

聖公會林護紀念中學
第二十三屆運動大會

Finals Day Winner List

Event Code and Event Name	Names of Winners and Runner-ups Class, House, Record					
GIRLS	Grade A	501WA-100 女子甲組一百米	(1)YEUNG PUI SHAN 5C R 14.79"	(2)CHAN KA YAN 5E G 15.76"	(3)NG PUI SHAN 6H Y 16.21"	(4)SHAM TSZ YING 6H G 16.70"
			(5)TONG LAI SZE 5C B 16.73"	(6)LAM MIU LING 3A R 17.15"	(7)WONG WING YEE 6H R 17.43"	
	502WA-200 女子甲組二百米	(1)YEUNG PUI SHAN 5C R 30.40"	(2)CHAN KA YAN 5E G 32.86"	(3)WONG HOI CHING 5E Y 33.28"	(4)TONG LAI SZE 5C B 34.64"	
		(5)SHAM TSZ YING 6H G 34.73"	(6)KWAN PING MUI 5C G 35.64"	(7)TONG SAU FAN 4C R 37.43"	(8)SHUM KIN WAH 7S Y 38.59"	
	504WA-400 女子甲組四百米	(1)LAM KWUN WA 2D G 1'17.60"	(2)YEUNG PUI LING 4C R 1'18.82"	(3)LO YIK MEI 5D B 1'21.82"	(4)LAM MIU LING 3A R 1'26.96"	
		(5)CHEUNG PUI CHU 6F B 1'31.39"	(6)YIP KA YAN 6F Y 1'31.52"	(7)CHAN WAI YING 5D R 1'35.57"	(8)CHAN MAN TING 2A R 1'39.38"	
	508WA-800 女子甲組八百米	(1)LAW HANG CHI 5E R 2'56.77"	(2)WAN AH YIN 3C G 3'01.79"	(3)CHEUNG KA WAI 3D R 3'03.14"	(4)LI HO SAU 5C B 3'03.18"	
		(5)TSUI YUK HUNG 3C R 3'26.42"	(6)WONG YEE MEI 7A G 3'32.42"	(7)CHUNG PUI PUI 6F B 3'36'04"	(8)YIP SHUK YAN 6F B 3'50.37"	
	510WA-100H 女子甲組100米欄	(1)NG PUI SHAN 6H Y 21.98"	(2)LAW HANG CHI 5E R 22.14"	(3)TSANG YUEN LAM JENNY 6L G 22.31"	(4)CHIU YUK HING 5E G 22.58"	
		(5)TANG YUEN TING 6H R 23.06"	(6)TJHIN TSZ CHING 5C B 28.55"			
	515WA-1500 女子甲組千五米	(1)WAN AH YIN 3C G 6'36.28"	(2)LI HO SAU 5C B 6'37.32"	(3)LAM KWUN WA 2D G 6'46.98"	(4)YEUNG PUI LING 4C R 6'52.30"	
		(5)TSUI YUK HUNG 3C R 7'19.23"	(6)IP WAI SHAN 5E Y 7'25.32"	(7)TANG YUEN TING 6H R 7'25.42"	(8)CHUNG PUI PUI 6F B 7'30.64"	

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541WA-4X100R <i>女子甲組4x100社際接力</i>	(1)WA_RED AR R 1'02.02"	(2)WA_BLUE AB B 1'02.10"	(3)WA_GREEN AG G 1'04.05"	(4)WA_YELLOW AY Y 1'05.47"
	(1)WA_RED AR R 5'13.04"	(2)WA_BLUE AB B 5'15.21"	(3)WA_GREEN AG G 5'22.61"	(4)WA_YELLOW AY Y 5'29.07"
544WA-4X400R <i>女子甲組4x400社際接力</i>	(1)NG PUI SHAN 6H Y 1.28M	(2)LO EVAN / YEUNG WING KA 7A B 1.25M/5E G 1.25M	(3)	(4)WONG HOI CHING 5E Y 1.18M
	(5)CHIU YUK HING 5E G 1.13M	(6)CHAN MAN YI / LO YIK MEI / YIP KA YAN 5C R 1.05M/5D B 1.05M/6F Y 1.05M		
552WA-LJ <i>女子甲組跳遠</i>	(1)YEUNG PUI LING 4C R 4.04M	(2)YEUNG PUI SHAN 5C R 3.89M	(3)LO EVAN 7A B 3.77M	(4)LAU CHO KIU 4B B 3.69M
	(5)CHAN KA YAN 5E G 3.65M	(6)LI SAI MAN 2A B 3.64M	(7)LAM KWUN WA 2D G 3.51M	(8)CHAN LAI YING 7A G 3.48M
554WA-SP <i>女子甲組鉛球</i>	(1)TSANG YUEN LAM JENNY 6L G 6.49M	(2)LUK PO YAN 5C G 6.31M	(3)CHIU MAN YI 6F Y 6.30M	(4)TSANG CHIU WING 5E B 5.70M
	(5)CHOY KIT YING 3A R 5.30M	(6)CHAN MAN YI 5C R 4.81M	(7)GOW KING LEONG 5E G 4.76M	(8)MAK YUK CHI 2A Y 4.45M
555WA-DIS <i>女子甲組擲鐵餅</i>	(1)TSANG YUEN LAM JENNY 6L G 16.30M	(2)TSANG CHIU WING 5E B 15.45M	(3)KWAN PING MUI 5C G 14.61M	(4)CHIU MAN YI 6F Y 13.97M
	(5)CHAN YU YIN 6F Y 13.36M	(6)LAM YAN YU 6L R 12.92M	(7)CHAN WAI YING 5D R 12.75M	(8)TAM TSZ NGA 5C G 12.41M
556WA-JAV <i>女子甲組標槍</i>	(1)LUK PO YAN 5C G 17.49M	(2)WAN YU 6F Y 16.10M	(3)YEUNG WING KA 5E G 15.56M	(4)LAM MIU LING 3A R 14.44M
	(5)CHIU YUK HING 5E G 12.92M	(6)CHAN YU YIN 6F Y 10.13M	(7)KEUNG PUI LING 5B R 09.92M	(8)GOW KING LEONG 5E G 08.82M
Grade B 601WB-100 <i>女子乙組一百米</i>	(1)HUI HOI MAN 3C Y 14.60"	(2)YAU SUET YI 3A G 16.03"	(3)TAI KA MAN 2C G 16.08	(4)LEE WING HANG 3C Y 16.35"
	(5)YIP CHO KWAN 2B Y 16.51"	(6)CHOW MAN WAI 3E B 17.66"	(7)YAU CHUI LING 2A B 17.96"	

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602WB-200 女子乙組二百米	(1)HUI HOI MAN 3C Y 30.56"	(2)WONG KA MAN 4C R 31.61"	(3)YAU SUET YI 3A G 34.06"	(4)LEE WING HANG 3C Y 35.91"
	(5)LAM YIK SHAN 3E Y 35.92"	(6)HO SIN YU 3E R 36.32"		
604WB-400 女子乙組四百米	(1)WONG KA MAN 4C R 1'13.22"	(2)MOK YIN WA 1B Y 1'17.60"	(3)TSE SAU FONG 3C R 1'18.88"	(4)CHAU WING YEE 3E B 1'21.18"
	(5)LAM YIK SHAN 3E Y 1'22.69"	(6)CHAN WING YAN CECILIA 2B G 1'22.87"	(7)NG YUN TUNG 3E G 1'24.31"	(8)HO CHING CHING 3E G 1'26.64"
608WB-800 女子乙組八百米	(1)WONG WAI TING 3C B 3'08.66"	(2)CHAN WAI CHING 4C R 3'11.88"	(3)PONG MEI WA 4B B 3'17.90"	(4)CHONG TAN NA 3E Y 3'19.11"
	(5)CHAU WING YEE 3E B 3'29.49"	(6)HUI KA WOON 3E Y 3'32.29"	(7)TANG LING YAN 3C R 3'39.83"	(8)MAK CHOI PING 1D R 3'48.42"
610WB-100H 女子乙組100米欄	(1)TSE SAU FONG 3C R 21.69"	(2)TIN KEI SHAN 4B B 21.92"	(3)CHAN MUN MUN 1A G 25.90"	(4)CHOW MAN WAI 3E B 25.93"
	(5)YAU CHUI LING 2A B 26.76"	(6)MOK YIN YAT 4E Y 28.71"	(7)CHEUK HIU SHA 1B G 29.78"	
615WB-1500 女子乙組千五米	(1)WONG WAI TING 3C B 6'31.54"	(2)CHAN WAI CHING 4C R 7'06.10"	(3)TAI HEI NGA 3C Y 7'13.42"	(4)CHAN WING YAN CECILIA 2B G 7'20.89"
	(5)CHEUNG LOK YEE 4D G 7'25.98"	(6)MAK CHOI PING 1D R 8'17.37"	(7)TING YING 3D B 8'20.22"	(8)CHENG NGA WAN 4B R 8'29.45"
641WB-4X100R 女子乙組4x100社際接力	(1)WB_YELLOW BY Y 1'01.44"	(2)WB_GREEN BG G 1'03.05"	(3)WB_RED BR R 1'03.49"	(4)WB_BLUE BB B 1'05.34"
	(1)WB_YELLOW BY Y 5'19.79"	(2)WB_RED BR R 5'29.27"	(3)WB_GREEN BG G 5'32.45"	(4)WB_BLUE BB B 5'36.18"
651WB-HJ 女子乙組跳高	(1)HON YING TUNG 3E R 1.08M	(2)MOK YIN YAT 4E Y 1.05M	(3)CHEUNG HO YAN / LEUNG WAN CHI 3B G 1.05M/3E Y 1.05M	(4)
	(5)NG YUN TUNG / TING YING 3E G 1.05M/3D B 1.05M		(7)YIM FUNG YEE / CHAU WING YEE / TANG LING YAN 4E Y 1.00M/3E B 1.00M/3C R 1.00M	

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652WB-LJ <i>女子乙組跳遠</i>	(1)HUI HOI MAN 3C Y 3.99M	(2)NG YUN TUNG 3E G 3.89M	(3)TSE SAU FONG 3C R 3.78M	(4)CHAN SAU SHAN 2B B 3.50M
	(5)TIN KEI SHAN 4B B 3.41M	(6)TANG LING YAN 3C R 3.33M	(7)CHAN MUN MUN 1A G 3.09M	(8)WONG TIK YAN SABRINA 4E B 2.96M
654WB-SP <i>女子乙組鉛球</i>	(1)TAI HEI NGA 3C Y 06.99M	(2)CHEUNG MAN SHAN 3D B 06.45M	(3)HO YIM YAN 4E R 06.13M	(4)WONG TIK YAN SABRINA 4E B 06.00M
	(5)CHOW MAN WAI 3E B 06.00M	(6)KAN HAY MAN 4E G 05.75M	(7)CHIU KEI KAN 4B G 05.72M	(8)CHONG TAN NA 3E Y 04.62M
655WB-DIS <i>女子乙組擲鐵餅</i>	(1)TAI HEI NGA 3C Y 15.15M	(2)CHIU KEI KAN 4B G 12.68M	(3)KAN HAY MAN 4E G 12.59M	(4)CHU HOI LUN 3E R 12.07M
	(5)LO HEI MAN 3C B 12.03M	(6)CHAN WAI CHING 4C R 11.98M	(7)LAU SIN YU 4D Y 11.19M	(8)LING KAM YU 4C G 10.81M
656WB-JAV <i>女子乙組標槍</i>	(1)LO HEI MAN 3C B 12.44M	(2)WONG SZE WAI 3C R 12.34M	(3)PONG MEI WA 4B B 08.60M	(4)HO YIM YAN 4E R 08.00M
	(5)SZE YING YING FANNY 3D B 07.55M	(6)YAU SUET YI 3A G 07.46M	(7)TSE LOK YIN 3B R 06.94M	(8)YIP KA PO 3B R 06.30M
Grade C 701WC-100 <i>女子丙組一百米</i>	(1)TO KIU FUNG 2B G 15.46"	(2)LEUNG KARA 1E Y 16.47"	(3)CHIU TSZ KWAN 1E R 16.54"	(4)CHAN HIU TUNG 2E Y 17.14"
	(5)YEUNG MEI SIM / YUEN SIN MAN 1C B 17.33"/1D R 17.33"		(7)LAU TSZ LING 1E G 23.84"	
702WC-200 <i>女子丙組二百米</i>	(1)TO KIU FUNG 2B G 31.85"	(2)CHAN LEE 2A R 34.08"	(3)YUEN SIN MAN 1D R 35.14"	(4)WONG KING YIU 1D R 35.39"
	(5)KWOK YEE TING 1D G 35.78"	(6)LEUNG CATRINA SZE KI 1C B 37.16"		
704WC-400 <i>女子丙組四百米</i>	(1)WONG HIU YING 2D G 1'22.57"	(2)LUN KA NAM 2D B 1'24.96"	(3)HO SIN HANG 2D B 1'25.53"	(4)TSE YING YIN 2D G 1'30.58"
	(5)TZE WAI KWAN 2D G 1'31.18"	(6)LAM KEI SIN 1D Y 1'31.49"	(7)WONG MAN KA 1B R 1'33.74"	(8)PAN KA KI 2D B 1'34.35"

GIRLS

708WC-800 <i>女子丙組八百米</i>	(1)LAI WING YAN 2C R 3'12.63"	(2)FUNG TSZ WAI 2E R 3'14.40"	(3)MOK YIM TUNG 1D B 3'19.69"	(4)HO SIN HANG 2D B 3'20.99"
	(5)WONG HIU YING 2D G 3'29.39"	(6)CHAN HO YING 2E B 3'37.66"	(7)WONG MEN CHU 2B G 3'50.07"	(8)TZE WAI KWAN 2D G 4'00.30"
710WC-100H <i>女子丙組100米欄</i>	(1)CHAN LEE 2A R 21.54"	(2)CHIU TSZ KWAN 1E R 22.86"	(3)YEUNG CHOI FEI 2B B 25.22"	(4)CHO WAI YING 1E G 30.83"
	(5)YU WING YU 1D Y 37.68"	(6)CHAN SZE WAH 1E R 38.01"	(7)CHOI KWAN HAN 2C G 42.27"	(8)WONG WING CHI 1D G 43.49"
715WC-1500 <i>女子丙組千五米</i>	(1)LAI WING YAN 2C R 06'56.08"	(2)LUN KA NAM 2D B 07'05.22"	(3)MOK YIM TUNG 1D B 07'23.19"	(4)CHOI KWAN HAN 2C G 08'01.26"
	(5)KWOK YEE TING 1D G 08'42.07"	(6)CHUNG KA YING 1A R 08'47.30"	(7)NG HOI YING 2E R 08'48.16"	(8)CHAN SZE WAH 1E R 09'26.81"
741WC-4X100R <i>女子丙組4x100社際接力</i>	(1)WC_GREEN CG G 1'02.42"	(2)WC_RED CR R 1'03.14"	(3)WC_YELLOW CY Y 1'06.40"	(4)WC_BLUE CB B 1'07.81"
	(1)WC_RED CR R 5'44.23"	(2)WC_GREEN CG G 5'51.56"	(3)WC_BLUE CB B 5'57.77"	(4)WC_YELLOW CY Y 6'40.72"
751WC-HJ <i>女子丙組跳高</i>	(1)WONG HIU YING 2D G 1.20M	(2)CHUNG SIN TING SANDY 1C B 1.01M	(3)SIU YAN YEE 1B G 0.99M	(4)CHOI KWAN HAN 2C G 0.95M
	(5)NG WING SUM 1A Y 0.90M	(6)WU YAN TING 1A Y 0.90M	(7)SIT TSZ KWAN / CHAU YEUK LING 1B R 0.90M/1E B 0.90M	
752WC-LJ <i>女子丙組跳遠</i>	(1)TO KIU FUNG 2B G 3.37M	(2)CHAN WING YIN 2B Y 3.34M	(3)YEUNG MEI SIM 1C B 3.27M	(4)PANG WAI SHAN 1B Y 3.26M
	(5)LEUNG KARA 1E Y 3.21M	(6)MOK YIM TUNG / FUNG KWOK YI / LEUNG CATRINA SZE KI 1D B 2.83M/2D Y 2.83M/1C B 2.83M		
754WC-SP <i>女子丙組鉛球</i>	(1)SHUM LUI 2D R 6.24M	(2)CHAN HO YING 2E B 5.70M	(3)WONG KIT YEE 1B G 5.19M	(4)TSE YING YIN 2D G 5.15M
	(5)CHEUNG WING YIU 2C R 5.01M	(6)PANG NA 2A B 4.26M	(7)POON KA YEE 1C R 4.23M	(8)LEUNG SIN IENG 2C Y 3.79M

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Grade D	801WD-100 <i>女子中一一百米</i>	(1)CHAN HOI KIU 1E G 17.43"	(2)YU WING YAN 1C B 17.48"	(3)SEE TIK NI 1A G 17.67"	(4)LEE SIN WING 1B B 18.16"
		(5)LI SIN YIU 1E B 18.39"	(6)TAM HOI LUN 1B B 19.08"		
	808WD-800 <i>女子中一八百米</i>	(1)CHEUNG HOI MAN 1B Y 3'35.86"	(2)YIP YAN YU 1D G 3'42.65"	(3)CHAN KA PO 1A Y 4'28.43"	(4)LEUNG MEI KWAN 1D R 5'10.47"
		(5)IP WING KI 1C Y 5'21.76"			
	852WD-LJ <i>女子中一跳遠</i>	(1)AU LOK YAN 1E R 2.98M	(2)SHEK YING TING 1E B 2.89M	(3)PANG LAI LAI 1E B 2.67M	(4)NIP KA 1A R 2.50M
		(5)LAW HIU CHING 1A B 2.20M	(6)YUNG HEI KWAN 1D B 2.18M	(7)WONG KING YEE 1E Y 1.86M	(8)MA SO SUM 1B Y 1.75M
	854WD-SP <i>女子中一鉛球</i>	(1)WONG HIU YING **New Record** 1E B 5.27M	(2)CHEW MEI WA 1D G 4.99M	(3)LEE YEE HANG CHRISTINA 1D G 4.63M	(4)LEUNG SZE CHAI 1E G 4.54M
		(5)TANG SHUK CHUN 1E Y 4.50M	(6)LEE SZE CHUNG APRIL 1E Y 4.49M		

BOYS

Grade A	101MA-100 <i>男子甲組一百米</i>	(1)KAN CHEUNG HENG 6L B 12.08"	(2)AU YEUNG KA HO 5B R 12.51"	(3)WONG CHUN BUN 5E Y 12.62"	(4)CHAN KA KI 6H B 12.85"
		(5)NG WING FUNG 7S R 12.86"	(6)HUI CHUN YUEN 7A G 13.28"	(7)CHAN CHEUK HON 4D Y 13.55"	
	102MA-200 <i>男子甲組二百米</i>	(1)KAN CHEUNG HENG 6L B 25.22"	(2)AU YEUNG KA HO 5B R 25.60"	(3)LAM KAI HO 7S B 26.41"	(4)NG CHUN FAI 6H R 28.25"
		(5)FONG HO KEUNG 6L G 28.35"	(6)CHAN CHEUK HON 4D Y 28.91"	(7)TSANG HING NING 4D B 31.25"	(8)CHAN KA KI 6H B 34.51"
	104MA-400 <i>男子甲組四百米</i>	(1)CHEUNG CHI NOK 6L R 0'56.35"	(2)LAI KAM YUEN 3D B 1'01.27"	(3)WONG TING HO 5A B 1'02.11"	(4)CHAN NAI KEUNG 7A R 1'05.07"
		(5)YU CHUN KIT 5D R 1'06.43"	(6)KO TAI WAI, DEREK 5B G 1'11.82"	(7)CHUNG TZE YIN 5A B 1'13.29"	

BOYS

108MA-800 <i>男子甲組八百米</i>	(1)CHEUNG CHI NOK 6L R 2'19.50"	(2)CHUNG HO TING ELTON 5D G 2'21.02"	(3)MOK CHUN KIT 4D R 2'23.37"	(4)LAI KAM YUEN 3D B 2'28.28"
	(5)NG WING FUNG 7S R 2'29.42"	(6)WONG TING HO 5A B 2'34.89"	(7)TAI WANG KEI 6L B 2'35.84"	(8)LAW KA SHING 7S R 2'35.86"
111MA-110H <i>男子甲組110米欄</i>	(1)TAI KO KIU 7S B 18.80"	(2)CHUI TAK CHUEN 6H Y 19.27"	(3)WONG KWOK FAI 6F R 19.34"	(4)WONG SIU PONG 5B B 19.44"
	(5)TONG CHIN FAI 6L Y 19.61"	(6)FONG HO KEUNG 6L G 20.34"	(7)NG YU HIN 5D G 21.06 "	(8)WONG CHUN TO 7A B 21.38"
115MA-1500 <i>男子甲組千五米</i>	(1)CHUNG HO TING ELTON 5D G 5'06.85"	(2)MOK CHUN KIT 4D R 5'16.47"	(3)TAI WANG KEI 6L B 5'37.72"	(4)LAW KA SHING 7S R 5'47.37"
	(5)LEUNG HO YIN 5A B 6'03.77"	(6)LAI CHEUK HUNG 6H G 6'07.46"	(7)HO YU KIT 6L G 6'11.97"	(8)LI CHI KONG 6H B 6'12.46"
141MA-4X100R <i>男子甲組4x100社際接力</i>	(1)MA_BLUE AB B 0'49.06"	(2)MA_RED AR R 0'50.40"	(3)MA_GREEN AG G 0'52.30"	(4)MA_YELLOW AY Y 0'53.66"
	(1)MA_RED AR R 3'55.42"	(2)MA_BLUE AB B 4'01.05"	(3)MA_YELLOW AY Y 4'23.48"	(4)MA_GREEN AG G 4'26.18"
151MA-HJ <i>男子甲組跳高</i>	(1)TAI KO KIU 7S B 1.75M	(2)LEE YUK SING 5E G 1.50M	(3)CHENG MAN LUNG 6L Y 1.50M	(4)MOK CHUN KIT 4D R 1.45M
	(5)CHAN HO / WONG SHUN YU 5E Y 1.35M/4E Y 1.35M		(7)LAI CHEUK HUNG 6H G 1.35M	(8)LAI KAM YUEN 3D B 1.35M
152MA-LJ <i>男子甲組跳遠</i>	(1)KAN CHEUNG HENG 6L B 5.67M	(2)HO MAN WAI 5E Y 5.46M	(3)HUI CHUN YUEN 7A G 5.38M	(4)CHAN KA KI 6H B 5.05M
	(5)CHUI TAK CHUEN 6H Y 4.71M	(6)AU YEUNG KA HO 5B R 4.67M	(7)NG CHUN KAI 5D B 4.61M	(8)WONG SIU TING 5C R 4.53M
153MA-TJ <i>男子甲組三級跳遠</i>	(1)TAI KO KIU 7S B 12.18M	(2)HUI CHUN YUEN 7A G 11.83M	(3)CHUI TAK CHUEN 6H Y 11.81M	(4)LEE SHUN HANG 7A B 11.20M
	(5)HO MAN WAI 5E Y 11.01M	(6)WONG KWOK FAI 6F R 10.58M	(7)LEUNG HO YIN 5A B 10.43M	(8)CHUNG HO TING ELTON 5D G 10.30M
154MA-SP <i>男子甲組鉛球</i>	(1)LUI TAK WING 5A Y 09.32M	(2)TONG CHIN FAI 6L Y 08.86M	(3)OR WAI NGAI 6L G 08.59M	(4)LAM KAI HO 7S B 08.27M
	(5)WONG YU HIM 6H R 07.95M	(6)LI WING TSANG 5D B 07.63M	(7)CHAN SIN 6L Y 07.31M	(8)LO WAI CHUN 5A R 07.26M

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BOYS

	155MA-DIS <i>男子甲組擲鐵餅</i>	(1)LI WING TSANG 5D B 20.99M	(2)TONG CHIN FAI 6L Y 20.85M	(3)WONG PUI HANG 5A R 18.82M	(4)NG WING FUNG 7S R 18.67M
		(5)LEUNG KONG FAI 4B B 18.47M	(6)HO YU KIT 6L G 18.35M	(7)CHENG MAN LUNG 6L Y 17.98M	(8)KEI CHUN WING 5D B 17.33M
	156MA-JAV <i>男子甲組標槍</i>	(1)LUI TAK WING 5A Y 38.28M	(2)LEE YUK SING 5E G 33.50M	(3)LEE SHUN HANG 7A B 32.62M	(4)HO YUNG CHI 5D R 22.76M
		(5)WONG CHUN BUN 5E Y 22.62M	(6)HUI CHUN PONG 4B B 19.55M	(7)YU WAI LAP 4B G 18.79M	(8)CHEUNG CHI NOK 6L R 16.40M
Grade B	201MB-100 <i>男子乙組一百米</i>	(1)NG TAI SHING 3B Y 12.68"	(2)TUNG SUI MAN 3C R 12.72"	(3)LING SIK WING 1B G 12.85"	(4)NG FUNG 4C G 13.17"
		(5)HO CHEONG TING 4D B 13.41"	(6)CHAU WAI SUM 3C G 13.55"	(7)LAU KA YU 3B R 13.67"	(8)MOK KING WAI 1D G 14.39"
	202MB-200 <i>男子乙組二百米</i>	(1)NG TAI SHING 3B Y 25.88"	(2)WAN TING HO 4E G 28.11"	(3)WONG KIN MING 3E Y 28.13"	(4)LAM YIU TUNG 4D G 28.62"
		(5)LAU KA YU 3B R 28.80"	(6)CHAN SHING KIT 3D B 29.89"	(7)NG YU POK 1B G 30.21"	
	204MB-400 <i>男子乙組四百米</i>	(1)WONG KA CHUN EDDIE **New Record** 3D B 0'57.36"	(2)SHEK KA HIN 3B R 0'58.00"	(3)WAN TING HO 4E G 1'02.02"	(4)YAU CHING NAM 3C R 1'02.15"
		(5)CHING MAN BUN 4A G 1'04.12"	(6)LAI WING KIN 2B Y 1'04.84"	(7)CHAN SHING KIT 3D B 1'07.90"	(8)MOK KING WAI 1D G 1'08.89"
	208MB-800 <i>男子乙組八百米</i>	(1)CHEUNG SHIU LUN 4E R 2'20.89"	(2)SHEK KA HIN 3B R 2'22.93"	(3)WONG KA CHUN EDDIE 3D B 2'23.46"	(4)CHAN MING CHIU 4E G 2'25.35"
		(5)CHENG CHI LAI 4D G 2'40.29"	(6)CHAN CHUN MAN 3B Y 2'44.78"	(7)LEE HON LUNG 3C R 2'45.81"	(8)WU LE FENG 4D G 2'51.80"
	210MB-100H <i>男子乙組100米欄</i>	(1)CHAN HON KI 3A R 20.45"	(2)HUI YUN HANG 4B Y 20.91"	(3)HON CHI KAN 4C G 21.18"	(4)CHAU WAI SUM 3C G 21.56"
		(5)TUON KWOK PING 4B R 21.84"	(6)POON HUI KUN KELVIN 1B B 22.72"	(7)SIT MATTHEW KOON YIP 1E B 25.64"	
	215MB-1500 <i>男子乙組千五百米</i>	(1)CHEUNG SHIU LUN **New Record**	(2)CHAN MING CHIU **New Record**	(3)LAM HING LUN 4E B 5'08.11"	(4)CHAU CHUN KAI 4E Y 5'20.42"

BOYS

	4E R 4'52.72"	4E G 4'56.68"		
	(5)HUI YUN HANG 4B Y 5'30.68"	(6)LAI WING KIN 2B Y 5'31.96"	(7)WONG CHUN YUEN 3D G 5'38.56"	(8)CHENG CHI LAI 4D G 5'39.11"
241MB-4X100R <i>男子乙組4x100社際接力</i>	(1)MB_RED BR R 0'50.93"	(2)MB_GREEN BG G 0'50.98"	(3)MB_YELLOW BY Y 0'51.52"	(4)MB_BLUE BB B 0'52.56"
244MB-4X400R <i>男子乙組4x400社際接力</i>	(1)MB_YELLOW BY Y 4'08.94"	(2)MB_RED BR R 4'10.91"	(3)MB_GREEN BG G 4'13.32"	(4)MB_BLUE BB B 4'17.44"
251MB-HJ <i>男子乙組跳高</i>	(1)CHEUNG SHIU LUN 4E R 1.57M	(2)LING SIK WING 1B G 1.55M	(3)YAU CHING NAM 3C R 1.45M	(4)TSOI LONG YIN 2E B 1.25M
	(5)LUK CHI CHUNG 4A G 1.15M	(6)NG FUNG 4C G 1.15M	(7)CHAU WAI SUM 3C G 1.15M	
252MB-LJ <i>男子乙組跳遠</i>	(1)NG TAI SHING 3B Y 5.64M	(2)LING SIK WING 1B G 5.02M	(3)WONG KA CHUN EDDIE 3D B 5.00M	(4)LAW MUN CHUEN 4B R 4.98M
	(5)WAN TING HO 4E G 4.90M	(6)HO CHEONG TING 4D B 4.78M	(7)LAM TIK LUN 3C G 4.63M	(8)NG CHUNG TAT JOHNSON 4A B 4.59M
253MB-TJ <i>男子乙組三級跳遠</i>	(1)YAN TZE WAH 4E B 10.91M	(2)YAU CHING NAM 3C R 10.78M	(3)WONG CHUN YUEN 3D G 10.72M	(4)WU LE FENG 4D G 10.09M
	(5)CHONG CHI SHING 4D Y 09.86M	(6)LAM TIK LUN 3C G 09.59M	(7)CHENG HONG CHAK 4E G 08.81M	(8)CHENG WAI LUN 4D Y 08.21M
254MB-SP <i>男子乙組鉛球</i>	(1)LEE HON LUNG 3C R 09.26M	(2)WONG TSZ KING 2C R 09.18M	(3)LAM SIU WING 3C Y 08.14M	(4)CHUNG WAI KIU 3A B 07.96M
	(5)LAW MUN CHUEN 4B R 07.91M	(6)TUNG SUI MAN 3C R 07.86M	(7)HO KWAI CHIU 2A B 07.57M	(8)LEE KA NOK 3A G 06.11M
255MB-DIS <i>男子乙組擲鐵餅</i>	(1)WONG TSZ KING 2C R 27.96M	(2)HSIEH TSZ YEUNG 4D Y 27.89M	(3)LAM HING LUN 4E B 23.88M	(4)LEE HON LUNG 3C R 20.21M
	(5)KAM KWUN SHING 4C Y 18.91M	(6)CHAN CHI HO 4D B 18.33M	(7)CHENG TUNG 3E R 17.50M	(8)CHAN MING CHIU 4E G 17.45M
256MB-JAV <i>男子乙組標槍</i>	(1)CHUNG WAI KIU 3A B 21.08M	(2)TAI KIN SING 4D B 16.75M	(3)SHEK KA HIN 3B R 16.44M	(4)CHUNG SIU FAI 4B G 13.76M
	(5)LUK CHI CHUNG 4A G 12.77M	(6)AU CHING NOK 1C Y 10.33M	(7)LAW HON WING 4C B 10.13M	(8)WONG YAT HONG 3E Y 06.99M

BOYS

Grade C	301MC-100 <i>男子丙組一百米</i>	(1)LUK KWOK LEUNG 2B R 13.19"	(2)LEUNG TZE LONG 2A R 13.51"	(3)CHAN CHUN LONG 2B G 13.78"	(4)NG SUI SANG 2D B 13.85"
		(5)TAM HOI MAN 2A B 14.14"	(6)CHAN CHAK HING 2B R 14.35"	(7)SUEN TSZ HO 2A G 14.66"	(8)PANG YU KIU KELVIN 2A B 15.81"
	302MC-200 <i>男子丙組二百米</i>	(1)LUK KWOK LEUNG 2B R 27.02"	(2)NG SUI SANG 2D B 28.53"	(3)CHAN CHAK HING 2B R 29.28"	(4)YIM KWAN LOK 1E Y 31.54"
		(5)CHU WAI YAT 2D B 32.22"	(6)YEUNG CHI HO 2A Y 32.33"	(7)TO PUI KUEN 1C G 32.72"	
	304MC-400 <i>男子丙組四百米</i>	(1)SUEN TSZ HO 2A G 1'04.88"	(2)PANG YU KIU KELVIN 2A B 1'05.35"	(3)WONG LUI 2B Y 1'09.32"	(4)CHAN CHAK HO 2A G 1'10.53"
		(5)LAI KIT LONG 1C Y 1'14.63"	(6)CHU POK MAN 2D G 1'15.53"	(7)CHENG WUI YIN 1D B 1'16.81"	(8)SOON KA WING 2C B 1'18.95"
	308MC-800 <i>男子丙組八百米</i>	(1)LI YUI MING 1B R 2'38.45"	(2)TSE KAI YEUNG 1E B 2'39.53"	(3)LAW MAN TSUN 2D B 2'57.15"	(4)CHENG WUI YIN 1D B 3'02.05"
		(5)CHIN KWOK HO 1B G 3'02.16"	(6)TAM KAI HONG 2D G 3'02.18"	(7)CHAN KA YUEN 1A R 3'03.15"	(8)CHU POK MAN 2D G 3'05.01"
	310MC-100H <i>男子丙組100米欄</i>	(1)WONG LUI 2B Y 18.60"	(2)CHAN CHUN LONG 2B G 18.74"	(3)TAM HOI MAN 2A B 19.35"	(4)HUNG KA YIP 2C R 21.97"
		(5)LAI KA LONG 1B B 22.14"	(6)LUI KA HANG 2C Y 22.44"	(7)LI CHUN WAI 2C G 23.54"	(8)LAM KAM CHAN 1B B 23.56"
	315MC-1500 <i>男子丙組千五米</i>	(1)LI YUI MING 1B R 5'31.98"	(2)HUNG KA YIP 2C R 5'39.14"	(3)CHAN CHAK HO 2A G 5'43.65"	(4)HO MAN HIN 1D R 6'13.15"
		(5)LAI KIT LONG 1C Y 6'28'73"	(6)CHENG SIK KAM 1C G 6'29.20"	(7)LAW MAN TSUN 2D B 6'47.25"	(8)WAN KA YU 2B B 6'56.87"
	341MC-4X100R <i>男子丙組4x100社際接力</i>	(1)MC_RED CR R 0'54.96"	(2)MC_BLUE CB B 0'55.35"	(3)MC_GREEN CG G 0'56.10"	(4)MC_YELLOW CY Y 0'56.28"
	344MC-4X400R <i>男子丙組4x400社際接力</i>	(1)MC_RED CR R 4'38.35"	(2)MC_GREEN CG G 4'48.83"	(3)MC_YELLOW CY Y 5'19.28"	(4)MC_BLUE CB B 5'49.80"
	351MC-HJ <i>男子丙組跳高</i>	(1)TAM HOI MAN 2A B 1.35M	(2)WONG LUI 2B Y 1.35M	(3)CHU WAI YAT 2D B 1.30M	(4)TSE YING FUNG 2A R 1.23M
		(5)CHEUNG TSUN HANG / CHAN KA YUEN 1A Y 1.13M/1A R		(7)HUNG KA YIP 2C R 1.13M	(8)LAW MAN TSUN 2D B 1.13M

BOYS

		1.13M					
352MC-LJ <i>男子丙組跳遠</i>	(1)LUK KWOK LEUNG	(2)CHAN CHUN LONG	(3)AU CHUN WAI	(4)CHU WAI YAT			
	2B R 5.01M	2B G 4.77M	1D R 4.37M	2D B 4.22M			
	(5)YEUNG CHI HO	(6)NG SUI SANG	(7)LING HO PAK HARROD	(8)TSE YING FUNG			
	2A Y 4.11M	2D B 4.10M	2E Y 4.07M	2A R 3.78M			
354MC-SP <i>男子丙組鉛球</i>	(1)WONG CHIU WA	(2)SIU YAT MAN	(3)LEUNG KWAN LUN	(4)LI YUI MING			
	2C Y 07.47M	2C Y 06.38M	1D R 05.56M	1B R 05.08M			
	(5)CHAN KAN CHI	(6)NG CHEUK HEI	(7)CHEUNG KA HIN	(8)HO CHUN YIN			
	1B G 03.97M	1D B 03.94M	2C G 03.91M	2C Y 03.90M			
Grade D 401MD-100 <i>男子中一一百米</i>	(1)SIU LOK HEI	(2)LEE FU FAI	(3)LEE WAI MING	(4)YU LIK HANG			
	1A Y 15.51"	1B G 16.37"	1B G 17.82"	1E R 18.66"			
	(5)CHUI LUNG YAT	(6)NG CHUN YIN	(7)CHAN SAI WING	(8)CHEUNG CHUN YIN			
	1A Y 18.68"	1A Y 19.43"	1A Y 19.49"	1D Y 19.78"			
408MD-800 <i>男子中一八百米</i>	(1)YAU WAI KIT	(2)TIN CHUN KWOK	(3)LEUNG KAM KWAN	(4)WONG KA WAI			
	1E G 2'57.11"	1E R 3'14.56"	1B Y 3'35.28"	1E Y 3'35.63"			
	(5)CHEUNG YIK SAN	(6)CHAK WAI HO	(7)LAM SIU PAN	(8)TSE WING YAN			
	1E R 3'53.17"	1D G 3'59.70"	1D G 4'03.31"	1E Y 4'05.72"			
452MD-LJ <i>男子中一跳遠</i>	(1)CHOW HIU CHEONG	(2)HO MING HO	(3)LAI CHUNG YIN	(4)KWAN SIU HANG			
	1D Y 3.29M	1D G 3.20M	1D G 2.70M	1B B 2.33M			
	(5)TANG WAI KIT	(6)LEE TAK YAN	(7)CHUNG MAN HO / SIN PAK HO				
	1C Y 1.95M	1E R 1.80M	1C B 1.70M/1B G 1.70M				
454MD-SP <i>男子中一鉛球</i>	(1)CHEUNG KA LUN	(2)LAI YU YIU	(3)LAW TSZ KIT	(4)LEUNG CHI KIT			
	1D G 06.10M	1D R 05.28M	1E B 05.14M	1E B 05.05M			
	(5)LAW HO TUNG	(6)LIU MING HIN	(7)MAN TSZ KIT				
	1E R 05.02M	1D B 03.24M	1B R 02.83M				
Grade O 930MO-3000 <i>男子公開組三千米</i>	(1)CHAN MING CHIU **New Record**	(2)CHEUNG SHIU LUN **New Record**	(3)LAM HING LUN **New Record**	(4)YAU CHING NAM **New Record**			
	4E G 11'01.79"	4E R 11'07.38"	4E B 11'18.72"	3C R 11'22.37"			
	(5)LAI WING KIN	(6)MOK CHUN KIT	(7)CHENG CHI LAI	(8)CHAN NAI KEUNG			
	2B Y 11'43.29"	4D R 12'06.04"	4D G 12'08.00"	7A R 12'13.10"			

Event Code and
Event Name

Names of Winners and Runner-ups
Class, House, Record

MIXED

991TO-4X100R <i>中一級4x100m接力</i>	(1)1B		(2)1E		(3)1D		(4)1A	
	1B	1'00.34"	1E	1'01.37"	1D	1'01.51"	1A	1'03.91"
	(5)1C							
	1C	1'03.94"						
992TO-4X100R <i>中二級4X100接力</i>	(1)2B		(2)2A		(3)2C		(4)2E	
	2B	0'55.89"	2A	0'58.48"	2C	0'59.52"	2E	1'01.93"
993TO-4X100R <i>中三級4X100接力</i>	(1)3C		(2)3D		(3)3A		(4)3B	
	3C	0'54.07"	3D	0'59.00"	3A	0'59.33"	3B	0'59.48"
	(5)3E							
	3E	1'00.10"						
994TO-4X100R <i>中四級4X100接力</i>	(1)4C		(2)4B		(3)4D		(4)4E	
	4C	0'55.69"	4B	0'57.98"	4D	0'58.19"	4E	0'58.85"
	(5)4A							
	4A	0'59.23"						
995TO-4X100R <i>中五級4X100接力</i>	(1)5E **New Record**		(2)5C **New Record**		(3)5D		(4)5B	
	5E	0'55.25"	5C	0'55.79"	5D	0'56.73"	5B	0'58.26"
	(5)5A							
	5A	1'01.49"						
996TO-4X100R <i>中六、七級4X100接力</i>	(1)7A **New Record**		(2)6H		(3)6F		(4)6L	
	7A	0'54.86"	6H	0'56.05"	6F	0'58.33"	6L	0'59.17"
	(5)7S							
	7S	1'03.36"						
999SS-4X100 <i>師生4x100邀請接力</i>	(1)SU-A		(2)Prefect		(3)SHPC		(4)Guidance	
	SS	0'56.33"	SS	0'56.56"	SS	0'57.62"	SS	0'59.11"
	(5)SA		(6)Civie Edu.		(7)SU-B		(8)Library	
	SS	0'59.16"	SS	0'59.92"	SS	1'00.44"	SS	1'00.51"
999ST-4X100 <i>校隊4x100接力</i>	(1)Athletic Team		(2)Karate Team		(3)Volleyball Team		(4)Basketball Team	
	ST	0'55.33"	ST	0'56.24"	ST	0'57.54"	ST	0'58.25"
	(5)Badminton Team		(6)Table-tennis Team		(7)Dance Team			
	ST	1'00.96"	ST	1'04.48"	ST	1'05.79"		