

聖公會林護紀念中學  
第二十二屆運動大會

*Finals Day Winner List*

Event Code and Event Name	Names of Winners and Runner-ups Class, House, Record					
<b>GIRLS</b>	<b>Grade A</b>	<b>501WA-100</b> 女子甲組一百米	(1)CHENG PUI LAI 6A B 15.85"	(2)YEUNG PUI LING 3B R 15.88"	(3)NG PUI SHAN 5E Y 16.65"	(4)YAU CHUI LING 1A B 17.08"
			(5)TSANG YUEN LAM JENNY 5E G 17.38"	(6)SHAM TSZ YING 5E G 17.44"	(7)WU SHUK MAN 5B Y 17.98"	(8)LAM CHING YU 5A R 22.27"
	<b>502WA-200</b> 女子甲組二百米	(1)YEUNG PUI SHAN 4C R 29.73"	(2)YEUNG PUI LING 3B R 31.92"	(3)CHENG PUI LAI 6A B 33.71"	(4)KWAN PING MUI 4C G 36.08"	
		(5)TONG SAU FAN 3D R 37.43"	(6)SHUM KIN WAH 6S Y 39.24"			
	<b>504WA-400</b> 女子甲組四百米	(1)YEUNG PUI SHAN 4C R 1'11.99"	(2)CHEUNG KA WAI 2E R 1'13.27"	(3)LI HO SAU 4C B 1'14.13"	(4)LO EVAN 6A B 1'21.85"	
		(5)SHAM TSZ YING 5E G 1'29.51"	(6)WONG YEE MEI 6A G 1'31.07"			
	<b>508WA-800</b> 女子甲組八百米	(1)CHEUNG KA WAI 2E R 3'08.11"	(2)LI HO SAU 4C B 3'08.98"	(3)CHAN WING SUET 7A R 3'15.98"	(4)YIP CHIU YIM 6S B 3'19.82"	
		(5)LUI MAN KEI MAGGIE 5B Y 3'23.90"	(6)WONG YEE MEI 6A G 3'41.90"	(7)CHAN LAI YING 6A G 3'54.95"	(8)CHAN KA U 6S Y 3'56.44"	
	<b>510WA-100M</b> 女子甲組100米欄	(1)TANG YUEN TING 5E R 22.58"	(2)NG PUI SHAN 5E Y 22.69"	(3)PAK WAI YAN 5B R 26.99"	(4)WU SZE MAN 6A G 27.78"	
		(5)YAU CHUI LING 1A B 28.97"	(6)SHUM HEI YAN 6S R 29.54"			
	<b>541WA-4X100R</b> 女子甲組4x100社際接力	(1)WA_RED AR R 0'59.38"	(2)WA_BLUE AB B 1'03.75"	(3)WA_GREEN AG G 1'07.08"	(4)WA_YELLOW AY Y 1'07.09"	

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<b>544WA-4X400R</b> <i>女子甲組4x400社際接力</i>	(1)WA_RED AR R 5'06.70"	(2)WA_BLUE AB B 5'27.51"	(3)WA_YELLOW AY Y 5'54.88"	(4)WA_GREEN AG G 6'13.75"
<b>551WA-HJ</b> <i>女子甲組跳高</i>	(1)NG PUI SHAN 5E Y 1.23M	(2)LO EVAN 6A B 1.23M	(3)WAN YU 5A Y 1.13M	(4)HUANG LAI MAN 6A R 1.10M
	(5)LI HO SAU 4C B 1.10M	(6)YAU HOI YEE 5A B 1.10M	(7)WONG YEE MEI / TANG YUEN TING 6A G 1.05M/5E R 1.05M	
<b>552WA-LJ</b> <i>女子甲組跳遠</i>	(1)YEUNG PUI LING 3B R 3.98M	(2)LO EVAN 6A B 3.91M	(3)YEUNG PUI SHAN 4C R 3.83M	(4)LUI MAN KEI MAGGIE 5B Y 3.69M
	(5)YAU HOI YEE 5A B 3.61M	(6)CHAN HEI 7A G 3.55M	(7)CHAN YUK TUNG 6A G 3.47M	(8)CHAN LAI YING 6A G 3.45M
<b>554WA-SP</b> <i>女子甲組鉛球</i>	(1)LAO SOK PENG 6S R 6.27M	(2)TSANG YUEN LAM JENNY 5E G 6.17M	(3)CHIU MAN YI 5B Y 5.99M	(4)LAI SUM YIN 7S B 5.70M
	(5)WONG HOI TING ADA 5D G 5.37M	(6)CHENG PUI LAI 6A B 4.75M	(7)LEE SZE MAN 5D G 4.57M	(8)TSANG WING YIN 5A B 4.17M
<b>555WA-DIS</b> <i>女子甲組擲鐵餅</i>	(1)TSANG YUEN LAM JENNY 5E G 16.77M	(2)CHIU MAN YI 5B Y 14.90M	(3)LAI SUM YIN 7S B 14.26M	(4)CHAN YU YIN 5C Y 14.02M
	(5)KWAN PING MUI 4C G 13.14M	(6)CHAN WING PING 4A Y 12.30M	(7)LAM YAN YU 5E R 11.85M	(8)WU SZE MAN 6A G 11.25M
<b>556WA-JAV</b> <i>女子甲組標槍</i>	(1)CHIU KAT WU LAN 7S G 20.89M	(2)WAN YU <b>**New Record**</b> 5A Y 19.67M	(3)WONG HOI TING ADA 5D G 11.22M	(4)LAU HIU TAN 7S G 10.81M
	(5)LAO SOK PENG 6S R 10.71M	(6)LAW SHUET YAN 6S R 08.76M	(7)LI WING SZE 5D B 08.73M	(8)CHAN SIN TING 5A B 08.53M
<b>915WO-1500</b> <i>女子公開組千五米</i>	(1)	(2)	(3)	(4)
		(6)KWAN PING MUI 4C G 7'39.74"		
<b>Grade B 601WB-100</b> <i>女子乙組一百米</i>	(1)CHAN KA YAN 4E G 15.48"	(2)WONG KA MAN 3D R 15.60"	(3)TSE SAU FONG 2B R 15.75"	(4)TAI KA MAN 1C G 16.10"
	(5)LAM MIU LING 2B R 16.52"	(6)LEE WING HANG 2B Y 17.51"		

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<b>602WB-200</b> <i>女子乙組二百米</i>	(1)CHAN KA YAN 4E G 32.23"	(2)LAM KWUN WA 1B G 33.84"	(3)MAK YUK YI 3B R 33.96"	(4)LAM MIU LING 2B R 34.74"
	(5)CHAN WING YAN CECILIA 1D G 36.38"	(6)WONG MEI LING 1A R 39.11"	(7)LAM NA 1A R 44.35"	
<b>604WB-400</b> <i>女子乙組四百米</i>	(1)WONG KA MAN 3D R 1'15.81"	(2)LI DORCAS GARWING 3C B 1'17.20"	(3)TSE SAU FONG 2B R 1'17.50"	(4)CHAN WAI CHING 3D R 1'20.54"
	(5)WONG HOI CHING 4E Y 1'21.86"	(6)LAM KWUN WA 1B G 1'22.96"		
<b>608WB-800</b> <i>女子乙組八百米</i>	(1)LI DORCAS GARWING 3C B 3'06.80"	(2)CHAN WAI CHING 3D R 3'07.50"	(3)KAN HAY MAN 3E G 3'14.98"	(4)PONG MEI WA 3B B 3'15.00"
	(5)LAW HANG CHI 4E R 3'28.58"			
<b>610WB-100H</b> <i>女子乙組100米欄</i>	(1)TIN KEI SHAN 3C B 22.50"	(2)LAW HANG CHI 4E R 24.22"	(3)CHIU YUK HING 4E G 24.25"	(4)CHOW MAN WAI 2D B 24.73"
	(5)WONG TIK YAN SABRINA 3D B 27.17"			
<b>641WB-4X100R</b> <i>女子乙組4x100社際接力</i>	(1)WB_RED BR R 1'02.81"	(2)WB_GREEN BG G 1'03.45"	(3)WB_BLUE BB B 1'04.89"	(4)WB_YELLOW BY Y 1'05.43"
	(1)WB_RED BR R 5'28.46"	(2)WB_GREEN BG G 5'36.74"	(3)WB_BLUE BB B 5'52.30"	(4)WB_YELLOW BY Y 6'14.25"
<b>644WB-4X400R</b> <i>女子乙組4x400社際接力</i>	(1)WB_RED BR R 5'28.46"	(2)WB_GREEN BG G 5'36.74"	(3)WB_BLUE BB B 5'52.30"	(4)WB_YELLOW BY Y 6'14.25"
	(1)LAM NA 1A R 1.23M	(2)YEUNG WING KA 4E G 1.20M	(3)CHIU YUK HING 4E G 1.15M	(4)CHOY KIT YING 2C R 1.10M
<b>651WB-HJ</b> <i>女子乙組跳高</i>	(5)HO YIM YAN 3E R 1.10M	(6)LING KAM YU / PONG MEI WA 3E G 1.00M/3B B 1.00M	(8)LO YIK MEI 4D B 1.00M	
	(1)CHAN KA YAN 4E G 3.90M	(2)LAU CHO KIU 3C B 3.75M	(3)TSE SAU FONG 2B R 3.66M	(4)TIN KEI SHAN 3C B 3.59M
<b>652WB-LJ</b> <i>女子乙組跳遠</i>	(5)CHAN LONG TING 4E Y 3.40M	(6)MAK YUK YI 3B R 3.38M	(7)LAM KWUN WA 1B G 3.28M	(8)TAI KA MAN 1C G 3.27M
	(1)TSANG CHIU WING 4E B 07.16M	(2)LING KAM YU 3E G 06.86M	(3)KAN HAY MAN 3E G 06.22M	(4)LUK PO YAN 4C G 06.10M
<b>654WB-SP</b> <i>女子乙組鉛球</i>	(5)HO YIM YAN 3E R 05.98M	(6)CHOW MAN WAI 2D B 05.95M	(7)TSUI TSZ NING 3B R 05.86M	(8)GOW KING LEONG 4E G 05.78M

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<b>655WB-DIS</b> <i>女子乙組擲鐵餅</i>	(1)TSANG CHIU WING 4E B 16.74M	(2)CHIU KEI KAN 3E G 14.50M	(3)KAN HAY MAN 3E G 12.75M	(4)WONG HOI CHING 4E Y 11.51M
	(5)LAW HANG CHI 4E R 11.30M	(6)TAM TSZ NGA 4C G 10.23M	(7)CHAN WAI YING 4D R 09.93M	(8)LI DORCAS GARWING 3C B 09.89M
<b>656WB-JAV</b> <i>女子乙組標槍</i>	(1)CHIU YUK HING 4E G 12.70M	(2)LUK PO YAN 4C G 12.46M	(3)YEUNG WING KA 4E G 12.36M	(4)KEUNG PUI LING 4B R 09.24M
	(5)GOW KING LEONG 4E G 09.06M	(6)WONG HUNG HA 2C B 08.61M	(7)CHAN FUNG YI 4C R 08.32M	(8)FUNG TSZ YAN 3C B 07.11M
<b>915WO-1500</b> <i>女子公開組千五米</i>	(1)	(2)	(3)	(4)
			(7)CHAN WAI YING 4D R 7'52.97"	

**Grade C**

<b>701WC-100</b> <i>女子丙組一百米</i>	(1)HUI HOI MAN 2C Y 15.36"	(2)TO KIU FUNG 1B G 15.50"	(3)YAU SUET YI 2A G 16.35"	(4)LAI LOK YU 1A Y 16.78"
	(5)WONG MEN CHU 1B G 16.85"	(6)YIP CHO KWAN 1B Y 17.10"	(7)FUNG TSZ WAI 1E R 18.16"	(8)AU LAI MUI 1C Y 18.80"
<b>702WC-200</b> <i>女子丙組二百米</i>	(1)HUI HOI MAN 2C Y 31.21"	(2)TO KIU FUNG 1B G 32.05"	(3)YAU SUET YI 2A G 33.93"	(4)YIP CHO KWAN 1B Y 34.34"
	(5)LAI WING YAN 1B R 34.50"	(6)FU SIN CHEE 2A B 35.81"	(7)AU LAI MUI 1C Y 36.03"	(8)LEE TIN WAN MELODY 1C Y 36.15"
<b>704WC-400</b> <i>女子丙組四百米</i>	(1)TAI HEI NGA 2C Y 1'19.09"	(2)CHAN YUK YU 2C R 1'25.25"	(3)HO CHING CHING 2D G 1'25.70"	(4)CHAU WING YEE 2E B 1'26.12"
	(5)CHAN WING MAN 2C G 1'28.36"	(6)PAN KA KI 1D B 1'31.07"	(7)HO SIN HANG 1D B 1'32.73"	(8)FUNG TSZ WAI 1E R 1'32.75"
<b>708WC-800</b> <i>女子丙組八百米</i>	(1)CHAU WING YEE 2E B 3'22.12"	(2)LAI WING YAN 1B R 3'24.51"	(3)CHAN WING MAN 2C G 3'27.03"	(4)WONG HO YEE 2E G 3'27.32"
	(5)CHAN YUK YU 2C R 3'28.36"	(6)HO SIN HANG 1D B 3'32.83"	(7)CHAN LEE 1A R 3'37.80"	(8)MAN EMILY 2B B 3'48.68"
<b>741WC-4X100R</b> <i>女子丙組4x100社際接力</i>	(1)WC_YELLOW CY Y 1'02.67"	(2)WC_RED CR R 1'04.14"	(3)WC_GREEN CG G 1'04.38"	(4)WC_BLUE CB B 1'10.00"

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<b>744WC-4X400R</b> <i>女子丙組4x400社際接力</i>	(1)WC_YELLOW CY Y 5'14.20"	(2)WC_GREEN CG G 5'57.41"	(3)WC_BLUE CB B 6'08.41"	(4)WC_RED CR R 6'24.48"
<b>751WC-HJ</b> <i>女子丙組跳高</i>	(1)TAI HEI NGA 2C Y 1.15M	(2)WONG HIU YING / HON YING TUNG 1D G 1.15M/2E R 1.15M	(3)	(4)TSE YING YIN 1D G 1.00M
	(5)TING YING / CHAN KA YAN 2E B 0.90M/1C G 0.90M		(7)CHUNG YING TING 1E R 0.85M	
<b>752WC-LJ</b> <i>女子丙組跳遠</i>	(1)HUI HOI MAN 2C Y 4.08M	(2)AU LAI MUI 1C Y 3.74M	(3)CHAN SAU SHAN 1C B 3.41M	(4)NG YUN TUNG 2E G 3.32M
	(5)TO KIU FUNG 1B G 3.17M	(6)CHAN MAN TING 1C R 3.01M	(7)LEE TIN WAN MELODY 1C Y 2.89M	(8)YAU SUET YI 2A G 2.71M
<b>754WC-SP</b> <i>女子丙組鉛球</i>	(1)TAI HEI NGA 2C Y 7.63M	(2)CHEUNG MAN SHAN 2D B 7.34M	(3)SHUM LUI 1D R 6.83M	(4)WONG HO YEE 2E G 6.18M
	(5)HO CHING CHING 2D G 5.81M	(6)TSE YING YIN 1D G 5.76M	(7)PANG NA 1A B 5.64M	(8)CHAN TSZ CHING 1D G 5.54M
<b>Grade D</b> <b>801WD-100</b> <i>女子中一一百米</i>	(1)NG WAI LAN 1A R 17.20"	(2)LI MAN TING 1D G 17.70"	(3)CHAN HOI MAN DAISY 1E G 19.07"	(4)LO KING HANG 1E Y 19.37"
	(5)LEE WAI HAN 1E Y 19.60"	(6)CHAU PO YI 1D B 19.71"	(7)CHOW EULING 1E G 19.75"	(8)KWONG YU YI 1E B 27.66"
<b>808WD-800</b> <i>女子中一八百米</i>	(1)CHEUNG HOI WAI 1E G 3'54.03"	(2)TSUI YAN NI 1D Y 3'55.08"	(3)CHEUNG WING YIN 1E B 4'04.63"	(4)FONG CHOR YIU 1E Y 4'05.56"
	(5)TSANG CHI LUT 1C B 4'06.11"	(6)CHAN WING KI 1A G 4'15.64"	(7)CHOW TSZ TUNG 1E B 4'18.95"	(8)HO SUET YING 1A G 4'18.98"
<b>852WD-LJ</b> <i>女子中一跳遠</i>	(1)LI SAI MAN **New Record** 1D B 3.18M	(2)YUNG YUEN TUNG 1B B 2.70M	(3)LO SAU KUEN 1C B 2.40M	(4)CHO WAN LOY 1D Y 2.22M
	(5)YU SZE HANG 1A G 2.10M	(6)TZE WAI KWAN 1D G 2.09M	(7)YUNG WAN YIN 1A G 0.55M	
<b>854WD-SP</b> <i>女子中一鉛球</i>	(1)WU HING TING 1D B 5.09M	(2)LAM NGAI YAN 1A G 5.07M	(3)CHEUNG WING YIU 1A R 5.03M	(4)CHEUNG CHING MAN 1B R 4.38M
	(5)CHAN YI YI 1E G 4.16M	(6)LIU TAK YAN 1E B 4.05M	(7)NG SIU NIN 1D G 3.99M	(8)CHAN HIU TUNG 1E Y 3.30M

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<b>Grade O</b>	<b>915WO-1500</b> <i>女子公開組千五米</i>	(1)CHEUNG KA WAI 2E R 6'27.76"	(2)LI HO SAU 4C B 6'28.24"	(3)YEUNG PUI LING 3B R 6'46.06"	(4)CHAN WAI CHING 3D R 7'13.72"
		(5)AU LAI MUI 1C Y 7'22.98"			

**BOYS**

<b>Grade A</b>	<b>101MA-100</b> <i>男子甲組一百米</i>	(1)KAN CHEUNG HENG 5E B 12.30"	(2)HUI CHUN YUEN 6A G 12.39"	(3)CHAN KA KI 5D B 12.73"	(4)LAM YIN PONG 7A Y 12.89"
		(5)NG WING FUNG 6S R 13.36"	(6)WONG YU HIM 5E R 13.38"	(7)LEUNG HO YIN 4A B 13.65"	(8)WONG CHUN BUN 4E Y 16.03"
	<b>102MA-200</b> <i>男子甲組二百米</i>	(1)KAN CHEUNG HENG 5E B 25.95"	(2)CHEUNG CHI NOK 5E R 26.64"	(3)CHAN KA KI 5D B 27.01"	(4)LAM KAI HO 6S B 27.48"
		(5)CHAN HUNG TONG 5A G 27.74"	(6)TSANG HING NING 3B B 28.61"	(7)CHOI CHUN HEI 4B Y 28.71"	(8)WONG CHUN BUN 4E Y 29.31"
	<b>104MA-400</b> <i>男子甲組四百米</i>	(1)CHEUNG CHI NOK 5E R 0'57.02"	(2)WONG CHUN SING 5A G 1'00.63"	(3)LAI KAM YUEN 2D B 1'00.85"	(4)CHAN HUNG TONG 5A G 1'02.28"
		(5)LO HIU YEUNG **New Record** 5A G 1'02.66"	(6)CHAN KWAN WAI 6S Y 1'13.97"	(7)TAI KO KIU 6S B 1'24.65"	
	<b>108MA-800</b> <i>男子甲組八百米</i>	(1)NG WING FUNG 6S R 2'31.86"	(2)LAI KAM YUEN 2D B 2'33.35"	(3)WONG CHUN SING 5A G 2'35.26"	(4)LAW KA SHING 6S R 2'36.11"
		(5)TAI WANG KEI 5D B 2'36.87"	(6)HO KA SHING 6S G 2'37.62"	(7)WONG TING HO 4A B 2'38.24"	(8)HO PING KIT 5D G 2'42.58"
	<b>111MA-110H</b> <i>男子甲組110米欄</i>	(1)CHAN CHEE HO 5D R 19.86"	(2)CHAN KIN HUNG 7S G 20.11"	(3)YEUNG KWOK WAI 5A B 20.12"	(4)WONG SIU PONG 4B B 20.45"
		(5)WONG CHUN TO 6A B 22.80"	(6)CHOI CHUN HEI 4B Y 26.80"		
	<b>115MA-1500</b> <i>男子甲組千五米</i>	(1)HO KA SHING 6S G 5'37.95"	(2)LO HIU YEUNG 5A G 5'40.52"	(3)CHENG CHI HIM 5D Y 5'45.34"	(4)LAW KA SHING 6S R 5'54.26"
		(5)YEUNG KWOK WAI 5A B 6'17.76"	(6)CHAU CHUN PONG 6S G 6'24.52"	(7)TSE CHI ON 5A B 6'25.21"	(8)CHOW TSAN YIN 6A G 6'26.86"

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<b>141MA-4X100R</b> <i>男子甲組4x100社際接力</i>	(1)MA_BLUE AB B 0'49.48"	(2)MA_RED AR R 0'49.94"	(3)MA_GREEN AG G 0'50.92"	(4)MA_YELLOW AY Y 0'51.44"
<b>144MA-4X400R</b> <i>男子甲組4x400社際接力</i>	(1)MA_RED AR R 4'12.51"	(2)MA_GREEN AG G 4'13.48"	(3)MA_BLUE AB B 4'15.98"	(4)
<b>151MA-HJ</b> <i>男子甲組跳高</i>	(1)LAM YIN PONG 7A Y 1.70M	(2)TAI KO KIU 6S B 1.65M	(3)CHAN KIN HUNG 7S G 1.50M	(4)LAI KAM YUEN 2D B 1.35M
	(5)LEE YUK SING 4E G 1.32M	(6)MAN LAP FUNG 5D R 1.30M		
<b>152MA-LJ</b> <i>男子甲組跳遠</i>	(1)LAM YIN PONG 7A Y 5.42M	(2)CHAN KA KI 5D B 5.19M	(3)HUI CHUN YUEN 6A G 5.18M	(4)KAN CHEUNG HENG 5E B 5.14M
	(5)LEUNG LOK KEI 7S B 5.09M	(6)LEE SHUN HANG 6A B 4.94M	(7)CHAN FAT HO 2A Y 4.52M	(8)NGAI CHUN KIT 4D R 4.46M
<b>153MA-TJ</b> <i>男子甲組三級跳遠</i>	(1)HUI CHUN YUEN 6A G 11.56M	(2)LEUNG LOK KEI 7S B 10.93M	(3)WONG KWOK FAI 5C R 10.73M	(4)HO KA SHING 6S G 10.40M
	(5)LI YIU NAM 4D B 10.20M	(6)LEUNG HO YIN 4A B 09.81M	(7)CHOI CHUN HEI 4B Y 09.63M	(8)FOK HO MAN 7S G 09.43M
<b>154MA-SP</b> <i>男子甲組鉛球</i>	(1)LUI TAK WING 5A Y 10.59M	(2)CHAN CHEE HO 5D R 09.33M	(3)OR WAI NGAI 5E G 08.95M	(4)LAM KAI HO 6S B 08.58M
	(5)WONG KWOK CHIU 5A G 08.13M	(6)LAW CHAK CHUNG 4E B 07.97M	(7)LI WING TSANG **New Record** 4D B 07.93M	(8)LAM KA WA 4A R 07.88M
<b>155MA-DIS</b> <i>男子甲組擲鐵餅</i>	(1)WONG KWOK CHIU 5A G 19.93M	(2)CHAN CHEE HO 5D R 19.45M	(3)CHAN CHI YEUNG 5A Y 19.36M	(4)LI WING TSANG 4D B 19.12M
	(5)NG WING FUNG 6S R 18.23M	(6)WONG TING HO 4A B 17.36M	(7)WONG PUI HANG 4A R 16.43M	(8)HO PING KIT 5D G 16.42M
<b>156MA-JAV</b> <i>男子甲組標槍</i>	(1)LUI TAK WING 5A Y 40.27M	(2)HO PING KIT 5D G 32.74M	(3)LEE SHUN HANG 6A B 27.20M	(4)LEE YUK SING 4E G 24.96M
	(5)WONG CHUN BUN 4E Y 22.40M	(6)CHAN CHI YEUNG 5A Y 19.98M	(7)CHAN CHI FUNG 6S Y 19.02M	(8)CHEUNG CHI NOK 5E R 18.31M
<b>Grade B</b> <b>201MB-100</b> <i>男子乙組一百米</i>	(1)AU YEUNG KA HO 4B R 12'25"	(2)NG TAI SHING 2B Y 12'81"	(3)NG FUNG 3D G 13'81"	(4)KWONG PO HANG 4D B 13'82"
	(5)NG CHUNG TAT JOHNSON 3A B 14'31"	(6)LEUNG TZE LONG 1D R 14'60"	(7)TAI KIN SING 3C B 15'01"	(8)CHAN CHAK HING 1D R 15'18"

**BOYS**

<b>202MB-200</b> <i>男子乙組二百米</i>	(1)AU YEUNG KA HO 4B R 25.67"	(2)NG TAI SHING 2B Y 26.57"	(3)WAN TING HO 3E G 27.96"	(4)LAM YIU TUNG 3B G 30.40"
	(5)KWONG PO HANG 4D B 30.97"	(6)HO CHEONG TING 3C B 30.99"	(7)KWAN YIK LOONG 3D B 31.19"	(8)CHAN CHAK HING 1D R 32.28"
<b>204MB-400</b> <i>男子乙組四百米</i>	(1)NGO CHING KIT 3E Y 1'03.59"	(2)CHEUNG JUM 4A R 1'03.64"	(3)WAN TING HO 3E G 1'04.46"	(4)YU CHUN KIT 4D R 1'05.43"
	(5)CHING MAN BUN 3B G 1'06.47"	(6)HO CHEONG TING 3C B 1'08.56"	(7)CHAU CHUN KAI 3D Y 1'09.01"	(8)CHAN ON SUNG 3A B 1'09.50"
<b>208MB-800</b> <i>男子乙組八百米</i>	(1)CHAN MING CHIU 3D G 2'23.78"	(2)CHUNG HO TING ELTON 4D G 2'27.06"	(3)CHEUNG SHIU LUN 3E R 2'29.16"	(4)MOK CHUN KIT 3D R 2'29.42"
	(5)CHENG CHI LAI 3D G 2'38.61"	(6)CHAU CHUN KAI 3D Y 2'50.67"	(7)CHENG TUNG 2D R 2'55.58"	(8)CHAN PUN LAP 4B Y 3'11.17"
<b>210MB-100H</b> <i>男子乙組100米欄</i>	(1)NG YU HIN 4D G 19.74"	(2)HO MAN WAI 4E Y 20.29"	(3)HON CHI KAN 3E G 21.41"	(4)WU LE FENG 3C G 21.93"
	(5)CHAN ANDREW 4A R 23.14"	(6)KWAN YIK LOONG 3D B 23.18"	(7)CHAN CHAK LAM 1C B 63.34"	
<b>215MB-1500</b> <i>男子乙組千五米</i>	(1)CHAN MING CHIU 3D G 5'06.78"	(2)CHEUNG SHIU LUN 3E R 5'06.88"	(3)MOK CHUN KIT 3D R 5'38.14"	(4)LAM HING LUN 3E B 5'41.85"
	(5)CHENG CHI LAI 3D G 5'43.91"	(6)LAI WING KIN 1A Y 5'47.08"	(7)HUI YUN HANG 3C Y 6'08.75"	(8)YIN SZE LONG 3E R 6'16.89"
<b>241MB-4X100R</b> <i>男子乙組4x100社際接力</i>	(1)MB_RED BR R 52.01"	(2)MB_YELLOW BY Y 53.28"	(3)MB_GREEN BG G 54.00"	(4)MB_BLUE BB B 56.05"
	(1)MB_RED BR R 4'12.44"	(2)MB_GREEN BG G 4'20.76"	(3)MB_YELLOW BY Y 4'21.53"	(4)MB_BLUE BB B 4'40.31"
<b>244MB-4X400R</b> <i>男子乙組4x400社際接力</i>	(1)MB_RED BR R 4'12.44"	(2)MB_GREEN BG G 4'20.76"	(3)MB_YELLOW BY Y 4'21.53"	(4)MB_BLUE BB B 4'40.31"
	(1)HO MAN WAI 4E Y 1.50M	(2)CHEUNG SHIU LUN 3E R 1.50M	(3)MOK CHUN KIT 3D R 1.35M	(4)NG FUNG / CHENG WAI LUN / TUON KWOK PING 3D G 1.23M/3B Y 1.23M/3A R 1.23M
<b>251MB-HJ</b> <i>男子乙組跳高</i>			(7)LAM HING LUN 3E B 1.20M	(8)KAM KWAN YU / CHING MAN BUN / CHAN CHEUK CHUNG 1C B/3B G/3B Y

**BOYS**

<b>252MB-LJ</b> <i>男子乙組跳遠</i>	(1)HO MAN WAI 4E Y 5.60M	(2)NG TAI SHING 2B Y 5.16M	(3)WAN TING HO 3E G 4.79M	(4)LAW MUN CHUEN 3B R 4.68M
	(5)TUON KWOK PING 3A R 4.59M	(6)NG CHUN KAI 4D B 4.54M	(7)HO CHEONG TING 3C B 4.52M	(8)NG YU HIN 4D G 4.50M
<b>253MB-TJ</b> <i>男子乙組三級跳遠</i>	(1)AU YEUNG KA HO 4B R 10.820M	(2)CHUNG HO TING ELTON 4D G 10.140M	(3)NG CHUN KAI 4D B 09.532M	(4)WU LE FENG 3C G 09.370M
	(5)KWONG PO HANG 4D B 09.321M	(6)LEE KA HO 3A Y 09.110M	(7)LAU SZE LONG 3B B 08.740M	(8)CHENG HONG CHAK 3D G 07.950M
<b>254MB-SP</b> <i>男子乙組鉛球</i>	(1)NG YU HIN 4D G 10.13M	(2)LAU KIN LUN 4A Y 09.84M	(3)HSIEH TSZ YEUNG 3C Y 08.83M	(4)CHAN YI WAI 3D B 08.48M
	(5)LAW MUN CHUEN 3B R 08.43M	(6)KAO TING KWOK 4C R 08.36M	(7)CHAN CHI HO 3D B 08.28M	(8)CHAN HO / LO WAI CHUN 4E Y 07.65M/4A R 07.65M
<b>255MB-DIS</b> <i>男子乙組擲鐵餅</i>	(1)HSIEH TSZ YEUNG 3C Y 27.47M	(2)LAU KIN LUN 4A Y 23.98M	(3)LAM HING LUN 3E B 19.83M	(4)KEI CHUN WING 4D B 18.68M
	(5)YU WAI LAP 3A G 17.86M	(6)LO WAI CHUN 4A R 15.52M	(7)WONG KWOK PUI 4B R 15.24M	
<b>256MB-JAV</b> <i>男子乙組標槍</i>	(1)CHONG CHI SHING 3D Y 23.05M	(2)LEUNG CHEUK LAI 4B B 21.78M	(3)PANG WAI SHING 4C Y 18.33M	(4)YU WAI LAP 3A G 17.72M
	(5)KAO TING KWOK 4C R 15.90M	(6)KEI CHUN WING 4D B 14.57M	(7)WONG CHAK MAN 1E R 13.91M	(8)NG HIN MAN 1E R 12.43M
<b>Grade C</b> <b>301MC-100</b> <i>男子丙組一百米</i>	(1)YAU CHING NAM 2C R 13.35"	(2)TUNG SUI MAN 2B R 13.84"	(3)FONG WAI KI 2D R 14.08"	(4)LUK KWOK LEUNG 1D R 14.18"
	(5)CHAU WAI SUM 2A G 14.27"	(6)WONG CHUN YUEN 2D G 14.38"	(7)LI WING HO 2D B 14.88"	(8)CHAN SHING KIT 2E B 15.06"
<b>302MC-200</b> <i>男子丙組二百米</i>	(1)YAU CHING NAM 2C R 27.94"	(2)LUK KWOK LEUNG 1D R 28.31"	(3)TUNG SUI MAN 2B R 29.32"	(4)CHAN CHUN LONG / TAM HOI MAN 1A G 30.40"/1C B 30.40"
		(6)LI WING HO 2D B 30.93"	(7)CHAN SHING KIT 2E B 31.61"	(8)HUNG KA YIP 1C R 32.13"

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**BOYS**

<b>304MC-400</b> <i>男子丙組四百米</i>	(1)SHEK KA HIN 2B R 1'03.22"	(2)WONG KA CHUN EDDIE 2E B 1'04.17"	(3)WU CHUN HUNG 2B Y 1'08.31"	(4)WONG CHUN YUEN 2D G 1'11.03"
	(5)LI YUI MING 1A R 1'13.38"	(6)PANG YU KIU KELVIN 1C B 1'13.49"	(7)CHAN CHAK HO 1B G 1'13.54"	(8)TSE YING FUNG 1C R 1'17.55"
<b>308MC-800</b> <i>男子丙組八百米</i>	(1)SHEK KA HIN 2B R 2'36.47"	(2)WU CHUN HUNG 2B Y 2'37.05"	(3)WONG KA CHUN EDDIE 2E B 2'37.11"	(4)LI YUI MING 1A R 2'46.43"
	(5)LEE HON LUNG 2D R 2'47.32"	(6)CHAN CHUN MAN 2A Y 2'49.36"	(7)WONG PAK TSUN 2A Y 2'50.45"	(8)CHAN CHAK HO 1B G 2'50.93"
<b>341MC-4X100R</b> <i>男子丙組4x100社際接力</i>	(1)MC_RED CR R 0'55.13"	(2)MC_BLUE CB B 0'55.76"	(3)MC_GREEN CG G 0'58.03"	(4)MC_YELLOW CY Y 1'01.06"
	<b>344MC-4X400R</b> <i>男子丙組4x400社際接力</i>	(1)MC_RED CR R 4'30.36"	(2)MC_GREEN CG G 4'56.86"	(3)MC_BLUE CB B 5'04.56"
<b>351MC-HJ</b> <i>男子丙組跳高</i>	(1)YAU CHING NAM <b>**New Record**</b> 2C R 1.50M	(2)WONG LUI 1B Y 1.30M	(3)LEE HON LUNG 2D R 1.25M	(4)CHU WAI YAT 1D B 1.25M
	(5)CHAU WAI SUM 2A G 1.20M	(6)LEE CHUN MAN 2B B 1.15M	(7)LAW MAN TSUN 1D B 1.05M	(8)LI CHUN WAI 1A G 1.05M
<b>352MC-LJ</b> <i>男子丙組跳遠</i>	(1)CHAN CHUN LONG 1A G 4.17M	(2)TSE YING FUNG 1C R 4.12M	(3)WONG KA CHUN EDDIE 2E B 4.03M	(4)LUK KWOK LEUNG 1D R 3.79M
	(5)PANG YU KIU KELVIN 1C B 3.74M	(6)WONG LUI 1B Y 3.69M	(7)TAM HOI MAN 1C B 3.68M	(8)HUNG KA YIP 1C R 3.67M
<b>354MC-SP</b> <i>男子丙組鉛球</i>	(1)TUNG SUI MAN 2B R 09.91M	(2)LEE HON LUNG 2D R 09.89M	(3)WONG TSZ KING 2A R 09.17M	(4)CHAN CHUN KI 2C Y 08.78M
	(5)CHUNG WAI KIU 2B B 08.43M	(6)LEE CHUN MAN 2B B 08.14M	(7)YIP WING MAU 2E B 08.07M	(8)NG SUI SANG 1D B 07.37M
<b>Grade D</b> <b>401MD-100</b> <i>男子中一一百米</i>	(1)TSE TO TIN 1E B 14.50"	(2)LAM TOI 1B B 15.70"	(3)TAM KAM LUNG 1E B 16.15"	(4)LO CHUN HO 1B G 16.82"
	(5)LAW WAI SIN 1E Y 17.16"	(6)TSOI YU HIN 1C B 17.61"	(7)TSE TO KI 1A Y 17.73"	(8)LAM YAN HO 1E B 18.59"
<b>408MD-800</b> <i>男子中一八百米</i>	(1)CHEUK WAI TING 1D R 3'31.28"	(2)CHAN HOI MAN KEVIN 1B B 3'55.28"	(3)CHI CHUN FAAT 1C B 4'24.91"	(4)

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**452MD-LJ**  
*男子中一跳遠*

(1)LING HO PAK HARROS 1E Y 3.566M	(2)TSOI LONG YIN 1E B 3.465M	(3)NG HO CHING 1B R 2.956M	(4)HUNG YIK CHING 1E R 2.837M
(5)TO WAI KIT 1E G 2.805M	(6)TIN SIU MUN 1C R 2.776M	(7)CHUNG YING KI 1B Y 2.765M	(8)NG CHEUK YIN 1C B 2.745M

**454MD-SP**  
*男子中一鉛球*

(1)WONG CHIU WA **New Record** 1B Y 08.07M	(2)KWONG PING KIN 1D R 06.46M	(3)LI PAK TO 1C R 05.30M	(4)HO CHUN YIN 1D Y 04.91M
(5)FUNG HOI KIN 1D R 04.40M	(6)SUEN KA CHEUK 1A B 04.21M	(7)CHAN CHUN 1D G 04.11M	(8)CHAN CHUN YU BARRY 1A R 03.29M

Grade O

**930MO-3000**  
*男子公開組三千米*

(1)CHAN MING CHIU **New Record** 3D G 11'10.20"	(2)CHEUNG SHIU LUN **New Record** 3E R 11'28.56"	(3)WU CHUN HUNG 2B Y 11'56.81"	(4)CHENG CHI LAI 3D G 12'34.60"
(5)LAI WING KIN 1A Y 12'41.10"	(6)YAU CHING NAM 2C R 12'57.82"	(7)CHAU CHUN KAI 3D Y 13'08.69"	(8)LAW KA SHING 6S R 13'09.52"

MIXED

**991TO-4X100R**  
*中一級4x100m接力*

(1)1B 1B 0'59.70"	(2)1C 1C 0'59.79"	(3)1D 1D 1'00.29"	(4)1A 1A 1'00.33"
(5)1E 1E 1'03.35"			

**992TO-4X100R**  
*中二級4X100接力*

(1)2C 2C 0'56.41"	(2)2B 2B 0'57.54"	(3)2A 2A 0'59.28"	(4)2E 2E 1'00.69"
(5)2D 2D 1'02.34"			

**993TO-4X100R**  
*中三級4X100接力*

(1)3D 3D 0'56.29"	(2)3B 3B 0'56.67"	(3)3E 3E 0'57.41"	(4)3C 3C 0'59.17"
(5)3A 3A 1'01.53"			

**994TO-4X100R**  
*中四級4X100接力*

(1)4C 4C 0'56.07"	(2)4E 4E 0'57.65"	(3)4B 4B 0'57.99"	(4)4D 4D 1'01.00"
(5)4A 4A 1'02.92"			

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**MIXED**

<b>995TO-4X100R</b> <i>中五級4X100接力</i>	(1)5E		(2)5D		(3)5A		(4)5C	
	5E	0'55.95"	5D	0'57.91"	5A	0'59.03"	5C	0'59.79"
	(5)5B							
	5B	1'10.05"						
<b>996TO-4X100R</b> <i>中六、七級4X100接力</i>	(1)6A <b>**New Record**</b>		(2)7A <b>**New Record**</b>		(3)7S <b>**New Record**</b>		(4)6S <b>**New Record**</b>	
	6A	0'55.97"	7A	0'56.48"	7S	0'58.75"	6S	0'58.84"
<b>999SS-4X100</b> <i>師生4x100邀請接力</i>	(1)SU		(2)ECA		(3)Guidance		(4)Prefect	
	SS	0'58.37"	SS	0'59.47"	SS	0'59.94"	SS	1'02.19"
	(5)Boy Scout & Girl Guide		(6)Red Cross		(7)Career		(8)Civie Edu.	
	SS	1'04.60"	SS	1'05.04"	SS	1'05.15"	SS	1'06.91"
<b>999ST-4X100</b> <i>校隊4x100接力</i>	(1)Athletic Team <b>**New Record**</b>		(2)Basketball Team <b>**New Record**</b>		(3)Karate Team <b>**New Record**</b>		(4)Dance Team <b>**New Record**</b>	
	ST	0'52.92"	ST	0'55.95"	ST	0'57.32"	ST	0'57.53"
	(5)Badminton Team <b>**New Record**</b>		(6)Volleyball Team <b>**New Record**</b>		(7)Table-tennis Team <b>**New Record**</b>			
	ST	0'57.64"	ST	0'57.77"	ST	1'07.29"		