

**SKH Lam Woo Memorial Secondary School**  
**26th Annual Athletics Meet**

*Finals Day Winner List*

Event Code and Event Name	Names of Winners and Runner-ups Class, House, Record			
<b>Grade A</b> <b>501WA-100</b> <b>Girls A 100m</b>	(1)HUI HOI MAN **New Record**	(2)TO KIU FUNG	(3)TAI KA MAN	(4)YUEN MAN FUNG
	6F Y 13.31"	5B G 15.31"	5B G 15.77"	4B G 16.24"
<b>502WA-200</b> <b>Girls A 200m</b>	(5)LO KING HANG	(6)CHEUNG HO YAN	(7)CHOW MAN WAI	(8)LAM YIK SHAN
	5A Y 16.63"	6H G 16.89"	6F B 17.29"	6F Y 18.11"
<b>504WA-400</b> <b>Girls A 400m</b>	(1)HUI HOI MAN	(2)TO KIU FUNG	(3)TAI KA MAN	(4)YUEN MAN FUNG
	6F Y 29.75"	5B G 33.97"	5B G 35.49"	4B G 36.20"
<b>508WA-800</b> <b>Girls A 800m</b>	(5)LO KING HANG	(6)LAM MIU LING	(7)CHOW MAN WAI	
	5A Y 37.53"	5C R 37.55"	6F B 37.72"	
<b>510WA-100H</b> <b>Girls A 100m H</b>	(1)LAM KWUN WA	(2)CHAU WING YEE	(3)WONG HIU YING	(4)LO HEI MAN
	5D G 1'17.86"	6H B 1'20.04"	5B G 1'22.09"	6H B 1'25.95"
<b>515WA-1500</b> <b>Girls A 1500m</b>	(5)CHONG TAN NA	(6)LAM MIU LING	(7)AU LAI MUI	(8)WONG TSZ YAN
	6L Y 1'27.43"	5C R 1'29.13"	5D Y 1'35.65"	3B R 1'38.93"
<b>510WA-100H</b> <b>Girls A 100m H</b>	(1)WONG WAI TING	(2)MOK YIN WA	(3)CHAU WING YEE	(4)HO SIN HANG
	6F B 2'54.53"	4B Y 2'59.28"	6H B 3'22.54"	5A B 3'25.87"
<b>510WA-100H</b> <b>Girls A 100m H</b>	(5)CHAN WING YAN	(6)NG YUN TUNG	(7)CHAN MUN MUN	(8)CHAN WING YAN
	5A G 3'35.13"	6F G 3'41.28"	4C G 3'41.47"	5D G 3'42.22"
<b>510WA-100H</b> <b>Girls A 100m H</b>	(1)CHAN MUN MUN	(2)LEE WAI HAN	(3)CHAN SAU SHAN	(4)FUNG TSZ WAI
	4C G 21.82"	5E Y 22.72"	5A B 22.85"	5E R 23.85"
<b>510WA-100H</b> <b>Girls A 100m H</b>	(5)CHEUNG HO YAN	(6)CHAN PUI SHAN	(7)NG KAI KI	(8)CHAN KA MAN
	6H G 24.05"	6H G 24.18"	4C G 27.80"	6H R 30.57"
<b>515WA-1500</b> <b>Girls A 1500m</b>	(1)WONG WAI TING **New Record**	(2)MOK YIN WA	(3)HO SIN HANG	(4)FUNG TSZ WAI
	6F B 5'56.04	4B Y 6'17.95	5A B 6'50.90	5E R 7'16.39
<b>515WA-1500</b> <b>Girls A 1500m</b>	(5)CHAN WING YAN	(6)CHAN WING YIN	(7)CHAN WING YAN	(8)CHAN HO YING
	5A G 7'20.65	5A Y 7'49.25	5D G 7'51.92	5A B 8'29.90

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<b>541WA-4X100R</b> <b>Girls A 4X100m House Relay</b>	(1)WA_GREEN	(2)WA_YELLOW	(3)WA_BLUE	(4)WA_RED
	AG G 1'03.31"	AY Y 1'03.36"	AB B 1'05.43"	AR R 1'06.47"
<b>544WA-4X400R</b> <b>Girls A 4X400m House Relay</b>	(1)WA_YELLOW	(2)WA_BLUE	(3)WA_GREEN	(4)WA_RED
	AY Y 5'12.09"	AB B 5'24.05"	AG G 5'26.20"	AR R 5'45.23"
<b>551WA-HJ</b> <b>Girls A High Jump</b>	(1)WONG HIU YING	(2)CHAN PUI SHAN	(3)LI SAI MAN	(4)HO SIN YU
	5B G 1.16M	6H G 1.14M	5D B 1.14M	6F R 1.14M
	(5)AU LAI MUI	(6)CHEUNG HO YAN	(7)LEUNG WAN CHI	(8)LEE WAI HAN
	5D Y 1.11M	6H G 1.11M	6H Y 1.11M	5E Y 1.11M
<b>552WA-LJ</b> <b>Girls A Long Jump</b>	(1)HUI HOI MAN	(2)LI SAI MAN	(3)CHAN WING YIN	(4)AU LAI MUI
	6F Y 4.31M	5D B 3.87M	5A Y 3.54M	5D Y 3.49M
	(5)CHAN YAN	(6)LAM KWUN WA	(7)CHAN KA KI	(8)TO KIU FUNG
	4C Y 3.49M	5D G 3.46M	4C B 3.46M	5B G 3.44M
<b>554WA-SP</b> <b>Girls A Shot Put</b>	(1)LAI WING YAN	(2)MOK YIN YAT	(3)CHEUNG MAN SHAN	(4)SHUM LUI
	5E R 6.16M	7H Y 6.06M	6H B 5.92M	5E R 5.91M
	(5)HO YIM YAN	(6)CHOY LAU TING	(7)FONG CHOR YIU	(8)SIU CHUI YEE
	7H R 5.44M	4A Y 4.19M	5E Y 4.15M	7H G 4.14M
<b>555WA-DIS</b> <b>Girls A Discus</b>	(1)SHUM LUI	(2)CHAN HO YING	(3)LO HEI MAN	(4)FUNG TSZ WAI
	5E R 16.45M	5A B 15.91M	6H B 15.71M	5E R 14.66M
	(5)HO YIM YAN	(6)LEUNG SZE YUEN	(7)YIP NGA LING	(8)CHOW MAN WAI
	7H R 14.03M	5B B 14.00M	5E R 11.84M	6F B 11.60M
<b>556WA-JAV</b> <b>Girls A Javelin</b>	(1)CHAN SIU LING ABY	(2)NG YUN TUNG	(3)LEUNG WAN CHI	(4)WONG HUNG HA
	7H G 20.24M	6F G 11.82M	6H Y 11.48M	6F B 10.86M
	(5)CHAN WING YIN	(6)YIM FUNG YEE	(7)TSE YING YIN	(8)CHEUNG KA WAI
	5A Y 09.89M	7L Y 09.42M	5E G 07.99M	6H R 07.47M
<b>Grade B</b> <b>601WB-100</b> <b>Girls B 100m</b>	(1)CHIU TSZ KWAN	(2)LO LOK SZE GRACE	(3)FUNG YAN KI	(4)YUEN SIN MAN
	4A R 15.84"	3C G 16.08"	4A G 16.33"	4D R 16.51"
	(5)LAU PO SHAN	(6)LEUNG CATRINA SZE KI	(7)WONG KA MAN	(8)LAW YUEN TUNG
	3A R 16.92"	4C B 17.02"	3C Y 17.29"	3E Y 17.47"
<b>602WB-200</b> <b>Girls B 200m</b>	(1)CHIU TSZ KWAN	(2)YUEN SIN MAN	(3)JIU WAI YU	(4)LEE CHEUK LING
	4A R 35.16"	4D R 35.98"	3D Y 36.35"	3E B 36.79"
	(5)LAW SO CHING	(6)FUNG YAN KI	(7)CHAN LAI KEI	(8)LIU MING WAI
	2D B 36.80"	4A G 37.13"	2D Y 37.57"	3E R 40.44"

**GIRLS**

<b>604WB-400</b> <b>Girls B 400m</b>	(1)CHUNG KA YI 2D G 1'18.43"	(2)TAM KAM FA 1E R 1'21.62"	(3)CHAN SZE WAH 4E R 1'24.73"	(4)KWOK CHING YI 1C R 1'30.28"
	(5)LEE YU TING ELISSA 1C R 1'30.62"	(6)KAN HANG YEE 3A B 1'31.48"		
<b>608WB-800</b> <b>Girls B 800m</b>	(1)LEUNG KARA 4E Y 3'11.81"	(2)HON MEI KING 2C G 3'21.20"	(3)FOK YEE KI 3B R 3'26.48"	(4)CHAN SZE WAH 4E R 3'28.14"
	(5)TAM TSZ YAN 3D G 3'28.64"	(6)CHOW HIU YAN 3E B 3'36.26"	(7)LAW SO CHING 2D B 3'47.45"	(8)YEUNG HO CHING 3E R 3'48.58"
<b>610WB-100H</b> <b>Girls B 100m H</b>	(1)WU WAI YI 2B R 28.44"	(2)JIU WAI MAN 1D B 29.36"	(3)YU CHIU YEE 1C G 29.59"	(4)LUK WAI YAN 1C G 29.67"
	(5)TSE JOANNE YEE 1E G 30.92"			
<b>615WB-1500</b> <b>Girls B 1500m</b>	(1)LEUNG KARA 4E Y 6'39.75"	(2)CHUNG KA YI 2D G 7'23.40"	(3)CHAN HUI SUM 3E R 7'44.91"	(4)CHEW MEI WA 4D G 7'50.52"
	(5)LEUNG CATRINA SZE KI 4C B 7'52.91"	(6)NG SZE WING ESTHER 3C Y 7'59.21"	(7)LEE YU TING ELISSA 1C R 8'05.41"	(8)TANG TSZ WAI 3B B 8'08.34"
<b>641WB-4X100R</b> <b>Girls B 4X100m House Relay</b>	(1)WB_GREEN BG G 1'04.84"	(2)WB_RED BR R 1'05.77"	(3)WB_YELLOW BY Y 1'08.05"	(4)WB_BLUE BB B 1'08.27"
	(1)WB_YELLOW BY Y 5'46.72"	(2)WB_RED BR R 5'53.30"	(3)WB_GREEN BG G 6'02.30"	(4)WB_BLUE BB B 6'29.02"
<b>651WB-HJ</b> <b>Girls B High Jump</b>	(1)YIP YAN YU 4E G 1.14M	(2)MOK YIM TUNG 4A B 1.11M	(3)CHAU YEUK LING 4E B 1.05M	(4)KWOK YAN YING 3E Y 1.03M
	(5)LAU WAI MAN 3D B 0.98M	(6)SIU YAN YEE 4A G 0.98M	(7)TAM TSZ YAN 3D G 0.93M	(8)CHAN YUEN KI 1B R 0.84M
<b>652WB-LJ</b> <b>Girls B Long Jump</b>	(1)CHIU TSZ KWAN 4A R 3.59M	(2)YAU PO SIN 3A R 3.36M	(3)LO LOK SZE GRACE 3C G 3.28M	(4)PANG WAI SHAN 4B Y 3.24M
	(5)LAW KA YI 3E R 3.19M	(6)FOK YEE KI 3B R 3.07M	(7)WONG YEE KI 3A Y 2.90M	(8)LEE CHEUK LING 3E B 2.75M
<b>654WB-SP</b> <b>Girls B Shot Put</b>	(1)CHEW MEI WA 4D G 06.46M	(2)WONG HIU YING 4E B 06.21M	(3)WONG BO CHU 3A R 06.10M	(4)WONG KIT YEE 4B G 06.07M
	(5)FOK YING TUNG 3B Y 05.98M	(6)KWOK YAN YING 3E Y 04.90M	(7)LEUNG MAN CHONG 3E R 04.79M	(8)YAN HOI CHING 1E R 04.45M

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	<b>655WB-DIS</b> <b>Girls B Discus</b>	(1)CHENG JANICE TZE YAN 3C B 17.73M	(2)WONG HIU YING 4E B 14.09M	(3)MAN WAI SUM 3C G 12.35M	(4)LAW KA YI 3E R 10.05M
		(5)SUEN YUNG LAM 3C Y 10.02M	(6)WONG WAI YING 4A Y 09.24M	(7)CHEUNG HIU TUNG 4B B 08.88M	(8)CHEUNG HOI MAN 4C Y 08.66M
	<b>656WB-JAV</b> <b>Girls B Javelin</b>	(1)CHENG JANICE TZE YAN 3C B 12.76M	(2)CHEUNG HIU TUNG 4B B 09.35M	(3)WONG HOI LING 3E R 08.95M	(4)WONG WAI YING 4A Y 08.04M
		(5)PANG WAI SHAN 4B Y 07.40M	(6)FUNG WAN KI 3D Y 06.74M	(7)TAM KAM FA 1E R 06.55M	(8)WU WAI YI 2B R 06.27M
<b>Grade C</b>	<b>701WC-100</b> <b>Girls C 100m</b>	(1)LAM SIN SHU 1D Y 15.15"	(2)CHEUNG YUEN TUNG 1B R 15.43"	(3)CHAN YUEN TING 2A B 15.59"	(4)NG CHING YEE 2C G 15.61"
		(5)CHUI CHING TONG 2B B 16.51"	(6)MA CHOI YI 1E Y 16.61"	(7)LAU SZE WAI 1C Y 16.64"	(8)HO WING ON 2E G 16.67"
	<b>702WC-200</b> <b>Girls C 200m</b>	(1)CHEUNG YUEN TUNG 1B R 32.72"	(2)YIP NGA CHING 2B B 33.24"	(3)HO WING ON 2E G 35.28"	(4)MA WING KI 2D R 35.31"
		(5)CHOW WAN YU 1D Y 35.83"	(6)CHONG SANG LING 1B B 36.59"	(7)YIP PUI MING 2E G 38.71"	
	<b>704WC-400</b> <b>Girls C 400m</b>	(1)LI YUEN LAM 2D R 1'19.16"	(2)WONG SZE WING 2B G 1'21.15"	(3)YIP PUI MING 2E G 1'22.46"	(4)LEE LAI YIN 1D Y 1'25.53"
		(5)CHENG HOR SZE 1E G 1'26.69"	(6)SO WAI YU 2A R 1'27.32"		
	<b>708WC-800</b> <b>Girls C 800m</b>	(1)LEUNG LOK TUNG 2B B 3'06.01'	(2)LI YUEN LAM 2D R 3'10.53"	(3)WONG MING HEI 1B B 3'13.84"	(4)CHAN SHIU MAN ANNIE 1E R 3'14.02"
		(5)LAI HIU TUNG 1A B 3'16.97"	(6)YU YAN SIN 2D Y 3'22.15"	(7)WONG NGA SZE 1C G 3'25.80"	(8)LEUNG CHING 1D B 3'32.17"
	<b>710WC-100H</b> <b>Girls C 100m H</b>	(1)CHAN YUEN TING 2A B 20.46"	(2)YIP NGA CHING 2B B 22.34"	(3)PANG YAN LAM VIVIAN 1A Y 23.40"	(4)YIP PUI HA 1D R 23.48"
		(5)WONG WING YEE 2C R 23.50"	(6)WONG PUI SHAN 1C Y 24.02"	(7)CHAN HOI LAM 1C B 27.14"	(8)SO YAT YING 2C Y 27.28"
	<b>715WC-1500</b> <b>Girls C 1500m</b>	(1)LAM MEI TING **New Record** 2B R 06'34.70"	(2)LEUNG LOK TUNG **New Record** 2B B 06'40.06"	(3)LAI HIU TUNG 1A B 06'52.41"	(4)CHAN SHIU MAN ANNIE 1E R 06'52.49"
		(5)LAM SIN SHU 1D Y 06'59.07"	(6)YU YAN SIN 2D Y 07'13.21"	(7)WONG SZE WING 2B G 07'21.60"	(8)SO WAI YU 2A R 07'39.22"

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<b>741WC-4X100R</b> <b>Girls C 4X100m House Relay</b>	(1)WC_RED CR R 1'01.77"	(2)WC_YELLOW CY Y 1'03.28"	(3)WC_GREEN CG G 1'03.59"	(4)WC_BLUE CB B 1'04.69"
<b>744WC-4X400R</b> <b>Girls C 4X400m House Relay</b>	(1)WC_BLUE CB B 5'26.04"	(2)WC_RED CR R 5'26.43"	(3)WC_YELLOW CY Y 5'34.17"	(4)WC_GREEN CG G 5'42.48"
<b>751WC-HJ</b> <b>Girls C High Jump</b>	(1)CHAN YUEN TING 2A B 1.20M	(2)YEUNG MING YUK 1E G 1.10M	(3)WONG PUI SHAN 1C Y 1.05M	(4)WONG LING YAN / YIP PUI HA 2E R 1.05M/1D R 1.05M
<b>752WC-LJ</b> <b>Girls C Long Jump</b>	(1)CHEUNG YUEN TUNG 1B R 3.65M	(2)WONG MING HEI 1B B 3.37M	(3)CHONG SANG LING 1B B 3.34M	(4)MA CHOI YI 1E Y 3.25M
	(5)YIP PUI MING 2E G 3.07M	(6)LAU SZE WAI 1C Y 3.04M	(7)CHANG MIU KI 2C G 3.03M	(8)WONG PUI SHAN 1C Y 2.80M
<b>754WC-SP</b> <b>Girls C Shot Put</b>	(1)WONG WING YEE 2C R 6.66M	(2)PANG YAN LAM VIVIAN 1A Y 6.45M	(3)LAM CHO YIN 1E R 5.10M	(4)CHOW MING WAI 1A G 4.99M
	(5)CHAN LEUNG YUI 2A B 4.86M	(6)KAM BO YEE 2E Y 4.69M	(7)YEUNG WING YIU 2E G 4.58M	(8)WU HOI TING 1B Y 4.38M
<b>Grade D</b> <b>808WD-800</b> <b>Girls S1 800m</b>	(1)LEE YAN YIN 1E G 3'49.43"	(2)TONG HIU WING 1D R 4'08.38"	(3)POON LEE LING 1E B 4'09.78"	(4)
<b>852WD-LJ</b> <b>Girls S1 Long Jump</b>	(1)LAI YEE TING 1E Y 2.32M	(2)LEE HOI WAN 1C B 2.28M	(3)SIU HEI TING 1E Y 2.27M	(4)TSANG HOI YI 1E B 2.23M
	(5)WONG WING YAN 1E B 2.14M	(6)YU HIU SIN 1C Y 2.06M	(7)LEUNG KA WUN 1E R 1.98M	(8)TSE TSZ YAN 1A Y 1.97M
<b>854WD-SP</b> <b>Girls S1 Shot Put</b>	(1)CHEUK YUEN TUNG 1C Y 4.21M	(2)NG HOI YAN 1C B 3.91M	(3)IP CHUNG MAN ESTHER 1C G 3.65M	(4)FONG I TING AMANDA 1A G 3.40M
	(5)YEUNG WING YEE 1E Y 2.72M	(6)MA YIK SIN 1A R 2.71M	(7)TSE WAI YING 1C R 2.69M	

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**BOYS**

<b>Grade A</b>	<b>101MA-100</b> <b>Boys A 100m</b>	(1)WONG LUI 5A Y 12.12"	(2)LUK KWOK LEUNG 5B R 12.63"	(3)KWAN YIK LOONG 7L B 12.83"	(4)LING SIK WING 4A G 13.06"
		(5)TSE TO TIN 5E B 13.32"			
	<b>102MA-200</b> <b>Boys A 200m</b>	(1)WONG LUI 5A Y 25.65"	(2)LUK KWOK LEUNG 5B R 26.36"	(3)MOK CHUN KIT 7L R 26.77"	(4)WONG KIN MING 6L Y 27.68"
		(5)CHAN CHAK HO 5C G 28.95"	(6)CHEUNG HOI TSUNG ANDY 5C R 29.17"	(7)TSE YING FUNG 5B R 29.26"	(8)WONG SIU WAI 3D G 31.67"
	<b>104MA-400</b> <b>Boys A 400m</b>	(1)WONG KA CHUN 6L B 0'57.70"	(2)CHAN CHUN LONG 5C G 1'00.73"	(3)LAU TSZ KIU 7F G 1'01.66"	(4)PANG YU KIU KELVIN 5C B 1'01.76"
		(5)LAI WING KIN 5C Y 1'02.46"	(6)CHAN KON TAT 2B G 1'02.79"	(7)LAI KAM YUEN 6H B 1'07.55"	(8)WONG CHUN YUEN 6F G 1'36.26"
	<b>108MA-800</b> <b>Boys A 800m</b>	(1)WONG KA CHUN 6L B 2'22.92"	(2)SHEK KA HIN 5C R 2'29.09"	(3)MAK MING SHAN VINCENT 6H G 2'29.24"	(4)CHEUNG SHIU LUN 7L R 2'35.25"
		(5)WAN SIU FAI 4C G 2'38.01"	(6)CHAN CHUN MAN 6L Y 2'41.24"	(7)CHAN CHUN KIT 6L Y 2'43.40"	(8)CHENG SIK KAM 4B G 2'44.14"
	<b>111MA-110H</b> <b>Boys A 110m Hurdle</b>	(1)TAM HOI MAN **New Record** 4B B 16.23"	(2)CHAN CHUN LONG **New Record** 5C G 16.73"	(3)WONG HON SAN 5D R 19.01"	(4)CHEUNG SHIU LUN 7L R 19.47"
		(5)LAU TSZ KIU 7F G 19.52"	(6)CHAN CHUN MAN 6L Y 20.75"	(7)LI WING HO 6H B 20.85"	
	<b>115MA-1500</b> <b>Boys A 1500m</b>	(1)MAK MING SHAN VINCENT 6H G 5'08.56"	(2)SHEK KA HIN 5C R 5'08.64"	(3)MOK CHUN KIT 7L R 5'31.36"	(4)WONG CHUN CHUEN 3B Y 5'34.81"
		(5)WONG KWOK LAI 6F R 5'46.56"	(6)TSUI MING KI 7L B 5'46.73"	(7)HUI KIU TAT 7L B 5'49.02"	(8)YIP SAI CHEONG 6L G 5'50.54"
	<b>141MA-4X100R</b> <b>Boys A 4x100m House Relay</b>	(1)MA_GREEN AG G 0'50.26"	(2)MA_BLUE AB B 0'50.36"	(3)MA_RED AR R 0'51.22"	(4)MA_YELLOW AY Y 0'52.18"
	<b>144MA-4X400R</b> <b>Boys A 4x400m House Relay</b>	(1)MA_RED AR R 3'59.09"	(2)MA_BLUE AB B 4'08.23"	(3)MA_YELLOW AY Y 4'12.11"	(4)
	<b>151MA-HJ</b> <b>Boys A High Jump</b>	(1)LING SIK WING 4A G 1.65M	(2)CHU WAI YAT 5D B 1.50M	(3)CHEUNG HOI TSUNG ANDY 5C R 1.45M	(4)LAI WING KIN 5C Y 1.45M
		(5)CHAN CHUN MAN 6L Y 1.40M	(6)CHAN YI WAI 7L B 1.40M	(7)CHENG TUNG / WONG CHUN YUEN	

**BOYS**

		6H R	1.35M/6F G		
		1.35M			
<b>152MA-LJ</b> <b>Boys A Long Jump</b>	(1)MOK CHUN KIT	(2)WONG LUI	(3)LUK KWOK LEUNG	(4)LING SIK WING	
	7L R 5.46M	5A Y 5.38M	5B R 5.08M	4A G 5.05M	
	(5)TSE YING FUNG	(6)TSE TO TIN	(7)LAI WING KIN	(8)LAM TIK LUN	
	5B R 4.98M	5E B 4.88M	5C Y 4.78M	6L G 4.76M	
<b>153MA-TJ</b> <b>Boys A Triple Jump</b>	(1)TAM HOI MAN	(2)CHEUNG SHIU LUN	(3)WONG HON SAN	(4)CHAN CHUN LONG	
	4B B 12.36M	7L R 11.56M	5D R 11.50M	5C G 11.11M	
	(5)TAM KING YIU LEON	(6)WONG CHUN YUEN	(7)WONG KA CHUN	(8)LING HARROD HO PAK	
	6H R 10.71M	6F G 10.62M	6L B 10.52M	5D Y 10.40M	
<b>154MA-SP</b> <b>Boys A Shot Put</b>	(1)WONG TSZ KING	(2)LEE HON LUNG	(3)WONG CHIU WA	(4)CHAN YI WAI	
	4B R 09.53M	6L R 09.22M	5C Y 08.65M	7L B 08.43M	
	(5)WONG CHAK MAN	(6)CHENG TUNG	(7)NG SUI SANG	(8)NG MAN HIN	
	5E R 08.18M	6H R 08.04M	5E B 07.44M	7H Y 07.00M	
<b>155MA-DIS</b> <b>Boys A Discus</b>	(1)WONG TSZ KING	(2)LAI KAM YUEN	(3)KAO TING FUNG	(4)FONG POK WAI	
	4B R 23.85M	6H B 19.48M	5C Y 18.84M	6L R 17.65M	
	(5)TSUI MING KI	(6)LEE HON LUNG	(7)HIEW JOSHUA ZOEN GIT	(8)WONG CHIU WA	
	7L B 17.45M	6L R 17.43M	5B B 17.18M	5C Y 15.39M	
<b>156MA-JAV</b> <b>Boys A Javelin</b>	(1)WONG CHAK MAN	(2)TAM HOI MAN	(3)SHEK KA HIN	(4)LAI KAM YUEN	
	5E R 24.92M	4B B 24.59M	5C R 24.41M	6H B 21.50M	
	(5)LING HARROD HO PAK	(6)CHAN CHEUK CHUNG	(7)CHAN KWUN PAN	(8)LAM TIK LUN	
	5D Y 19.82M	7H Y 19.29M	5D Y 17.29M	6L G 15.48M	
<b>Grade B</b> <b>201MB-100</b> <b>Boys B 100m</b>	(1)MA SIU CHUN	(2)CHIU PAK LOK	(3)YIM KWAN LOK	(4)POON HUI KUN KELVIN	
	4E Y 12.61"	3C G 13.52"	4E Y 13.56"	4B B 13.77"	
	(5)LAU SUI HO	(6)KWOK MING FUNG	(7)YEUNG TSUN SING	(8)CHIN KWOK HO	
	3D Y 13.82"	4E Y 14.15"	3C G 14.34"	4B G 14.62"	
<b>202MB-200</b> <b>Boys B 200m</b>	(1)MA SIU CHUN	(2)CHAN HUNG KAI	(3)KONG HIU FUNG	(4)CHIU PAK LOK	
	4E Y 26.03"	3D Y 27.46"	2E R 28.06"	3C G 29.20"	
	(5)LAU SUI HO	(6)CHIU TSZ PAN	(7)CHIN KWOK HO	(8)LAI KA LONG	
	3D Y 29.35"	3B Y 29.97"	4B G 30.41"	4B B 30.45"	

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Names of Winners and Runner-ups  
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**BOYS**

**204MB-400**  
**Boys B 400m**

(1)FONG YAN HIN 3D B 1'00.60"	(2)CHAN HUNG KAI 3D Y 1'01.59"	(3)CHENG WUI YIN 4B B 1'02.40"	(4)KONG HIU FUNG 2E R 1'04.29"
(5)TSE KAI YEUNG 4E B 1'04.89"	(6)TSE YAN NGAI 3B Y 1'08.29"		

**208MB-800**  
**Boys B 800m**

(1)HO MAN HIN 4E R 2'35.58"	(2)TSE KAI YEUNG 4E B 2'42.12"	(3)YANG KWOK LAI 3D G 2'42.14"	(4)TSE YAN NGAI 3B Y 2'44.89"
(5)CHAN HON PAN 3C G 2'45.06"	(6)CHOW PAK HONG 4D R 2'45.50"	(7)LAW TSZ HO 3B B 2'53.13"	(8)KWOK CHUN TUNG 3D R 3'08.38"

**210MB-100H**  
**Boys B 100m H**

(1)FONG YAN HIN 3D B 17.29"	(2)CHOW HIU CHEONG 4D Y 19.59"	(3)POON HUI KUN KELVIN 4B B 20.23"	(4)IP HON MING 3D G 21.86"
(5)YEUNG TSUN SING 3C G 22.66"			

**215MB-1500**  
**Boys B 1500m**

(1)YANG KWOK LAI 3D G 5'43.20"	(2)HO MAN HIN 4E R 5'43.32"	(3)CHOW PAK HONG 4D R 5'51.41"	(4)LO JOHN DERWIN 3B Y 5'57.67"
(5)HO MING HO 4D G 6'05.98"	(6)CHEUNG HO KIT 2B R 6'08.08"	(7)CHENG WUI YIN 4B B 6'10.12"	(8)HUI LOK HIN 3B Y 6'25.82"

**241MB-4X100R**  
**Boys B 4X100m House Relay**

(1)MB_YELLOW BY Y 0'52.28"	(2)MB_RED BR R 0'55.51"	(3)MB_BLUE BB B 0'55.72"	(4)MB_GREEN BG G 1'00.18"
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**244MB-4X400R**  
**Boys B 4X400m House Relay**

(1)MB_RED BR R 4'26.95"	(2)MB_BLUE BB B 4'27.09"	(3)MB_GREEN BG G 4'35.11"	(4)
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**251MB-HJ**  
**Boys B High Jump**

(1)CHOW HIU CHEONG 4D Y 1.43M	(2)AU CHING NOK 4D Y 1.40M	(3)NG TAI WAI 3C B 1.38M	(4)CHAN KA YUEN 4D R 1.30M
(5)LAW TSZ HO 3B B 1.30M	(6)WONG TSZ CHUN IVAN 2E R 1.25M	(7)YANG KWOK LAI / TSOI WAI LEUNG 3D G 1.25M/4D R 1.25M	

**252MB-LJ**  
**Boys B Long Jump**

(1)FONG YAN HIN 3D B 5.22M	(2)CHAN HUNG KAI 3D Y 4.39M	(3)LEUNG KWAN LUN 4E R 4.29M	(4)LI KWAN HO 3D Y 4.26M
(5)HO MING HO 4D G 4.19M	(6)NGAI FOR TING 3B R 4.12M	(7)LEUNG CHUN WAH 3D G 4.12M	(8)CHEUNG TSZ HO 3D B 3.81M

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**BOYS**

**253MB-TJ**  
**Boys B Triple Jump**

(1)TSE KAI YEUNG 4E B 09.98M	(2)LEUNG KWAN LUN 4E R 09.76M	(3)WONG KA WAI 4D Y 09.42M	(4)LI KWAN HO 3D Y 09.02M
(5)TSOI WAI LEUNG 4D R 08.72M	(6)YIM KWAN LOK 4E Y 08.45M	(7)NG TAI WAI 3C B 08.31M	(8)CHUNG MAN HON 3D B 08.15M

**254MB-SP**  
**Boys B Shot Put**

(1)YEUNG HEY WO 3B G 09.15M	(2)WONG LOK HIM 3B R 08.35M	(3)HO KI FUNG 3B R 07.99M	(4)CHEUNG KA LUN 4C G 07.68M
(5)CHAN KAN CHI 4B G 07.13M	(6)CHAN YING CHAK 3E B 07.13M	(7)LAI YU YIU 4A R 06.38M	(8)YEUNG MAN KWONG 3C B 06.28M

**255MB-DIS**  
**Boys B Discus**

(1)CHENG SUI KIT 3D Y 25.49M	(2)YEUNG HEY WO 3B G 24.97M	(3)CHEUNG KA LUN 4C G 21.92M	(4)CHAN KAN CHI 4B G 21.42M
(5)SOU KIN HANG 4E G 17.30M	(6)CHAN YING CHAK 3E B 14.62M	(7)HO KI FUNG 3B R 13.01M	(8)KWOK CHUN TUNG 3D R 11.52M

**256MB-JAV**  
**Boys B Javelin**

(1)CHOW HIU CHEONG 4D Y 23.41M	(2)CHENG WUI YIN 4B B 20.80M	(3)IP HON MING 3D G 17.66M	(4)AU CHING NOK 4D Y 17.08M
(5)LIU MING HIN BERNARD 4E B 17.04M	(6)CHAN KA YUEN 4D R 16.91M	(7)CHENG SUI KIT 3D Y 14.95M	(8)NGAI FOR TING 3B R 13.22M

**Grade C**

**301MC-100**  
**Boys C 100m**

(1)WONG KAM SING 1C G 13.26"	(2)CHAN SIU LUNG 2A G 13.27"	(3)KWOK CHUN KIT 2E G 13.47"	(4)CHAN KA YU 2C Y 13.68"
(5)YAU CHING KUEN 2A B 13.76"	(6)LAU CHUN HIN 2A B 13.99"	(7)HUANG CHI YUK 2D R 14.24"	(8)WAN CHEUK LOK 1B Y 14.28"

**302MC-200**  
**Boys C 200m**

(1)CHAN SIU LUNG 2A G 28.09"	(2)WAN CHEUK LOK 1B Y 30.20"	(3)HUANG CHI YUK 2D R 30.39"	(4)NG TSZ FUNG 1A B 31.10"
(5)LAU SIU PO 1C G 31.19"	(6)CHAN WAI FU 2C G 31.31"	(7)LAI HEI CHUN 2A G 31.43"	(8)TSANG YIN LAM 2E B 32.51"

**304MC-400**  
**Boys C 400m**

(1)YAU CHING CHUNG 2C Y 1'02.62"	(2)SO HAO YU CLARENCE 2E G 1'06.77"	(3)HO WAN HANG 2B B 1'07.40"	(4)CHONG CHRISTOPHER 2D G 1'09.46"
(5)LAI HEI CHUN 2A G 1'11.27"	(6)LEE FAT KEI 2E G 1'12.95"	(7)LEE YIU CHEONG 1E R 1'12.96"	(8)TSE MAN HIN 2C R 1'17.37"

**308MC-800**  
**Boys C 800m**

(1)YAU CHING CHUNG 2C Y 2'34.25"	(2)YAU CHING SANG 2B G 2'43.48"	(3)LEE YIU CHEONG 1E R 2'47.92"	(4)DICKY LI CHEUK FUNG 2E G 2'48.61"
(5)LEE FAT KEI 2E G 2'54.16"	(6)HUI SUNG LAI 1D B 2'54.67"	(7)AU TSZ KI 2A R 2'59.39"	(8)LAM HEI 1A B 3'06.14"

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**BOYS**

<b>310MC-100H</b> <b>Boys C 100m H</b>	(1)MA KA WAI 2A B 18.67"	(2)KWOK CHUN KIT 2E G 19.21"	(3)SO HAO YU CLARENCE 2E G 19.38"	(4)KWAN HO YEUNG 2E R 20.03"
	(5)CHONG CHRISTOPHER 2D G 20.07"	(6)LEE CHUN HUNG 1B G 20.23"	(7)LEUNG WAI FU 2D B 20.87"	
<b>315MC-1500</b> <b>Boys C 1500m</b>	(1)HO WAN HANG **New Record** 2B B 5'30.06"	(2)YAU CHING SANG **New Record** 2B G 5'30.45"	(3)KWAN HO YEUNG 2E R 5'38.47"	(4)MA SIU FAI 1E R 6'12.34"
	(5)HUI SUNG LAI 1D B 6'12.89"	(6)CHAN WAI FU 2C G 6'32.32"	(7)WOO MING WAI 1A Y 6'44.72"	(8)LAM HEI 1A B 6'47.12"
<b>341MC-4X100R</b> <b>Boys C 4X100m House Relay</b>	(1)MC_GREEN **New Record** CG G 0'53.80"	(2)MC_YELLOW CY Y 0'55.23"	(3)MC_BLUE CB B 0'56.96"	(4)MC_RED CR R 0'57.74"
	<b>344MC-4X400R</b> <b>Boys C 4X400m House Relay</b>	(1)MC_GREEN CG G 4'40.04"	(2)MC_BLUE CB B 4'52.87"	(3)MC_RED CR R 4'52.99"
<b>351MC-HJ</b> <b>Boys C High Jump</b>	(1)YAU CHING CHUNG 2C Y 1.30M	(2)SO HAO YU CLARENCE 2E G 1.26M	(3)FONG TSZ HO 1D R 1.26M	(4)LI SUI LUN 2D B 1.22M
	(5)HO PUI HUNG 1D Y 1.17M	(6)KUNG YIU KIT 2D G 1.14M	(7)HO WAN HANG / LEE FAT KEI 2B B 1.08M/2E G 1.08M	
<b>352MC-LJ</b> <b>Boys C Long Jump</b>	(1)CHAN SIU LUNG 2A G 4.53M	(2)YAU CHING KUEN 2A B 4.49M	(3)KWOK CHUN KIT 2E G 4.42M	(4)
	(5)LAU CHUN HIN 2A B 4.24M	(6)MA KA WAI 2A B 4.06M	(7)WONG KAM SING 1C G 3.80M	(8)NG TSZ FUNG 1A B 3.63M
<b>354MC-SP</b> <b>Boys C Shot Put</b>	(1)YAU CHING KUEN 2A B 07.79M	(2)CHEUNG CHOR KIT 2D Y 07.48M	(3)CHAN KA YU 2C Y 07.20M	(4)WONG KAM SING 1C G 07.15M
	(5)YAU CHING SANG 2B G 07.03M	(6)LI CHI 2D R 06.56M	(7)CHOY CHUN LAP 2D R 06.05M	(8)YIU KWUN KAI 2B Y 05.08M
<b>Grade D</b> <b>408MD-800</b> <b>Boys S1 800m</b>	(1)	(2)	(3)	(4)
	<b>452MD-LJ</b> <b>Boys S1 Long Jump</b>	(1)HO KWAN HAU 1D G 3.10M	(2)LAW NGA HIN 1C R 2.45M	(3)KWAN KA KIT 1D G 2.34M
	(5)KWAN KI FUNG 1E Y 1.67M			

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**BOYS**

	<b>454MD-SP</b>	(1)NG TSZ HONG	(2)LAU CHO NAP	(3)LI YUNG SING	(4)LEUNG CHEUK YIU
	<b>Boys S1 Shot Put</b>	1A Y 07.04M	1C R 06.60M	1D Y 06.16M	1A G 05.86M
		(5)PANG CHUN HANG	(6)LEE CHUN YIN	(7)LEUNG YIU LUN	
		1C B 04.68M	1B Y 04.29M	1E G 03.36M	
<b>Grade O</b>	<b>930MO-3000</b>	(1)WONG KA CHUN	(2)SHEK KA HIN	(3)WONG CHUN CHUEN	(4)CHEUNG SHIU LUN
	<b>Boys Open 3000m</b>	6L B 12'02.44"	5C R 12'06.65"	3B Y 12'13.27"	7L R 12'16.37"

**MIXED**

	<b>991TO-4X100R</b>	(1)S1B	(2)S1D	(3)S1C	(4)S1E
	<b>S1 4x100m Relay</b>	1B 0'59.51"	1D 1'00.04"	1C 1'01.37"	1E 1'01.90"
		(5)S1A			
		1A 1'04.28"			
	<b>992TO-4X100R</b>	(1)S2C	(2)S2D	(3)S2A	(4)
	<b>S2 4X100m Relay</b>	2C 0'57.30"	2D 0'57.32"	2A 0'57.84"	
	<b>993TO-4X100R</b>	(1)S3D	(2)S3A	(3)S3C	(4)S3B
	<b>S3 4X100m Relay</b>	3D 0'59.87"	3A 1'01.60"	3C 1'01.68"	3B 1'03.58"
		(5)S3E			
		3E 1'04.17"			
	<b>994TO-4X100R</b>	(1)S4B	(2)S4A	(3)S4D	(4)S4E
	<b>S4 4X100m Relay</b>	4B 0'56.50"	4A 0'57.43"	4D 1'00.40"	4E 1'01.17"
		(5)S4C			
		4C 1'01.59"			
	<b>995TO-4X100R</b>	(1)S5B	(2)S5D	(3)S5C	(4)S5E
	<b>S5 4X100m Relay</b>	5B 0'55.33"	5D 0'56.96"	5C 0'58.31"	5E 0'58.90"
		(5)S5A			
		5A 1'01.77"			
	<b>996TO-4X100R</b>	(1)S6F <b>**New Record**</b>	(2)S7L	(3)S6H	(4)S7F
	<b>S6&amp;7 4X100m Relay</b>	6F 0'54.60"	7L 0'56.64"	6H 0'58.08"	7F 0'58.51"
		(5)S7H	(6)S6L		
		7H 1'01.63"	6L 1'01.70"		

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**MIXED**

<b>999SS-4X100R</b> <b>Teacher &amp; Student 4x100m</b>	(1)Prefect Team	(2)Music Team	(3)Student Development Section	(4)Student Christian Fellowship
	SS 0'57.34"	SS 0'58.31"	SS 0'58.86"	SS 0'59.18"
	(5)Teacher	(6)Guidance	(7)Student Career's Team	(8)Civie Edu.
	SS 1'00.42"	SS 1'01.22"	SS 1'02.35"	SS 1'02.43"
<b>999ST-4X100R</b> <b>School Teams 4x100m Relay</b>	(1)Athletic Team	(2)Volleyball Team	(3)Football Team	(4)Dance & Basketball Team
	ST 0'54.13"	ST 0'56.90"	ST 0'57.04"	ST 0'59.76"
	(5)Table-tennis Team	(6)Badminton Team	(7)Handball Team	(8)Karate Team
	ST 1'00.16"	ST 1'00.20"	ST 1'00.60"	ST 1'01.30"