1A B 1.15M	(7)LAU HOI HIN / SIN CHAK WA 1C G 1.00M/1C G 1.00M	

**352MC-LJ**  
**Boys C Long Jump**

(1)CHENG CHEUK KIT 2A B 5.00m	(2)MOK YIN CHUNG 2D Y 4.52m	(3)SHAM KA YU 1B G 3.98m	(4)YIP WING CHI 1D B 3.88m
(5)YIP CHAK SHING 1B R 3.86m	(6)HO KA CHUN 1D G 3.57m	(7)LAM CHING PONG 1C Y 3.45m	(8)LAU CHI WING 1E R 3.18m

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**BOYS**

	<b>354MC-SP</b> <b>Boys C Shot Put</b>	(1)NGAI KWAN LONG 2B Y 07.85M	(2)KWOK TSZ HIN 2C R 07.52M	(3)AU WING YUE 1C G 06.87M	(4)NG WAI HIN 2B B 06.83M
		(5)TOM PAK YU 2A G 06.42M	(6)SO TSZ HO 2D R 06.37M	(7)CHEUNG LOK HIN 2B R 06.10M	(8)LAU LOK TO 1B Y 05.95M
<b>Grade D</b>	<b>401MD-100</b> <b>Boys S1 100m</b>	(1)LAM CHUN HO 1B B 18.83"	(2)CHUK MING CHUN 1A B 19.68"	(3)NG CHI MING 1E Y 20.39"	(4)
	<b>408MD-800</b> <b>Boys S1 800m</b>	(1)AU KA TSUN 1A R 3'30.94"	(2)CHEUNG PAK SANG 1A B 3'32.35"	(3)FUNG PAK HIN 1B B 3'36.31"	(4)CHEUNG CHUN HIN 1E B 3'47.46"
		(5)HO CHUNG YIN 1E R 4'10.34"	(6)FENIX DY KA HO MICHAEL 1D R 4'53.25"		
	<b>452MD-LJ</b> <b>Boys S1 Long Jump</b>	(1)NGAN SING HO 1D B 2.78m	(2)LO KA LEUNG 1D B 2.32m	(3)LING MAN HON ERNEST 1A Y 2.14m	(4)BUT HO YIN LEO 1D Y 2.08m
	<b>454MD-SP</b> <b>Boys S1 Shot Put</b>	(1)WOO CHUN MAN 1A Y 04.75M	(2)LAI PAK SHING 1D G 04.18M	(3)CHAU HO LIM DANIEL 1B Y 03.92M	(4)MAK HO CHEUNG 1A Y 02.68M
<b>Grade O</b>	<b>930MO-3000</b> <b>Boys Open 3000m</b>	(1)HCH <b>**New Record**</b> TT Y 10'22.12"	(2)LI YAT LONG 5B R 11'19.81"	(3)HO MAN HIN 6L R 12'09.28"	(4)PMC TT Y 12'33.02"
		(5)STR TT Y 12'34.13"	(6)YAU CHING CHUNG 4C Y 12'35.56"	(7)WONG CHUN CHUEN 5C Y 12'41.97"	(8)TSE YAN NGAI 5C Y 12'48.31"

**MIXED**

	<b>991TO-4X100R</b> <b>S1 4x100m Relay</b>	(1)S1A 1A 1'01.45"	(2)S1B 1B 1'01.80"	(3)S1D 1D 1'02.50"	(4)S1E 1E 1'04.65"
		(5)S1C 1C 1'05.94"			
	<b>992TO-4X100R</b> <b>S2 4X100m Relay</b>	(1)S2A 2A 0'58.06"	(2)S2B 2B 0'58.75"	(3)S2C 2C 1'01.86"	(4)S2E 2E 1'02.16"
		(5)S2D 2D 1'06.16"			
	<b>993TO-4X100R</b> <b>S3 4X100m Relay</b>	(1)S3D 3D 0'56.27"	(2)S3A 3A 0'58.03"	(3)S3C 3C 0'58.12"	(4)S3B 3B 1'01.77"
		(5)S3E 3E 1'01.78"			

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Event Name

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MIXED

<b>994TO-4X100R</b> <b>S4 4X100m Relay</b>	(1)S4B 4B	0'56.07"	(2)S4E 4E	0'56.08"	(3)S4D 4D	0'56.92"	(4)S4A 4A	0'59.36"
	(5)S4C 4C	0'59.49"						
<b>995TO-4X100R</b> <b>S5 4X100m Relay</b>	(1)S5E 5E	0'57.55"	(2)S5B 5B	0'59.44"	(3)S5C 5C	0'59.71"	(4)S5A 5A	1'00.14"
	(5)S5D 5D	1'01.86"						
<b>996TO-4X100R</b> <b>S6&amp;7 4X100m Relay</b>	(1)S7F 7F	0'56.45"	(2)S7L 7L	0'56.48"	(3)S6L 6L	0'57.82"	(4)S6F 6F	0'58.25"
	(5)S7H 7H	0'59.32"	(6)S6H 6H	1'01.97"				
<b>999SS-4X100R</b> <b>Teacher &amp; Student 4x100m</b>	(1)Careers SS Y	0'58.36"	(2)Prefect SS Y	0'59.45"	(3)Guidance SS Y	1'01.19"	(4)Student IT Team I SS Y	1'01.42"
	(5)SHPC SS Y	1'01.72"	(6)Christian Fellowship SS Y	1'01.97"	(7)Music Team SS Y	1'02.02"	(8)Student Development Section SS Y	1'03.57"
<b>999ST-4X100R</b> <b>School Teams 4x100m Relay</b>	(1)Athletic Team ST Y	0'54.76"	(2)Alumni ST Y	0'55.35"	(3)Handball + Swimming ST Y	0'58.97"	(4)Volleyball Team ST Y	1'00.72"
	(5)Badminton Team ST Y	1'02.91"	(6)Table-tennis Team ST Y	1'02.95"	(7)Basketball+Sports Dance+Juggling ST Y	1'04.94"	(8)Karate Team ST Y	1'07.28"