

聖公會林護紀念中學
第二十四屆運動大會

Finals Day Winner List

Event Code and Event Name	Names of Winners and Runner-ups Class, House, Record				
GIRLS					
Grade A	501WA-100 女子甲組一百米	(1)YEUNG PUI SHAN 6F R 14.85"	(2)TAI KA MAN 3B G 15.57"	(3)CHAN KA YAN 6L G 16.02"	(4)SHAM TSZ YING 7H G 16.43"
		(5)LAM MIU LING 4C R 16.94"	(6)CHOW MAN WAI 4A B 17.03"	(7)LAW CHUNG YI 7L R 17.65"	(8)HO KWOK IN 7L R 17.96"
	502WA-200 女子甲組二百米	(1)YEUNG PUI SHAN 6F R 31.13"	(2)WONG KA MAN 5C R 33.11"	(3)TAI KA MAN 3B G 33.45"	(4)CHAN KA YAN 6L G 33.51"
		(5)WONG HOI CHING 6H Y 35.07"	(6)KWAN PING MUI 6F G 36.12"	(7)YAU CHUI LING 3A B 37.56"	
	504WA-400 女子甲組四百米	(1)WONG KA MAN 5C R 1'16.66"	(2)LAM KWUN WA 3C G 1'17.33"	(3)YEUNG PUI LING 5C R 1'20.00"	(4)KAN HAY MAN 5E G 1'26.16"
		(5)LI SAI MAN 3C B 1'28.11"	(6)CHAN WING YAN 3C G 1'29.16"	(7)PONG MEI WA 5B B 1'29.70"	
	508WA-800 女子甲組八百米	(1)LAW HANG CHI 6L R 3'00.26"	(2)LI HO SAU 6H B 3'02.08"	(3)WAN AH YIN 4B G 3'12.87"	(4)CHAN WAI CHING 5C R 3'16.12"
		(5)CHAN WING YAN 3C G 3'33.87"	(6)MOK YIN YAT 5E Y 3'34.69"	(7)CHOW HIU YAN 1D B 3'48.81"	(8)TANG YUEN TING 7H R 3'58.66"
	510WA-100H 女子甲組100米欄	(1)NG PUI SHAN 7H Y 22.04"	(2)YEUNG WING KA 6H G 22.34"	(3)TANG YUEN TING 7H R 22.49"	(4)YAU CHUI LING 3A B 26.06"
		(5)TSANG YUEN LAM JENNY 7L G 26.07"	(6)CHOW MAN WAI 4A B 27.76"		
	515WA-1500 女子甲組千五百米	(1)LAW HANG CHI **New Record** 6L R 6'12.56"	(2)LI HO SAU **New Record** 6H B 6'30.45"	(3)WAN AH YIN **New Record** 4B G 6'34.26"	(4)CHAN WAI CHING **New Record**

GIRLS

								5C R	6'36.16"
	(5)KAN HAY MAN	(6)LI PUI HAN	(7)LAM YAN YU						
	5E G 7'30.19"	5E B 7'37.21"	7L R 8'46.37"						
541WA-4X100R	(1)WA_RED	(2)WA_GREEN	(3)WA_BLUE	(4)WA_YELLOW					
<i>女子甲組4x100社際接力</i>	AR R 1'01.60"	AG G 1'03.60"	AB B 1'05.74"	AY Y 1'08.18"					
544WA-4X400R	(1)WA_RED	(2)WA_GREEN	(3)WA_BLUE	(4)WA_YELLOW					
<i>女子甲組4x400社際接力</i>	AR R 5'08.64"	AG G 5'28.22"	AB B 5'41.67"	AY Y 5'54.51"					
551WA-HJ	(1)NG PUI SHAN	(2)TSE SAU FONG	(3)YEUNG WING KA	(4)LI SAI MAN					
<i>女子甲組跳高</i>	7H Y 1.32M	4B R 1.25M	6H G 1.15M	3C B 1.15M					
	(5)WAN AH YIN / CHAN MAN YI		(7)CHAN SUI SHUEN	(8)CHAN SIU LING					
	4B G 1.05M/6H R 1.05M		6F R 1.05M	5D G 1.05M					
552WA-LJ	(1)CHAN KA YAN	(2)YEUNG PUI LING	(3)YEUNG PUI SHAN	(4)LAM KWUN WA					
<i>女子甲組跳遠</i>	6L G 3.89M	5C R 3.81M	6F R 3.70M	3C G 3.51M					
	(5)LI SAI MAN	(6)CHAN LONG TING	(7)PONG MEI WA	(8)CHOY KIT YING					
	3C B 3.40M	6H Y 3.40M	5B B 3.37M	4A R 3.33M					
554WA-SP	(1)TSANG YUEN LAM JENNY	(2)MOK YIN YAT	(3)TSANG CHIU WING	(4)YIM FUNG YEE					
<i>女子甲組鉛球</i>	7L G 6.32M	5E Y 6.08M	6L B 5.74M	5E Y 5.39M					
	(5)NGAI WAI CHING	(6)WONG TIK YAN SABRINA	(7)HO YIM YAN	(8)CHOY KIT YING					
	4A B 5.29M	5E B 5.20M	5E R 5.16M	4A R 4.84M					
555WA-DIS	(1)CHIU KEI KAN	(2)TSANG YUEN LAM JENNY	(3)KWAN PING MUI	(4)LAM YAN YU					
<i>女子甲組擲鐵餅</i>	5B G 14.81M	7L G 14.48M	6F G 13.43M	7L R 13.25M					
	(5)CHAN YU YIN	(6)KEUNG PUI LING	(7)TAM TSZ NGA	(8)CHAN WAI YING					
	7F Y 12.76M	6F R 12.59M	6H G 12.19M	6L R 10.45M					
556WA-JAV	(1)CHAN SIU LING	(2)YEUNG WING KA	(3)LAM MIU LING	(4)HO YIM YAN					
<i>女子甲組標槍</i>	5D G 17.71M	6H G 15.17M	4C R 12.90M	5E R 12.76M					
	(5)SHUM OI LAN	(6)KWAN PING MUI	(7)WONG HUNG HA	(8)CHAN HIN WAI					
	4D Y 12.47M	6F G 10.19M	4B B 09.44M	5E B 09.23M					
Grade B	(1)HUI HOI MAN	(2)TO KIU FUNG	(3)YAU SUET YI	(4)YUEN MAN FUNG					
<i>女子乙組一百米</i>	4B Y 14.15"	3C G 14.79"	4C G 15.45"	3C G 16.18"					
	(5)LEE WING HANG	(6)YIP CHO KWAN	(7)SIT TSZ KWAN	(8)KAM MEI KI MAGGIE					
	4B Y 16.63"	3A Y 16.66"	2C R 17.25"	2D R 17.59"					

GIRLS

602WB-200 <i>女子乙組二百米</i>	(1)HUI HOI MAN 4B Y 30.48"	(2)TO KIU FUNG 3C G 31.79"	(3)YUEN MAN FUNG 3C G 33.65"	(4)CHAN MUN MUN 2B G 34.52"
	(5)YAU SUET YI 4C G 34.65"	(6)KO HOI CHING 3E B 38.98"	(7)LI CHUI TING 1A B 41.99"	(8)CHAN NGA YEE 2D B 42.53"
604WB-400 <i>女子乙組四百米</i>	(1)TAI HEI NGA 4C Y 1'17.99"	(2)WONG HIU YING 3E G 1'20.59"	(3)MOK YIN WA 2B Y 1'21.94"	(4)CHAU WING YEE 4E B 1'23.37"
	(5)HO SIN HANG 3D B 1'28.35"	(6)CHAN YUK YU 4C R 1'33.63"	(7)TZE WAI KWAN 3E G 1'43.22"	
608WB-800 <i>女子乙組八百米</i>	(1)WONG WAI TING 4A B 2'58.41"	(2)LAI WING YAN 3D R 3'18.34"	(3)FUNG TSZ WAI 3E R 3'21.02"	(4)CHAN WING MAN 4C G 3'24.48"
	(5)HO SIN HANG 3D B 3'27.85"	(6)CHAU WING YEE 4E B 3'32.39"	(7)LUN KA NAM 3C B 3'33.78"	(8)CHONG TAN NA 4E Y 3'44.41"
610WB-100H <i>女子乙組100米欄</i>	(1)CHAN LEE 2B R 20.14"	(2)CHAN MUN MUN 2B G 23.09"	(3)KAM MEI KI MAGGIE 2D R 24.27"	(4)CHAN SAU SHAN 3A B 24.54"
	(5)CHOI KWAN HAN 3B G 28.10"	(6)CHAN WAI YING 4E G 28.18"		
615WB-1500 <i>女子乙組千五米</i>	(1)WONG WAI TING **New Record** 4A B 5'50.23"	(2)MOK YIN WA 2B Y 6'50.16"	(3)LAI WING YAN 3D R 6'52.96"	(4)LO HEI MAN 4C B 6'59.30"
	(5)LUN KA NAM 3C B 7'26.20"	(6)HUI KA WOON 4A Y 7'36.02"	(7)CHAN WING MAN 4C G 7'41.07"	(8)NG YUN TUNG 4A G 7'41.15"
641WB-4X100R <i>女子乙組4x100社際接力</i>	(1)WB_GREEN BG G 1'00.80"	(2)WB_YELLOW BY Y 1'03.05"	(3)WB_RED BR R 1'03.19"	(4)WB_BLUE BB B 1'06.90"
	(1)WB_YELLOW BY Y 5'32.85"	(2)WB_GREEN BG G 5'43.00"	(3)WB_BLUE BB B 5'49.00"	(4)WB_RED BR R 5'53.46"
651WB-HJ <i>女子乙組跳高</i>	(1)AU LAI MUI 3D Y 1.21M	(2)WONG HIU YING 3E G 1.18M	(3)CHAN PUI SHAN 4D G 1.10M	(4)LEE WAI HAN 3E Y 1.05M
	(5)HON YING TUNG 4E R 1.05M	(6)LEUNG WAN CHI 4E Y 1.00M	(7)LEUNG YUEN TUNG / TZE WAI KWAN 3E R 1.00M/3E G 1.00M	

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652WB-LJ <i>女子乙組跳遠</i>	(1)HUI HOI MAN 4B Y 3.87M	(2)TO KIU FUNG 3C G 3.67M	(3)CHAN SAU SHAN 3A B 3.55M/	(4)CHAN WING YIN 3C Y 3.48M
	(5)NG YUN TUNG 4A G 3.46M	(6)YAU PO SIN 1B R 3.41M	(7)LAM YIK SHAN 4A Y 3.20M	(8)CHAN PUI SHAN 4D G 3.01M
654WB-SP <i>女子乙組鉛球</i>	(1)TAI HEI NGA 4C Y 07.76M	(2)SHUM LUI 3D R 06.74M	(3)CHAN HO YING 3E B 06.69M	(4)CHAN LEE 2B R 06.53M
	(5)CHEUNG MAN SHAN 4E B 06.51M	(6)LAU KA MAN 4D G 05.95M	(7)WONG SZE WAI 4B R 05.49M	(8)CHONG TAN NA 4E Y 05.36M
655WB-DIS <i>女子乙組擲鐵餅</i>	(1)LO HEI MAN 4C B 13.71M	(2)LAM TSZ HUNG 3C B 13.41M	(3)TAI HEI NGA 4C Y 13.23M	(4)CHOW KA YING 4A G 12.97M
	(5)CHU HOI LUN 4A R 12.92M	(6)HUI KA WOON 4A Y 12.15M	(7)CHUNG YING TING 3D R 11.95M	(8)HO CHING CHING 4E G 10.32M
656WB-JAV <i>女子乙組標槍</i>	(1)LO HEI MAN **New Record** 4C B 18.60M	(2)NGAI CHI CHING 4C G 14.14M	(3)WONG SZE WAI 4B R 11.38M	(4)NG YUN TUNG 4A G 09.16M
	(5)CHAN CHING HAN 4D B 08.46M	(6)CHAN WING YIN 3C Y 08.35M	(7)HON YING TUNG 4E R 07.80M	(8)YIP KA PO 4A R 05.71M
Grade C 701WC-100 <i>女子丙組一百米</i>	(1)CHIU TSZ KWAN 2D R 16.08"	(2)LO LOK SZE GRACE 1A G 16.52"	(3)LAM HO YI 1D Y 16.60"	(4)YUEN SIN MAN 2E R 16.89"
	(5)LAU PO SHAN 1E R 17.02"	(6)LEUNG CATRINA SZE KI 2C B 17.34"	(7)LAW KA YI 1E R 17.39"	(8)PANG WAI SHAN 2A Y 17.40"
702WC-200 <i>女子丙組二百米</i>	(1)FUNG YAN KI 2E G 35.47"	(2)LAU PO SHAN 1E R 36.73"	(3)LAM HO YI 1D Y 37.81"	(4)LAW KA YI 1E R 38.68"
	(5)YUEN SIN MAN 2E R 39.23"	(6)JIU WAI YU 1D Y 39.43"	(7)YEUNG HO CHING 1B R 39.74"	
704WC-400 <i>女子丙組四百米</i>	(1)CHEUNG HOI MAN 2A Y 1'22.18"	(2)LEUNG KARA 2E Y 1'23.34"	(3)FUNG YAN KI 2E G 1'23.66"	(4)LIU MING WAI 1A R 1'30.22"
	(5)WONG MAN KA 2A R 1'31.55"	(6)TSANG TSZ CHING 1E B 1'37.76"	(7)LAU TSZ LING 2E G 1'38.34"	(8)TANG CHUI YING 1C R 1'38.42"
708WC-800 <i>女子丙組八百米</i>	(1)CHEUNG HOI MAN 2A Y 3'40.00"	(2)MOK YIM TUNG 2D B 3'42.71"	(3)WONG LOK YI VIVIAN 2B Y 3'52.15"	(4)CHAN YAN HEI 1D G 3'56.00"
	(5)CHENG WING KA 2C R 3'57.04"	(6)HO YEE TING 1C B 4'01.26"	(7)LIU MING WAI 1A R 4'02.56"	(8)CHAN KIT YING 2C G 4'13.75"

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710WC-100H <i>女子丙組100米欄</i>	(1)CHIU TSZ KWAN 2D R 23.44"	(2)SO PUI YING 1E G 27.75"	(3)SHEK YING TING 2C B 29.08"	(4)YIP YAN YU 2E G 29.67"
	(5)HO YEE TING 1C B 32.68"			
715WC-1500 <i>女子丙組千五米</i>	(1)LEUNG KARA 2E Y 07'07.16"	(2)MOK YIM TUNG 2D B 07'33.69"	(3)YEUNG HO CHING 1B R 07'41.06"	(4)FUNG WING YI 1E G 07'48.83"
	(5)KWOK YEE TING 2C G 08'16.04"	(6)CHAN HUI SUM 1D R 08'20.46"	(7)MUI CHING MAN 1E B 08'29.47"	(8)CHOW MAN CHI 1B G 08'36.77"
741WC-4X100R <i>女子丙組4x100社際接力</i>	(1)WC_RED CR R 1'06.85"	(2)WC_YELLOW CY Y 1'09.19"	(3)WC_GREEN CG G 1'10.45"	(4)
	744WC-4X400R <i>女子丙組4x400社際接力</i>	(1)WC_RED CR R 6'06.93"	(2)WC_GREEN CG G 6'19.70"	(3)WC_BLUE CB B 6'49.74"
751WC-HJ <i>女子丙組跳高</i>	(1)YIP YAN YU 2E G 1.11M	(2)SIU YAN YEE 2A G 1.00M	(3)WONG MAN KA 2A R 0.96M	(4)SIN CHEUK YI 2A Y 0.93M
	(5)CHEW MEI WA 2D G 0.89M	(6)CHAN MAN CHING 2B Y 0.89M	(7)CHAN TSZ YU 2B B 0.89M	(8)WONG WAI YING 2E Y 0.75M
752WC-LJ <i>女子丙組跳遠</i>	(1)LAW KA YI 1E R 3.45M	(2)CHIU TSZ KWAN 2D R 3.40M	(3)PANG WAI SHAN 2A Y 3.16M	(4)LO LOK SZE GRACE 1A G 3.15M
	(5)SHEK YING TING 2C B 3.00M	(6)YUEN SIN MAN 2E R 2.99M	(7)LEUNG CATRINA SZE KI 2C B 2.98M	(8)SO PUI YING 1E G 2.64M
754WC-SP <i>女子丙組鉛球</i>	(1)WONG HIU YING 2E B 5.88M	(2)WONG KIT YEE 2B G 5.67M	(3)CHEW MEI WA 2D G 5.23M	(4)FUNG WAN KI 1A Y 5.21M
	(5)CHAN YUI CHEUNG 2D R 4.44M	(6)CHI YEE LOK 2A B 4.37M	(7)KWOK YAN YING 1E Y 4.20M	(8)TSUI TSZ YING 1C Y 4.17M
Grade D 801WD-100 <i>女子中一一百米</i>	(1)LAW YUEN TUNG 1C Y 17.91"	(2)LI YUN CHING 1D B 18.07"	(3)WONG KA MAN 1D Y 18.14"	(4)LAW YIN LAM 1B B 18.20"
	(5)NG TSZ WAI 1B G 18.41"	(6)LUI KA WING 1A B 18.58"	(7)LAU WAI MAN 1D B 18.62"	(8)TAM SZE MAN 1A B 20.98"
808WD-800 <i>女子中一八百米</i>	(1)TAM TSZ YAN 1E G 3'47.77"	(2)CHAN TIN YAN 1D Y 4'09.96"	(3)HO HEI MAN 1C G 4'11.88"	(4)CHAN YUEN LAAM 1C R 4'35.65"
	(5)FOK YING TUNG 1C Y 4'36.74"	(6)TSANG PING TING 1A Y 4'48.02"	(7)CHAK MANG KI 1A R 4'48.19"	(8)LAM KA CHING 1C B 4'48.30"

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852WD-LJ <i>女子中一 跳遠</i>	(1)CHENG WING FONG 1B Y 2.83M	(2)IP YEE CHING 1C R 2.77M	(3)FOK YEE KI 1D R 2.53M	(4)CHEUNG SHUK FAN 1C R 2.47M
	(5)YEUNG YEE LING 1E Y 2.42M	(6)NG LOK YI 1B R 2.27M	(7)WONG NGA TING 1A B 2.17M	(8)WONG HIU LAM 1C G 2.16M
854WD-SP <i>女子中一 鉛球</i>	(1)NG OI YAN **New Record** 1A B 5.40M	(2)CHENG JANICE TZE YAN 1B B 5.26M	(3)WONG YEE KI 1A Y 4.60M	(4)WONG HOI LING 1E R 4.53M
	(5)YIP TSZ YAN 1B R 3.75M			

BOYS

Grade A 101MA-100 <i>男子甲組一百米</i>	(1)KAN CHEUNG HENG 7L B 12.33"	(2)NG FUNG 5C G 12.76"	(3)WONG CHUN BUN 6L Y 12.88"	(4)CHAN KA KI 7H B 12.99"
	(5)CHAU CHUN KAI 5E Y 13.07"	(6)LING SIK WING 2A G 13.08"	(7)CHAN ANDREW 5A R 13.94"	
102MA-200 <i>男子甲組二百米</i>	(1)KAN CHEUNG HENG 7L B 25.95"	(2)NG TAI SHING 4C Y 26.23"	(3)WONG CHUN BUN 6L Y 27.58"	(4)WAN TING HO 5E G 29.03"
	(5)NGAI CHUN KIT 6H R 29.29"	(6)CHAN KA KI 7H B 29.68"	(7)LI CHI KONG 7H B 29.85"	
104MA-400 <i>男子甲組四百米</i>	(1)CHEUNG CHI NOK 7L R 0'56.12"	(2)NG TAI SHING 4C Y 0'59.51"	(3)MOK CHUN KIT 5D R 1'00.82"	(4)LAU TSZ KIU 5B G 1'04.90"
	(5)LAI KAM YUEN 4E B 1'05.72"	(6)TAI WANG KEI 7L B 1'06.57"		
108MA-800 <i>男子甲組八百米</i>	(1)CHEUNG CHI NOK 7L R 2'20.78"	(2)LAM HING LUN 5E B 2'24.23"	(3)MOK CHUN KIT 5D R 2'32.75"	(4)CHIU CHEUK HANG HENRY 6H Y 2'33.49"
	(5)CHENG CHI LAI 5D G 2'37.67"	(6)LAU TSZ KIU 5B G 2'39.28"	(7)LAI KAM YUEN 4E B 2'43.95 "	(8)TAI WANG KEI 7L B 2'47.72"
111MA-110H <i>男子甲組110米欄</i>	(1)CHUI TAK CHUEN 7H Y 18.82"	(2)WONG KWOK FAI 7F R 19.86"	(3)KAO TING KWOK 6F R 20.50"	(4)CHONG CHI SHING 5D Y 21.26"
	(5)KWAN YIK LOONG 5E B 21.60"	(6)FONG HO KEUNG 7L G 21.64"	(7)CHING MAN BUN 5A G 22.42"	(8)HO MAN WAI 6H Y 24.03"

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115MA-1500 <i>男子甲組千五米</i>	(1)LAM HING LUN 5E B 4'51.34"	(2)CHAU CHUN KAI 5E Y 5'04.85"	(3)CHAN MING CHIU 5E G 5'07.80"	(4)CHEUNG SHIU LUN 5E R 5'30.19"
	(5)KEI CHUN WING 6L B 5'36.83"	(6)LI WING TSANG 6H B 5'42.33"	(7)CHENG CHI LAI 5D G 5'48.07"	(8)YIN SZE LONG 5E R 5'49.01"
141MA-4X100R <i>男子甲組4x100社際接力</i>	(1)MA_BLUE AB B 0'50.84"	(2)MA_YELLOW AY Y 0'51.48"	(3)MA_GREEN AG G 0'52.00"	(4)MA_RED AR R 0'52.18"
	(1)MA_RED AR R 4'03.03"	(2)MA_BLUE AB B 4'07.84"	(3)MA_YELLOW AY Y 4'08.55"	(4)MA_GREEN AG G 4'41.51"
144MA-4X400R <i>男子甲組4x400社際接力</i>	(1)MA_RED AR R 4'03.03"	(2)MA_BLUE AB B 4'07.84"	(3)MA_YELLOW AY Y 4'08.55"	(4)MA_GREEN AG G 4'41.51"
	(1)CHEUNG SHIU LUN 5E R 1.58M	(2)LING SIK WING 2A G 1.55M	(3)KWONG PO HANG 6L B 1.55M	(4)LAI CHEUK HUNG 7H G 1.45M
151MA-HJ <i>男子甲組跳高</i>	(5)NG CHUN KAI 6L B 1.40M	(6)HUI YUN HANG 5B Y 1.35M	(7)LAI KAM YUEN 4E B 1.30M	(8)CHAN HO 6L Y 1.30M
	(1)NG TAI SHING 4C Y 5.78M	(2)KAN CHEUNG HENG 7L B 5.47M	(3)MOK CHUN KIT 5D R 5.45M	(4)HO MAN WAI 6H Y 5.24M
152MA-LJ <i>男子甲組跳遠</i>	(5)LING SIK WING 2A G 5.13M	(6)WAN TING HO 5E G 5.05M	(7)CHUI TAK CHUEN 7H Y 4.95M	(8)CHAN KA KI 7H B 4.65M
	(1)CHUI TAK CHUEN 7H Y 11.95M	(2)CHEUNG SHIU LUN 5E R 11.25M	(3)WONG KWOK FAI 7F R 11.24M	(4)HO MAN WAI 6H Y 10.87M
153MA-TJ <i>男子甲組三級跳遠</i>	(5)YAN TZE WAH 5E B 10.85M	(6)KWAN YIK LOONG 5E B 10.65M	(7)CHAN ANDREW 5A R 10.59M	(8)KWONG PO HANG 6L B 10.41M
	(1)WONG KWOK FAI 7F R 09.07M	(2)KAO TING KWOK 6F R 09.07M	(3)CHAN YI WAI 5D B 08.36M	(4)LAM CHUN TAK 5E Y 08.29M
154MA-SP <i>男子甲組鉛球</i>	(5)OR WAI NGAI 7L G 08.17M	(6)HO WAN NOK 6H Y 07.87M	(7)WONG YU HIM 7H R 07.75M	(8)HUNG YIN TIK 5C B 07.70M
	(1)HSIEH TSZ YEUNG 5D Y 25.31M	(2)LAM HING LUN 5E B 22.17M	(3)OR WAI NGAI 7L G 20.08M	(4)PANG WAI SHING 6F Y 18.33M
155MA-DIS <i>男子甲組擲鐵餅</i>	(5)KAO TING KWOK 6F R 18.22M	(6)HO YU KIT 7L G 17.70M	(7)LI WING TSANG 6H B 16.25M	(8)YU WAI LAP 5B G 15.72M
	(1)LEE YUK SING 6L G 30.49M	(2)HSIEH TSZ YEUNG 5D Y 29.83M	(3)CHAN HO 6L Y 21.76M	(4)HO YUNG CHI 6L R 20.86M
156MA-JAV <i>男子甲組標槍</i>	(5)YU WAI LAP 5B G 17.42M	(6)HUI CHUN PONG 5B B 16.42M	(7)CHAN MING CHIU 5E G 15.09M	(8)LAM YI KWONG 6H B 14.26M

BOYS

Grade B	201MB-100 <i>男子乙組一百米</i>	(1)YAU CHING NAM 4B R 12.52"	(2)WONG LUI 3A Y 12.90"	(3)LUK KWOK LEUNG 3C R 12.92"	(4)TUNG SUI MAN 4B R 13.09'
		(5)LEUNG TZE LONG 3C R 13.34"	(6)LUI KA HANG 3B Y 14.34"	(7)LAW WAI SIN 3E Y 14.43"	(8)WONG SIU WAI 1D G 14.75"
	202MB-200 <i>男子乙組二百米</i>	(1)YAU CHING NAM 4B R 26.44"	(2)LUK KWOK LEUNG 3C R 26.68"	(3)WONG KIN MING 4E Y 28.13"	(4)TUNG SUI MAN 4B R 28.71"
		(5)LAU KA YU 4D R 30.47"	(6)WAN SIU FAI 2C G 32.03"	(7)CHAN CHAK LAM 3C B 34.70"	
	204MB-400 <i>男子乙組四百米</i>	(1)WONG KA CHUN **New Record** 4E B 0'56.85"	(2)SHEK KA HIN 3A R 0'58.76"	(3)PANG YU KIU KELVIN 3A B 1'03.48"	(4)SUEN TSZ HO 3C G 1'04.20"
		(5)WONG CHUN YUEN 4A G 1'05.58"	(6)PANG MAN CHUN 4E Y 1'10.68"	(7)CHENG SIK KAM 2A G 1'12.31"	(8)POON NGO YEUNG 4C B 1'17.25"
	208MB-800 <i>男子乙組八百米</i>	(1)WONG KA CHUN **New Record** 4E B 2'18.53"	(2)CHAN CHUN KIT 4E Y 2'33.95"	(3)LAW MAN TSUN 3E B 2'37.85"	(4)LI YUI MING 2B R 2'38.84"
		(5)CHAN CHAK HO 3A G 2'43.16"	(6)TAM KAI HONG 3B G 2'54.15"	(7)CHAN KWUN PAN 3B Y 3'02.57"	(8)WONG CHUN WAI 3D R 3'03.64"
	210MB-100H <i>男子乙組100米欄</i>	(1)CHAN CHUN LONG 3A G 15.66"	(2)WONG LUI 3A Y 17.26"	(3)TAM HOI MAN 3A B 17.33"	(4)TSE YING FUNG 3C R 19.86"
		(5)CHAN HON KI 4B R 19.96"	(6)AU CHUN WAI 2E R 20.22"	(7)LAU KA YU 4D R 20.37"	
	215MB-1500 <i>男子乙組千五米</i>	(1)SHEK KA HIN 3A R 5'25.26"	(2)CHAN CHAK HO 3A G 5'32.24"	(3)HUNG KA YIP 3B R 5'34.73"	(4)LI YUI MING 2B R 5'36.54"
		(5)CHAN CHUN KIT 4E Y 5'43.64"	(6)CHAN YUNG FONG 4A G 6'11.22"	(7)CHAN SHING KIT 4E B 6'58.62"	(8)LAW MAN TSUN 3E B 7'15.95"
	241MB-4X100R <i>男子乙組4x100社際接力</i>	(1)MB_RED BR R 0'51.05"	(2)MB_BLUE BB B 0'52.25"	(3)MB_GREEN BG G 0'52.64"	(4)MB_YELLOW BY Y 0'56.29"
	244MB-4X400R <i>男子乙組4x400社際接力</i>	(1)MB_RED BR R 4'15.30"	(2)MB_BLUE BB B 4'22.19"	(3)MB_GREEN BG G 4'26.55"	(4)MB_YELLOW BY Y 4'54.68"
	251MB-HJ <i>男子乙組跳高</i>	(1)YAU CHING NAM 4B R 1.50M	(2)WONG LUI 3A Y 1.40M	(3)CHAN CHUN MAN 4D Y 1.30M	(4)TSOI LONG YIN 3E B 1.30M
		(5)TSE YING FUNG 3C R 1.25M	(6)CHU WAI YAT / CHAU WAI SUM 3D B 1.25M/4B G 1.25M		(8)NG SUI SANG 3D B 1.25M

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252MB-LJ
男子乙組跳遠

(1)CHAN CHUN LONG 3A G 5.08M	(2)AU CHUN WAI 2E R 4.70M	(3)LUK KWOK LEUNG 3C R 4.63M	(4)LIN KA CHUN 4D Y 4.62M
(5)WONG KIN MING 4E Y 4.44M	(6)TAM KING YIU LEON 4E R 4.39M	(7)PANG YU KIU KELVIN 3A B 4.28M	(8)CHAN CHAK HO 3A G 3.52M

253MB-TJ
男子乙組三級跳遠

(1)CHAN CHUN LONG 3A G 11.94M	(2)WONG KA CHUN 4E B 11.33M	(3)WONG CHUN YUEN 4A G 11.07M	(4)LIN KA CHUN 4D Y 10.50M
(5)LAM TIK LUN 4D G 10.41M	(6)FONG WAI KI 4E R 09.77M	(7)LI WING HO 4E B 09.21M	(8)TSE YING FUNG 3C R 08.70M

254MB-SP
男子乙組鉛球

(1)LEE HON LUNG 4E R 09.87M	(2)WONG TSZ KING 3B R 09.19M	(3)TUNG SUI MAN 4B R 08.87M	(4)CHAN CHUN KI 4D Y 08.69M
(5)LAM SIU WING 4D Y 07.70M	(6)HO KWAI CHIU 3A B 07.23M	(7)PANG MAN CHUN 4E Y 06.44M	(8)YAU CHUNG YIN 4A G 06.35M

255MB-DIS
男子乙組擲鐵餅

(1)WONG TSZ KING 3B R 27.14M	(2)LEE HON LUNG 4E R 23.85M	(3)FONG POK WAI 4E R 23.56M	(4)PANG MAN CHUN 4E Y 22.64M
(5)CHUNG WAI KIU 4D B 22.21M	(6)WONG CHIU WA 3B Y 19.18M	(7)YAU CHUNG YIN 4A G 14.85M	(8)SUEN KA CHEUK 3A B 13.62M

256MB-JAV
男子乙組標槍

(1)SHEK KA HIN 3A R 25.75M	(2)CHAU WAI SUM 4B G 21.54M	(3)CHUNG WAI KIU 4D B 18.09M	(4)WONG CHUN CHUEN 1B Y 17.25M
(5)WONG CHIU WA 3B Y 16.95M	(6)HO KWAI CHIU 3A B 13.62M	(7)CHAN HON KI 4B R 11.81M	(8)WONG LOK HIM 1B R 10.66M

Grade C

301MC-100
男子丙組一百米

(1)MA SIU CHUN 2C Y 14.24"	(2)NG TSZ HIM 1E R 15.23"	(3)KWOK MING FUNG 2D Y 15.48"	(4)CHIU PAK LOK 1E G 15.57"
(5)LAU SUI HO 1D Y 16.02"	(6)POON HUI KUN KELVIN 2B B 16.09"	(7)LI KWAN HO 1A Y 16.37"	(8)LAI HEI YEUNG 1E R 16.59"

302MC-200
男子丙組二百米

(1)TO PUI KUEN 2B G 32.03"	(2)HO CHUN SING 2B Y 32.35"	(3)NG TSZ HIM 1E R 32.59"	(4)CHIU PAK LOK 1E G 33.50"
(5)LAW TSZ HO 1A B 34.81"	(6)CHIU TSZ PAN 1A Y 35.39"	(7)LI KWAN HO 1A Y 37.07"	(8)NG LONG YU 1B Y 37.82"

304MC-400
男子丙組四百米

(1)TSE KAI YEUNG 2E B 1'07.34"	(2)TIN CHUN KWOK 2E R 1'11.76"	(3)TO PUI KUEN 2B G 1'11.78"	(4)CHENG WUI YIN 2E B 1'14.70"
(5)CHAN KA YUEN 2E R 1'15.03"	(6)LAI HEI YEUNG 1E R 1'15.11"	(7)CHIU TSZ PAN 1A Y 1'21.36"	

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308MC-800 <i>男子丙組八百米</i>	(1)TSE KAI YEUNG 2E B 2'41.13"	(2)HO MAN HIN 2D R 2'47.92"	(3)CHOW HIU CHEONG 2E Y 2'47.95"	(4)YIM KWAN LOK 2E Y 3'09.70"
	(5)FONG YAN HIN 1D B 3'10.14"		(7)YAN MAN CHING 1D B 3'25.92"	(8)CHAN YIN CHEUNG 1C R 3'31.04"
310MC-100H <i>男子丙組100米欄</i>	(1)CHOW HIU CHEONG 2E Y 20.75"	(2)LAU SUI HO 1D Y 20.89"	(3)SIT MATTHEW KOON YIP 2D B 21.56"	(4)LAM TSZ LOK 2C B 22.69"
	(5)LEE WAI MING 2C G 23.21"	(6)CHUI TSZ KIT 1E R 24.97"	(7)CHOW PAK HONG 2E R 25.05"	(8)YANG KWOK LAI 1D G 26.07"
315MC-1500 <i>男子丙組千五米</i>	(1)AU CHING NOK 2E Y 5'47.83"	(2)HO MAN HIN 2D R 6'17.19"	(3)CHAN HUNG KAI 1E Y 6'27.90"	(4)CHENG WUI YIN 2E B 6'59.12"
	(5)CHOW PAK HONG 2E R 7'03.25"	(6)KWOK MING FUNG 2D Y 7'06.05"	(7)SHING NOK MAN 1E B 7'35.11"	(8)CHAN YU HEI 1E B 7'59.57"
341MC-4X100R <i>男子丙組4x100社際接力</i>	(1)MC_RED CR R 0'59.00"	(2)MC_BLUE CB B 1'00.00"	(3)MC_YELLOW CY Y 1'01.90"	(4)MC_GREEN CG G 1'08.54"
	(1)MC_RED CR R 5'11.34"	(2)MC_BLUE CB B 5'22.53"	(3)MC_YELLOW CY Y 5'24.43"	(4)MC_GREEN CG G 5'58.79"
351MC-HJ <i>男子丙組跳高</i>	(1)NG TAI WAI 1A B 1.26M	(2)CHAN KA YUEN 2E R 1.23M	(3)LAW TSZ HO 1A B 1.11M	(4)TSE YAN NGAI 1A Y 1.05M
	(5)CHIU TSZ PAN 1A Y 1.02M	(6)CHIU TING CHUN 1A R 1.02M	(7)CHENG KEVIN HOI MAN 1E G 0.98M	(8)SHAM KIT 1C B 0.95M
352MC-LJ <i>男子丙組跳遠</i>	(1)FONG YAN HIN 1D B 4.18M	(2)HO MING HO 2D G 3.93M	(3)LAM SHING CHUN CALVIN 2D R 3.91M	(4)TO PUI KUEN 2B G 3.40M
	(5)LAU SUI HO 1D Y 3.35M	(6)CHAN KAN CHI 2B G 3.20M	(7)CHENG KEVIN HOI MAN 1E G 3.04M	(8)CHAN YU HEI 1E B 2.97M
354MC-SP <i>男子丙組鉛球</i>	(1)CHEUNG KA LUN 2E G 06.25M	(2)CHOW HIU CHEONG 2E Y 06.14M	(3)LAW TSZ KIT 2D B 05.98M	(4)CHAN KAN CHI 2B G 05.81M
	(5)TAM KWOK HEI 2B B 05.49M	(6)LAI YU YIU 2D R 05.25M	(7)CHENG SUI KIT 1A Y 05.11M	(8)WONG KA SHING 2C B 04.81M
Grade D 401MD-100 <i>男子中一一百米</i>	(1)YEUNG TSUN SING 1A G 16.85"	(2)CHUNG CHEUK KIT / LEUNG KWAN YEUNG SAMSON 1B Y 17.66"/1C G 17.66"	(3)	(4)TAI YIN KIT 1C G 17.74"

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	(5)CHENG HIU WA 1C Y 17.75"	(6)NGAI FOR TING 1D R 18.48"	(7)PONG YAT WA 1B B 18.74"	(8)LO KA WING 1A B 18.81"
408MD-800 <i>男子中一八百米</i>	(1)IP HON MING 1D G 3'40.22"	(2)CHEUNG CHUN HIN 1E Y 3'43.04"	(3)CHAU TAK SAU 1E R 3'45.57"	(4)CHAN CHUNG PIU 1E R 5'33.18"
	(5)LAM CHUN KIT 1B G 5.52.98"			
452MD-LJ <i>男子中一跳遠</i>	(1)POON KA CHUN 1D R 3.37M	(2)AU WING KIT 1B B 2.98M	(3)TSOI WAI LOK 1A B 2.93M	(4)KWOK CHUN TUNG 1D R 2.73M
	(5)SHIU TSZ CHUNG 1C Y 2.63M	(6)LI WING TUNG 1A Y 2.53M	(7)CHAM CHUN YIN 1E Y 2.28M	(8)TAI CHIN HONG 1B B 2.14M
454MD-SP <i>男子中一鉛球</i>	(1)LIU KWOK HIN 1B G 04.44M	(2)LAM LEUNG KIT 1A G 04.32M	(3)YUNG KAI MAU 1C R 04.27M	(4)YU SIU CHUNG 1B B 04.17M
	(5)CHEUNG KEVIN 1C R 04.04M	(6)TANG CHUNG TING 1C Y 03.86M	(7)CHOY SIU HEI 1E Y 03.76M	(8)WONG CHUN MING 1B B 03.73M
Grade O 930MO-3000 <i>男子公開組三千米</i>	(1)LAM HING LUN **New Record** 5E B 10'59.92"	(2)WONG KA CHUN **New Record** 4E B 10'59.99"	(3)CHAU CHUN KAI 5E Y 11'26.79"	(4)CHAN MING CHIU 5E G 11'40.31"
	(5)TSE TO TIN 3E B 12'24.00"	(6)SHEK KA HIN 3A R 12'46.00"	(7)CHENG CHI LAI 5D G 13'19.00"	(8)HUI KIU TAT 5D B 13'25.00"

MIXED

991TO-4X100R <i>中一級4x100m接力</i>	(1)1A 1A 1'05.07"	(2)1C 1C 1'06.03"	(3)1E 1E 1'06.44"	(4)1D 1D 1'06.98"
	(5)1B 1B 1'07.00"			
992TO-4X100R <i>中二級4X100接力</i>	(1)2B 2B 0'59.69"	(2)2E 2E 1'00.31"	(3)2A 2A 1'00.57"	(4)2C 2C 1'01.28"
	(5)2D 2D 1'03.29"			
993TO-4X100R <i>中三級4X100接力</i>	(1)3C 3C 0'55.66"	(2)3A 3A 0'57.77"	(3)3E 3E 0'58.91"	(4)3B 3B 0'59.24"
	(5)3D 3D 1'01.52"			

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MIXED

994TO-4X100R <i>中四級4X100接力</i>	(1)4B **New Record**	(2)4C	(3)4A	(4)4E
	4B 0'54.61"	4C 0'56.42"	4A 0'59.97"	4E 1'00.44"
	(5)4D			
	4D 1'04.03"			
995TO-4X100R <i>中五級4X100接力</i>	(1)5C	(2)5E	(3)5D	(4)5B
	5C 0'57.47"	5E 0'59.39"	5D 0'59.93"	5B 1'00.49"
	(5)5A			
	5A 1'01.47"			
996TO-4X100R <i>中六、七級4X100接力</i>	(1)6F	(2)6L	(3)7H	(4)7L
	6F 0'56.59"	6L 0'56.81"	7H 0'57.51"	7L 0'57.82"
	(5)6H	(6)7F		
	6H 0'58.81"	7F 1'04.04"		
999SS-4X100 <i>師生4x100邀請接力</i>	(1)SA	(2)Prefect	(3)Boy Scout & Girl Guide	(4)Student Career's Team
	SS 0'58.48"	SS 0'59.60"	SS 1'00.96"	SS 1'01.98"
	(5)Guidance	(6)SU-A	(7)SU-B	(8)SU-C
	SS 1'01.99"	SS 1'02.24"	SS 1'02.28"	SS 1'04.55"
999ST-4X100 <i>校隊4x100接力</i>	(1)Athletic Team	(2)Basketball Team	(3)Karate Team	(4)Badminton Team
	ST 0'54.15"	ST 0'57.47"	ST 0'58.35"	ST 0'59.08"
	(5)Volleyball Team	(6)Dance Team	(7)Table-tennis Team	
	ST 0'59.76"	ST 1'01.89"	ST 1'06.97"	